

**Olympic Council of Asia (OCA)
Athlete Centered Project Fund
Guidelines**

1) Project name:

Athlete Centered Project Fund

2) Introduction

The IOC's and OCA's goal is to place athletes at the heart of the Olympic movement.

To touch the above, the OCA Athlete Committee (AC) is working hard to activate ACs in Asia and to support existing ACs to implement regional activities to engage athletes, involve them in the decision-making process, and help them on and off the field of play, because we do believe that athletes are of a great asset as they are the seeds that provide new growth in building better societies.

Therefore, OCA decided to offer this **Athlete Centered Project Fund** for ACs in Asia for them to implement different activities aiming to educate athletes and help them enhance their knowledge, and most importantly to engage them in the sports movement and have a voice and opinion.

3) Project goals and objectives:

- Educating athletes on different topics to help them develop during and post-career.
- Training athletes on how to succeed in life. Furthermore, education helps in shaping character and mental toughness.
- Raising awareness.
- Athletes' engagement.
- Creating equal educational opportunities for athletes.

- Investing in our Athletes for a better future for Asia.

4) Description of the project activities:

1) Host and organize workshops or education sessions to help athletes learn more about Olympic education and target one of the below topics:

- Role of Athlete Committee (Know-how)
- Post Career
- Mental Health
- Sexual Harassment
- Nutrition
- Anti-Doping

Or any other topic outside the list stated above.

2) Athlete Committees can propose any other activity when approval is granted on a case by case after submitting the activity proposal.

5) Target groups:

Active and retired athletes (National, Continental, and international level)

6) Project site:

TBD

7) Budget:

\$60,000/Year (2021 – 2022 Budget)

The budget will be distributed for more than one NOC Athlete Committee
\$3000/NOC (First come, first served basis)

Note: the budget is available for NOCs with active Athletes Committee.