



18th ASIAN GAMES
**Jakarta
Palembang
2018**



OLYMPIC COUNCIL OF ASIA



GYMNASTICS

Sport Technical Handbook

Ver. 2.0 - February 15, 2018

Indonesia Asian Games Organizing Committee

**Sport Technical Handbook for
The 18th Asian Games Indonesia 2018
(ver. 2.0)
February 15, 2018**

GYMNASTICS

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1. INTRODUCTION

1. Preface

The 18th Asian Games will be held in Jakarta and Palembang, Indonesia starting from August 18th to September 2nd, 2018.

The Asian Games is an exclusive property of the Olympic Council of Asia (OCA) where the members of OCA come together to enhance the ability of Asian athletes and promote mutual understanding through fair competition. It is the multi-sport festivity within the Asian region held every 4 years.

This publication is to provide the general information about the Olympic Council of Asia, the Member NOCs, Indonesia Asian Games Organizing Committee and overview of the 18th Asian Games Jakarta-Palembang 2018 as well as introduction of Indonesia, the Host Country and the Host City. This publication also contains the technical information for Gymnastics Sport in the 18th Asian Games Jakarta-Palembang 2018, which is the most important.

It is our honor to provide this Technical Handbook before the start of the 18th Asian Games Jakarta-Palembang 2018. This handbook will serve an important role to all the participating officials and athletes.

Thank you very much.

2. Organizing Bodies

OCA Executive Board

President

Sheikh Ahmad Al-Fahad Al-Sabah

Honorary Life Vice-President

Raja Randhir Singh

Mr. Jizhong WEI

Vice Presidents

Maj. Gen. Charouck Arirachakaran

Mr. Timothy Tsun Ting Fok

Lt. Gen. Syed Arif Hasan

HE Sheikh Isa Bin Rashed Al Khalifa

Mr Timur Kulibayev

Mr. Tsunekazu Takeda

Prof. Dr. Hoang Vinh Giang

Mr. Sapardurdy Toylyyev

Mr Song LUZENG

Mr. Yu Zaiqing

Mrs Rita Sri Wahyusih SUBOWO

Honorary Vice-President

Mr Hemasiri FERNANDO

Chairman/Chairwoman of OCA Standing Committees

Rules Committee

Sheikh Talal Fahad Ahmad J AL-SABAH

Women and Sports Committee

Mrs Natalya SIPOVICH

Advisory Committee

Mr Ng Ser Miang

Peace Through Sport Committee

HRH Prince Faisal Bin AL-HUSSEIN

Athletes Committee
Sports Environment Committee
Medical Committee
Sports for All Committee
Media Committee
Finance Committee
Culture Committee
Entourage Committee
Education Committee

Coordination Committee
Ethics Committee
Information & Statistics Committee
International Relations Committee
Sports Committee

Mr Koji Murofushi
Mr Kyung-Sun YU
Dr M. Jegathesan
Brig Gen Mowaffak JOUMAA
Mr Charles King Chiu LO
Dr Kevin Kuo-I CHEN
Mr Mohammad A. Alkamali
Mr Daesung MOON
HRH Prince Abdulhakim Bin Mosaad Bin Abdulaziz
Mr Tsunekazu TAKEDA
Mr Jizhong WEI
Dr Demchigjav ZAGDSUREN
HRH Prince Jigyel Ugyen WANGCHUCK
Mr Song LUZENG

Members

Executive Board Member
Executive Board Member
Executive Board Member

HRH Prince Haji Sufri BOLKIAH
Mr Kiumars Hashemi
Mr Raad Hammoodi Salman AL-DULAIMI

Honorary Members

Mr Habib Abdul Nabi Yousuf MACKI
Gen Souhail KHOURY

Director General & Technical Director

Director of Asian Games
Director of NOCs Relation
OCA Adviser for INASGOC

Mr Husain A H Z AL-MUSALLAM
Mr. Haider Farman
Mr. Vinod Kumar
Mr. Matthew Kidson
Mr. Ganesan Sundaram Moorthy

2.1 Indonesia Asian Games Organizing Committee (INASGOC)

2.1.1 Steering Committee (SC)

President : Vice President of Republic of Indonesia
Vice President I : Chairman of Coordinating Ministry for Human Development and Cultural Affairs

Members : Chairman of Indonesia Olympic Committee
 Chairman of Agency for Financial and
 Development Supervision
 Chairman of Agency for Government
 Procurement Policy
 Governor of DKI Jakarta
 Governor of South Sumatera
 Governor of West Java
 Governor of Banten

2.1.2 Organizing Committee (OC)

Executive Board

President : Erick Tohir
 Vice President : Sjafrie Sjamsoedin
 Secretary General : Eris Herryanto
 Vice Secretary General : Dendi T. Danianto
 Assistant of Finance (Deputy) : Gatot S. Dewabroto
 Vice Assistant of Finance : Soewartomo
 (Vice Deputy)
 Head of Monitoring (Deputy) : Meris Wiryadi

 Vice Head of Monitoring : Deddy Yulianto
 (Vice Deputy)
 Deputy 1 Games Operation : Harry Warganegara Harun
 Deputy 2 Games Administration : Francis Wanandi
 Vice Deputy 2 : Devy Wildasari Adjiningsih
 Deputy 3 Games Support : Ahmed Solihin
 Vice Deputy 3 : Bambang Rus Effendi
 Deputy 4 Games Security : Asop Kapolri
 Vice Deputy 4 : Asop Panglima TNI
 Assistant of Finance
 Coordinator : Brigjend TNI Dr.Yudi Sutrasna, MM
 Vice Coordinator : Indra Bayu
 Verification Department
 Director : Julian Alhaj

Vice Director : Iwan Kurniawan
Anggaraharja
Tri Sujatmiko

Treasury Department

Director : Deny Alvar

Vice Director (Secretariat) : Lina Nurhasanah

Vice Director Deputy 1 : Arman Saputra Siregar

Vice Director Deputy 2 : Margono

Vice Director Deputy 3 : Sriyanti

Accounting and Asset Department

Director : Parwoto Dwi Putranto

Unit Accounting

Vice Director : Eddy Dharmawan

Unit Asset

Vice Director : Syahrul Hidayatulloh

Monitoring Team

Coordinator : Brigjen TNI Cecep Rahmad Mujono

Associate : Erwin Aksa
Sofyan Wanandi
Muhammad Iksan
Wijayanto Samirin
Daulat Tampubolon
Dholfi OFP
Kol. Inf Chanlan Adilane
Kol Laut (T) Irmandala
Kol Laut (KH) Dr. Dwi Hartono
Kol Laut (P) Sayuti
Kol Kes Saefullah
Kol Cpl Jimmy Alexander Adirman
Kol Arh Bambang Murtiyoso
Kol Laut (T) Catur Sudarsono
Juliande Darwis
Ginrey Shandy Algam
I Ketut Pasek Prihadhy
David Sidjabat
Taufiequrachman Ruki
Sumirat Kriswasana

Vice Coordinator : Letkol Cku Djoko Kuntoyo

SECRETARIAL GENERAL

Coordinator : Letkol Inf. Mahudin Latupono

Vice Coordinator – General Affairs : Letkol Laut Daniel Martinus Lakollo

Vice Coordinator – Secretariat : Okkie Nur Hamida

Planning & Budgeting Department

Coordinator : Mayjen TNI Tjuk Agus Minahasa

Vice Coordinator : Kapnten Inf. Samsudin

Procurement Department

Coordinator : Laksma TNI Listyanto

Vice Coordinator : Kol Laut (T) Endro Legowo

Vice Coordinator for : Kol Laut Rizal Junaidi

Administration & Support

Legal Department

Coordinator : Finsa Noorcahya

Government Relation

Coordinator : Raja Parlindungan Pane

Vice Coordinator : Haryo Sasongko

International Relations & Protocol Department

Coordinator : Indra Kartasasmita

Vide Coordinator : Nur Laily Rahmawati

Media & Public Relation Department

Coordinator : M.Buldansyah

Vice Coordinator : Ratna Irsana

Accreditation Department

Coordinator : Brigjen Pol. Teddy Minahasa

Vice Coordinator : Claudia Regina Roe Roe

Human Resources & Volunteer Department

Coordinator : Pusparani Hasjim Chappy Hakim

Vice Coordinator : Demayanti Nasution
Jenny Soeseno

DEPUTY 1: GAMES OPERATION

SECRETARIAT DEPUTY

Budget & Finance

Head/ Vice Coordinator : Gustiawan Anthony

Secretariat, Administration & Operation

Head/ Vice Coordinator : Johar Manik Kusumo Wardhani

Sport, Medal Ceremony & Sport Presentation

Director : Wisnu Wardhana

Sub-Unit Sport Support & Administration

Vice Director : Abdul Rauf

Sub-Unit Jakarta 1 & Sport Preparation

Vice Director : Arif Hidayat

Sub-Unit Jakarta 2 & Overlay Sport

Vice Director : Adi Wirawan

Sub-Unit Jakarta Suburb, Palembang & Sport Equipment

Vice Director : Arsyad Achmadin

Unit Medal Ceremony & Sport Presentation

Vice Director : Nur Ali

Venues & Environment Department

Director : Teuku Arlan Perkasa Lukman

Unit Overlay Project, Technical Data & Administration

Vice Director : Ahmad Zacky Badrudin

Unit Jakarta & Jakarta Suburb Cluster

Vice Director : Natsir Gunawan

Unit Palembang

Vice Director : Basyaruddin
Medical & Doping Control Department
Director : Dr. Leane Suniar
Vice Director : Dr. Wiweka
Athlete Village & Service Department
Director : Tri Ananta Andrewan
Unit Jakarta Kemayoran
Vice Director : Glenn J. Rumawas
Unit Jakarta Suburb
Vice Director : Hermawan Halim
Arrival Departure & Hispitality Department
Director : Indra Gamulya
Vice Director : Andi Burhan Dwi Armien

DEPUTY 2: GAMES ADMINISTRATION

SECRETARIAT DEPUTY

Unit Secretary
Vice Coordinator : Trianti
Unit Administration
Vice Director : A.A Cakra Nugraha
Unit Client Service
Vice Director : Triputanta Wimbacahaya Aziz
Look Of The Games, Beautification & Activation Department
Director : DRS. Tb. Lukman Djajadi K
Ceremony Department
Director : Rachmi Dewi Wulansari
Vice Director : Wishnutama Kusubandio
Unit Torch Relay
Vice Director : Dra. Herty Paulina Purba
Revenue Department
Director : Hasani Abdulgani
Unit Sales
Vice Director : Cahyadi Wanda
Unit Merchandise & Retail

Vice Director : Mochtar Sarman
Ticketing Department
Director : Sarman Simanjorang
Unit Ticket Management
Vice Director : Mohammad Indra
Communication Department
Director : Elwin Chandra Mochsin
Unit Projector Coordinator
Vice Director : RA Trimaryanda Kunto
Unit Digital
Vice Coordinator : Indra Agustian Pribadi

DEPUTY 3: GAMES SUPPORT

SECRETARIAT DEPUTY

Vice Coordinator : Yarmanto
Transportation Department
Director : Purnomo S.IP
Vice Director : Sudjianto Adji
Broadcast Depart
Director : Linda N Wahyudi
Vice Director : Edy B Lasoma
Catering Department
Director : Felly Imsransyah
Vice Director : Yooky Tjahrial
Accommodation Department
Director : Johanna Sri Ambarwati
Vice Director : Ahmad Qodie Ibrahim
IT&T Department
Director : Eddy Prabowo
Vice Director : Sugianto Hirokerto

DEPUTY 4: GAMES SECURITY

Associate : Kombes Pol Drs Unggul Sedyanto, Msi

AKBP Lalu Muhammad Iwan M.SJK
Pembina Yahya Fitriadi, Skom
Z. Pandra Arsyad, SH, Msi

2.2 OCA Members

No.	CODE	NOC	No.	CODE	NOC
1	AFG	Afghanistan	24	MDV	Maldives
2	BRN	Bahrain	25	MGL	Mongolia
3	BAN	Bangladesh	26	MYA	Myanmar
4	BHU	Bhutan	27	NEP	Nepal
5	BRU	Brunei Darussalam	28	OMA	Oman
6	CAM	Cambodia	29	PAK	Pakistan
7	CHN	China	30	PLE	Palestine
8	HKG	Hong Kong, China	31	PHI	Philippines
9	INA	Indonesia	32	PRK	DPR Korea
10	IND	India	33	QAT	Qatar
11	IRI	Islamic Republic of Iran	34	SGP	Singapore
12	IRQ	Iraq	35	SRI	Sri Lanka
13	JPN	Japan	36	SYR	Syria
14	JOR	Jordan	37	THA	Thailand
15	KAZ	Kazakhstan	38	TJK	Tajikistan
16	KOR	Korea	39	TKM	Turkmenistan
17	KUW	Kuwait	40	TLS	Timor Leste
18	KSA	Kingdom of Saudi Arabia	41	TPE	Chinese Taipei
19	KGZ	Kyrgyzstan	42	UAE	United Arab Emirates
20	LAO	Lao PDR	43	UZB	Uzbekistan
21	LBN	Lebanon	44	VIE	Vietnam
22	MAC	Macau, China	45	YEM	Yemen
23	MAS	Malaysia			

2. GENERAL INFORMATION

1. The 18th Asian Games Jakarta-Palembang 2018 in Brief

1.1 Games Overview

Duration	: August 18 - September 2, 2018 (16 days)
Host and Co-Host City	: Jakarta and Palembang, Indonesia
Games Venue	: 49 venues in total (39 in Jakarta, 10 in Palembang)
Sports Program	: 40 sports / 462 events
Patron	: Olympic Council of Asia
Host	: Indonesia Asian Games Organizing Committee (INASGOC)

1.2 Objectives

- Bring forth mutual communication, reconciliation and peace in Asia
- Asian Games that share joy and glory
- Realize practical and economically efficient games

1.3 Slogan

ENERGY OF ASIA

1.4 Emblem



The design concept of the Brand mark 18th Asian Games 2018 logo is inspired by the shape of Gelora Bung Karno Main Stadium, with eight paths leading to the stadium and the shining sun emblem of the Olympic Council of Asia logo in the center, represents the “Energy of Asia” theme.

The design tells that the "Energy of Asia" will radiates throughout the world. The multi-coloured art design symbolized the multi-national culture and nature of Asia and Indonesia.

1.5 Mascots



BHIN BHIN

Cendrawasih Bird (*Paradisaea apoda*)

Strategy Representation

BHIN BHIN wearing a vest with detail pattern/ Asmat motive from Papua



ATUNG

Deer Bawean (*Hylaphus kuhlii*)

Speed Representation

ATUNG wearing sarong with Tumpal batik pattern from Jakarta



KAKA

Rhinoceros (*Rhinoceros Sondaicus*)

Strength Representation

KAKA wear traditional clothing Palembang

2. Accreditation and Validation

Asian Games Identification and Accreditation Cards (AGIAC) will act as an entry visa to Indonesia and ensure special access to the Games venues including the HQ Hotel and competition venues. INASGOC will distribute Accreditation Guide and Accreditation Application Forms to Accreditation Responsible Organizations by December 2017. The

online Accreditation System start from January 31 until April 30, 2018. INASGOC will distribute the Pre-valid AGIAC to the confirmed participants on July 2018. Upon the arrival in Jakarta – Palembang, pre-valid AGIAC holders should visit one of the accreditation center with their effective identification documents and validate their pre-valid AGIAC. Once validated, AGIAC becomes an official Games document.

3. Immigration and Visa

From July 30 to September 4, 2018, AD Card holders will be permitted upon presentation of their valid passports or travel documents. AD Cards holders will not need to apply for an Indonesian Entry Visa or Residence Permit in order to enter the country.

Any AD Card holders wishing to enter Indonesia before or after the valid period of the AD Card, or to remain in Indonesia after its expiry date, will need to make their own arrangements regarding visas according to Indonesian immigration law. AD Card holders should ensure that the information on their valid passport when entering Indonesia is exactly the same with the information on the certified document used for application for AD Card, and that their passport remain valid at least until February 5, 2019.

4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athletes and team officials, depending on arrival and departure information and flight schedule. Before departure, Shuttle Bus Services require advance reservation.

4.2 Dedicated Vehicle Service

Dedicated Vehicle Services will be provided between Athletes' Village and the designated areas, depending on team events and on the size of NOC participants. Dedicated Vehicle Services require advance reservation and approval.

4.3 Transport Services for Competition (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the competition venues as per the competition schedule.

4.4 Transport Services for Training (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the training venues as per the training schedule.

4.5 Transport Services for Spectating

The AV-to-venues shuttle will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events: priority, however, will be given to athletes and team officials participating in their own events.

※ Tickets are required for spectating.

4.6 Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principal, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to the destinations.

5. Accommodation

During the Games time, over 13,000 athletes and team officials including extra officials will be accommodated at Kemayoran Block D10 in Jakarta and Jakabaring Athletes Villages located in Palembang. Opening of Athletes' Village will be on July 16, 2018. A variety of amenities and recreational facilities will be offered for the Games family at Athletes' Village. For the sake of the safety, separate Accreditation Access is required for entering the area.

6. Media

6.1 Mixed Zone

The Mixed zone is an area in which athletes may be interviewed as soon as they leave the field of play. The Mixed Zone is designed to permit the broadcasters and press to interview athletes in a designated area near the field of play. In accordance with OCA's rules, all athletes must pass through the Mixed Zone. Mixed Zone interviews are recommended within limited time each to let the broadcasters and press to have an equal opportunity to speak to the athletes. The AFs and INASGOC Sports Operations Team will provide all necessary assistance to ensure the convenience of Mixed Zone.

6.2 Press Conference

After each event, the designated medallists will attend a press conference at the venue as well as coaches if circumstances dictate. They should accompany to the press conference room. Medallists press conference will be held right after the medal presentation ceremonies at the venue. Sports operational staff will bring athletes to the press conference room. Translation services will be provided with English and Indonesian during the press conferences at the venues. If medallists do not speak English or Indonesian, NOCs are requested to assign an interpreter with the medallists attending the press conference.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities. On-site medical treatment and emergency transfer service will be provided during operating period. Polyclinic in the Athletes' Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopaedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy, etc.

It will also have an emergency room open 24 hours a day, with stand-by ambulances. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can

receive treatment in Polyclinic or designated hospitals for free of charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.

8. Host Country/City Information

8.1 Indonesia in Brief

Indonesia, officially the Republic of Indonesia (Indonesian: Republik Indonesia) is located mainly in Southeast Asia with some territories in Oceania. Situated between the Indian and Pacific Oceans, it is the world's largest island country, with more than thirteen thousand islands. It has an estimated population of over 260 million people (September 2016) and is the world's fourth most populous. Muslim-majority country. The world's most populous island of Java contains more than half of the country's population.

Indonesia's republican form of government includes an elected legislature and president. Indonesia has 34 provinces, of which five have Special Administrative status. Its capital and most populous city is Jakarta. The country shares land borders with Papua New Guinea, East Timor, and the eastern part of Malaysia. Other neighbouring countries include Singapore, the Philippines, Australia, Palau and the Indian territory of the Andaman and Nicobar Islands. Indonesia is a founding member of ASEAN and a member of the G-20 major economies. The Indonesian economy is the world's 16th largest by nominal GDP and the 8th largest by GDP at PPP.

Indonesia consists of hundreds of distinct native ethnic and linguistic groups. The largest - and politically dominant - ethnic group are the Javanese. A shared identity has developed, defined by a national language, ethnic diversity, religious pluralism within a Muslim-majority population, and a history of colonialism and rebellion against it. Indonesia's national motto "Bhinneka Tunggal Ika" ("Unity in Diversity" literally, "many, yet one"), articulates the diversity that shapes the country. Despite its large population and densely populated regions, Indonesia has

vast areas of wilderness that support the world's second highest level of biodiversity.

8.2 Jakarta in Brief

Geography

The Special Capital Region of Jakarta, is the capital and most populous city of Indonesia. Located on the northwest coast of the world's most populous island of Java, the city is the center of economics, culture and politics of Indonesia, with a population of 10,075,310 as of 2014. Greater Jakarta metropolitan area, which is known as Jabodetabek (a name formed by combining the initial syllables of Jakarta, Bogor, Depok, Tangerang and Bekasi), is the second largest urban agglomeration in the world, with population of 30,214,303 inhabitants as of 2010 census. Jakarta's business opportunities, as well as its potential to offer a higher standard of living, attract migrants from all over Indonesian archipelago, making the city a melting pot of many communities and cultures.

Climate

Jakarta has a tropical monsoon climate (Am) according to the Köppen climate classification system. The wet season in Jakarta covers the majority of the year, running from October through May. The remaining four months (June through September) constitute the city's drier season (each of these 4 months has an average monthly rainfall of less than 100 millimeters (3.9 in)). Located in the western part of Java. Jakarta's wet season rainfall peak in January and February with average monthly rainfall of 299.7 millimeters (11.80 in), and its dry season low point is August with a monthly average of 43.2 mm (1.70 in).

Tourism

Most of the visitors attracted to Jakarta are domestic tourists from all over Indonesia. Jakarta is trying to attract more international tourist by MICE tourism, by arranging increasing numbers of conventions. As the gateway of Indonesia, Jakarta often serves as the stop-over for foreign visitors of their way to Indonesian popular tourist destinations such as Bali, Lombok and Yogyakarta. Most of the renowned international hotel chains have presence in the city.

Other than monuments, landmarks, and museums around Merdeka square and Jakarta Old Town, tourist attractions of the city include Thousand Islands, Taman Mini Indonesia Indah, Setu Babakan, Ragunan Zoo, Sunda Kelapa old port and the Ancol Dreamland complex on Jakarta Bay, including Duynia Fantasi (Fantasy World) theme park, Sea World, Atlantis Water Adventure, and Gelanggang Samudra.

8.3 Palembang in Brief

Geography

Palembang is the second-largest city on Sumatra island after Medan and the capital city of the South Sumatra province in Indonesia. It is one of the oldest cities in the Malay Archipelago and Southeast Asia. Palembang is located on the Musi River banks on the east coast of Southern Sumatra, with a land area of 369.22 square kilometres (142.56 square miles) and Palembang is the sixth-largest city in Indonesia after Jakarta, Surabaya, Bandung, Medan and Semarang. Its built-up (or metro) area with Talang Kelapa and Rambutan was home to 1,620,429 inhabitants at the 2010 census.

At 2°59'10' S 104°45'20" E, Palembang occupies 400.61 km² of vast lowland area east of Bukit Barisan Mountains in southern in Sumatra with average elevation of 8 metres (26 feet), approximately 105 kilometres (65 miles) from nearby coast at Bangka Strait. One of the largest rivers in Sumatra, the Musi Rivers, runs through the city, dividing the city area into two major parts which are Seberang Ilir in the north and Seberang Ulu in the south. Palembang is also located on the confluence of two major tributaries of Musi River, which are Ogan River and Komering River.

The river's water level is influenced by tidal cycle. In rainy season, many areas on the city are inundated by the river's tide.

Palembang's topography is quite different between Seberang Ilir and Seberang Ulu area. Seberang Ulu topography is relatively flat, meanwhile Seberang Ilir topography is more rugged with altitude variation between 4 and 20 metres (13 and 66 feet).

Climate

Palembang is located in the tropical rainforest climate with significant rainfall even in its driest months. The climate in Palembang is often described with "hot, humid climate with a lot of rainfall throughout the year". The annual average temperature is around 27.3 °C (81.1 °F). Average temperatures are nearly identical throughout the year in the city. Average rainfall annually is 2,623 millimeters. During its wettest months, the city's lowlands are frequently inundated by torrential rains. However, in its driest months, many peatlands around the city dried, making them more vulnerable to wildfires, causing haze in the city for months.

Tourism

Ampera Bridge, main city landmark, is a bridge crossed over 1,177 metres (3,862 feet) above the Musi River which connects Seberang Ulu and Seberang Ilir area of Palembang. Great Mosque of Palembang, also known as the Sultan Mahmud Badaruddin II Mosque, is located in the city centre.

Benteng Kuto Besak, situated on the northern bank of the Musi River and adjacent to Ampera Bridge, this fort is one of the Palembang Darussalam Sultanate of heritage buildings. The fort's interior has been turned into military hospital of the Tentara Nasional Indonesia, specifically the Health Department of Military Area Command II/Sriwijaya (Kesehatan Daerah Militer II/Sriwijaya).

Kampung Arab Al-Munawar, a mixture of middle eastern and Palembangese Malay culture and architecture. It has been long known that any visitors should dress politely in order to visit this area.

Kampung Kapitan, the home of one of the oldest Chinese stilt house in the city. The primary attraction is Tjoa Ham Hin's house with centuries-old furniture inside. There was also a nearby Chinese temple, which was one of the oldest in Palembang as well. Long before its existence as the Chinese settlement area, it was

also called Tanggo Rajo where foreigners and newcomers from the archipelago stayed at.

Kantor Ledeng, located in the city centre, at first this building served as a water tower. Today this building serves as the mayor office of Palembang.

Kambang Iwak, a lake located in the tourist centre of the city close to Palembang mayor's residence. On the banks of this lake, there is a park and recreation arena which is always crowded during holidays.

Punti Kayu Tourism Forest, city forest located about six miles (9.7 kilometres) from the city centre with an area of 50 hectares (120 acres) and since 1998 designated as protected forests. In this forest there is a family recreation area and a local shelter a group of monkeys: long-tail macaque (*Macaca fascicularis*) and monkey (*Macaca nemistriana*) under the Sumatran Pine wood (*Pinus mercuri*).

Sriwijaya Kingdom Archaeological Park, the remnants of Sriwijaya site located on the banks of the River Musi. There is an inscription and stone relics, complex of ancient pond, artificial island and canals dated from the Sriwijayan kingdom in this area. The Sriwijaya Museum is located in this complex.

Bukit Seguntang archaeological park, located in the hills west of Palembang city. In this place there are many relics and tombs of the ancient Malay-Sriwijayan king and nobles.

Monumen Perjuangan Rakyat / Monpera, located in the city centre, adjacent to the Great Mosque and Ampera Bridge. As its name in this building there are relics of history in the colonial period.

Museum Sultan Mahmud Badaruddin II, located near the Ampera Bridge and adjacent to Benteng Kuto Besak. The building located in the former royal palace of Palembang Sultanate. The museum displayed the relics and historical objects with collections spanned from Sriwijaya Kingdom period to Palembang Darussalam Sultanate era.

Rumah Limas of IDR 10000 banknote is now located in Museum Balaputradewa, Palembang.

Museum Balaputradewa, the home of Rumah Limas featured on IDR 10000 banknote. This type of stilt house is the traditional house of the people of Palembang.

The population of West Java was put at 43,054,000 in mid-2010 making it the most populous province of Indonesia, home to 18% of the national total on 1.8% of the national land. Aside from the special district of Jakarta, it is the most densely populated province in the country with an average of 1,236 people per km² (2010 data). The population growth rate recorded in the ten years to 2010 was 1.9%

Tourism

Endowed with natural beauty and rich culture, tourism is also an important industry in West Java. The Puncak area and Bandung have long been known as popular weekend destinations for Jakarta. Today Bandung has developed into a chic and fashionable shopping destination, popular not only among local Indonesian especially Jakarta, but also a popular shopping destination for neighbouring Malaysian and Singaporeans. The ancient coastal city of Cirebon is also popular as cultural tourism destination since the city has several kratons and many historical sites such as Gua Sunyaragi. Other popular tourism destinations include the Bogor Botanical Garden, Taman Safari Indonesia, Tangkuban Perahu crater, Ciater hot springs, Kawah Putih crater to the south of Bandung, Pangandaran beach, and various mountain resorts in Cianjur, Garut, Tasikmalaya, and Kuningan.

III. TECHNICAL INFORMATION

III.1. Technical Information | Artistic Gymnastics

1. Competition Date

Artistic Gymnastics competition will be held from August 20 to 24, 2018 at JIEX Kemayoran Hall D2.

2. Venue

Category	Competition Venue	Training Venue
Name	JIEX Kemayoran Hall D2	JIEX Kemayoran Hall D1
Distance from the Athletes' Village	8 KM	8 KM
Size	- Main Venue :64 X 72m	3 arenas
Seating Capacity	1,800 seats	-

3. Competition Management

1.1 Men's Technical Delegate: Miao Zongyi(CHN)

President, Technical Committee for Men Artistic (MAG), Asian Gymnastics Union (AGU)

Men's Artistic Gymnastics

•Name : Miao Zhongyi (CHN)

•Phone : +86 10 6715 6797

•Email : chn gym@263.net

1.2 Women's Technical Delegate :RadiyeKizilgun (SYR)

President, Technical Committee for Women Artistic (WAG), Asian Gymnastics Union (AGU)

Women's Artistic Gymnastics

•Name : Ms. RadiyeKizilgun(SYR)

•Phone : +974 5549 8876

•Email : rma.gym@gmail.com , rma@agu-gymnastics.com

1.3 Competition Manager: Ita Yuliati (INA), Indonesia Gymnastics Federation

•Name : Ms Ita Yuliati(INA)

•Phone : +62811990999

•Email : ita@alita.id, ita.y.irawan@gmail.com

2. Competition Events

The Artistic Gymnastics competition will consist of fourteen (14) events including eight (8) men's and six (6) women's events as follows:

Men's (8)	Women's (6)
Team	Team
Individual All-Around	Individual All-around

Floor Exercises Pommel Horse Rings Vault Parallel Bars Horizontal Bar	Vault Uneven Bars Balance Beam Floor Exercises
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3. Competition Schedule

Artistic Gymnastics

Date	Session	Time	Gender	Event	Phase
18 August (Mon)	GA01	10.00 – 22.00	M	Podium Training	
19 August (Sun)		10.00 – 22.00	W	Podium Training	
20 August (Mon)	GA01	10.00 – 12.00	M	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 1)	Qualifications for Team and Apparatus Finals & All-Around Final
		14.00 – 16.00	M	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 2)	
		18.00 – 20.00	M	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 3)	
		20.00 – 20.10	M	Victory Ceremony	
21 August (Tue)	GA02	10.00 – 11.30	W	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 1)	Qualifications for Team and Apparatus Finals & All-Around Final
		13.00 – 14.30	W	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 2)	
		16.00 – 17.30	W	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 3)	
		19.00 – 20.30	W	Qualifications for Team and Apparatus Finals & All-Around Final (Subdivision 4)	
		20.30 – 20.45	W	Victory Ceremony	
22 August (Wed)	GA03	13.30 – 15.45	M	Team Final	Team Final

		18.00 – 19.30	W	Team Final	
		19.30 – 20.30	M-W	Victory Ceremony	
23 August (Thu)	GA04		M	Floor Exercise (FX)	Apparatus Finals
			W	Vault (VT)	
		16.00 - 18.45	M	Pommel Horse (PH)	
			W	Uneven Bars (UB)	
			M	Still Rings (SR)	
		19.00 – 19.30	M-W	Victory Ceremony	
24 August (Fri)	GA05		M	Vault (VT)	Apparatus Finals
			W	Balance Beam (BB)	
		16.00 - 18.45	M	Parallel Bars (PB)	
			W	Floor Exercise (FX)	
			M	Horizontal Bars (HB)	
		19.00 – 19.30	M-W	Victory Ceremony	

4. Competition Rules

The Artistic Gymnastics competition of the 18th Asian Games shall be conducted in accordance with the Technical Rules(2017-2020) of Federation Internationale de Gymnastique (FIG) and the FIG Artistic Gymnastics Code of Points, in force during the Games time. In case of any disagreement in the language interpretation of the Technical Rules of FIG and the FIG Artistic Gymnastics Code of Points, the English version shall prevail.

Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

- General issues : Resolved in accordance with the OCA Constitution and Rules
- Technical issues : Resolved in accordance with the FIG Rules and Regulations

5. Competition Format

There are Qualifications & All-Around Final, Team Final and Apparatus Finals. All the competitions should be held in accordance with the code of Points and Technical Regulations. Any gymnast or team who is absent with unjustified reason will be disqualified.

5.1 Qualifying Team, Individual and All-Around Final

The results obtained determine:

- The qualification for the Team Final and for the Apparatus Finals.
- This competition determines the All-Around Individual Champions.

This competition is organized by a rotation of groups. Each group comprises a team of 3-5 gymnasts. A team shall assign not more than four (4) gymnasts to compete on each apparatus and the best three (3) scores on each apparatus will be taken into account for team total or 1~2 gymnasts to compete in individual competitions.

- For Men, the competition consists of optional exercises on six apparatus. For Women, the competition consists of optional exercises on four apparatus. Only gymnasts who perform on all the apparatus are eligible for the ranking to the All-Around Final with a maximum of 2 gymnasts per NOC.
- To qualify for the vault finals two vaults are necessary. The qualifying score is based on the average of the two scores.
- For the All-Around and team ranking only the first vault will count.
- In case of tie in the 8th place in the qualifications for the apparatus finals, the tie-breaking rules will be applied according the FIG Technical Regulations.

5.2 Team Final

The results of Team Final determine the winner of the Team Championships.

The 8 teams having obtained the highest total scores in Qualifications take part in this competition consisting of six exercises for men and four exercises for women.

A team consists of 3 to 5 gymnasts. Three (3) gymnasts compete on each apparatus. All scores will be added together for the total.

The results of Qualifications are not carried forward to Team Final (start from zero).

No tie-breaking rules will be applied.

5.3 Apparatus Finals

The top 8 gymnasts (maximum two per NOC) qualified from each of the apparatus for men and women in the Qualifications will perform on Apparatus Finals. Each NOC shall enter not more than two gymnasts to compete in the Apparatus Finals. The starting order shall be decided by drawing lots.

Three reserve gymnasts are designated taking into account the list of results of the qualification. If called upon, a reserve gymnast works in accordance with the order of the gymnast replaced.

5.4 Awards

1) Team Final

The team total scores will be composed of the best three scores on each apparatus in the Team Final. In the case of equality of scores, the tie will not be broken and the next place(s) is empty.

2) All-Around Final/AA

The scores of the All-Around Final will determine the places, In the case of equality of scores, the tie will not be broken and the next place(s) is empty.

3) Apparatus Finals/AF

The scores of the Apparatus Finals will determine the place, In the case of equality of scores, the tie will not be broken and the next place(s) is empty.

4) Groups working order

Gymnasts' grouping shall be conducted by drawing lots in accordance with relevant regulations approved by the FIG.

6. Sport Entries

6.1 Eligibility

- Only OCA Member NOCs are entitled to send athletes to participate in the Artistic Gymnastic competition of the 18th Asian Games.

- Only athletes who comply with the OCA Constitution and Rules and its Bye-law are entitled to participate in the Artistic Gymnastics competition.
- All gymnasts must present a valid FIG License until the end of the event.

6.2 Entry Timeline

- Entry by Sport - Deadline: 24:00 March 9, 2018
(Indonesia Time, GMT +7)
- Entry by Number - Deadline: 24:00 April 30, 2018
(Indonesia Time, GMT +7)
- Entry by Name - Deadline: 24:00 June 30, 2018
(Indonesia Time, GMT +7)

6.3 Entry Policies

- Individual Events: Each NOC may enter a maximum of five (5) and a minimum of three (3) athletes in each event or a maximum of two (2) athletes if only participating in individual competition. A maximum of two (2) athletes respectively for men and women per NOC will be accepted for competition AA and competition AF.
- Team Events: Each NOC may enter one (1) men's team and one (1) women's team in each event. A team should consist of a maximum of Five (5) and a minimum of three (3) athletes.
- Total: Each NOC may enter a maximum of five (5) men and five (5) women athletes in Artistic Gymnastics.
 - ※ Age limitation : Athletes for Artistic Gymnastics must reach the minimum age of 18 (born on December 31, 2000 or before) in Men and 16 (born on December 31, 2002 or before) in Women.
 - ※ **NOCs that withdraw their athletes or teams after the submission of the final entries by name and Team Sport Draw will be faced with disciplinary action by the OCA EB.**

7. Technical Officials

7.1 Technical Officials & Jury of Appeal

Technical Delegate will be appointed by AGU.

The Jury of Appeal will be appointed by AGU.

7.2 Accompanying Referees

- Each NOC may bring two (2) valid international referees if participate with team and one (1) valid international referee in participate with individual gymnasts in Artistic competition.

※AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and approval of OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participant, the OCA has the right to revoke the AD Card and propose change of the person to the concerned party.

8. Technical Meeting

- Date: TBD
- Time and Place: TBD

9. Inquiries of the Score

The reason, time-limit, object and procedure of the inquiry should be conducted strictly according to the Jury Regulations laid down in the FIG TR.

Inquiries for D score rather than other scores can be accepted. According to Article 8.4 of the Technical Regulations (2017), the procedure of the inquiry is as follows:

- 1) Inquires for the difficulty scores (D score) are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following gymnast. For the last gymnast of a rotation, this limit is one minute after the score is shown on the score board. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.
- 2) Only the accredited coaches are entitled to submit an inquiry.
- 3) Late verbal inquiries will be rejected. A federation is not allowed to complain against a gymnast from another federation.
- 4) The inquiry must be confirmed as soon as possible in writing, but within four minutes at the latest after the verbal inquiry (Requires an agreement of payment of US\$ 300. for the first complaint, US\$ 500. for the second complaint and US\$ 1,000. for the third complaint. The team leader will sign his name and submit the sum first. After the competition, it will be transferred to the Organizing Committee). Should

the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.

- 5) Should the inquiry prove correct and is accepted, this sum will be reimbursed.
- 6) Every inquiry must be examined by the Superior Jury and a final decision (Which may not be appealed) must be taken at the very latest:
 - at the end of the rotation (or group) for the qualifying competitions, and the teamcompetition (final)
 - before the score of the following gymnast is shown for the All-Around finals and Individual finals.
- 7) The inquiry shall not be accepted if not be in accordance with the criteria mentioned above.
- 8) The decision from the Jury of Appeal shall be the final.

All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

✘Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

10. Equipment and Clothing

Clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and FIG in force.

All sport equipment's shall meet the FIG requirements and have valid FIG certificates. Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and INASGOC.

All gymnastics equipment during the Asian Games 2018 for Training Hall, Warming Up Hall and FOP along with the spare-parts for certain instrument will solely and purposefully be supplied and provided by Shandong Taishan Sports Equipment Co., Ltd., a company established and domiciled at No. 1 Taishan Tiyu Road. Leling City, Shandong Province, China."

11. Doping Control and Medical

Doping Control during the 18th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti - Doping programme.

INASGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

12. Victory Ceremony

Gold, silver and bronze medals will be awarded to the gymnasts ranked top three of each event respectively. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

13. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

14. Sport Information Center (SIC)

All sport-specific information for Artistic Gymnastics will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

III.2. Technical Information | Rhythmic

1. Competition Date

Rhythmic Gymnastics competition will be held from August 27 to 28, 2018 at JIEX Kemayoran Hall D2.

2. Venue

Category	Competition Venue	Training Venue
Name	JIEX Kemayoran Hall D2	JIEX Kemayoran Hall D1
Distance from the Athletes' Village	8 KM	8 KM
Size	- Main Venue :30 x 30 x 12m, 1 court	30 x 30 x 12m, 1 court
Seating Capacity	1,800 seats	-

3. Competition Management

3.1 Technical Delegate: Gyoza Filipova(UZB)

President, Technical Rhythmic Committee, Asian Gymnastics Union (AGU)

•Name : **Filippova Gyoza (UZB)**

•Phone : **+998 712 535 652**

•Email : **uzb_gym@mail.ru**

3.2. Competition Manager: Ita Yuliati (INA), Indonesia Gymnastics Federation

Name : **Ms Ita Yuliati(INA)**

•Phone : **+62811990999**

•Email : **ita@alita.id, ita.y.irawan@gmail.com**

4. Competition Events

The Rhythmic Gymnastics competition will consist of two (2) events for women's :Team and Individual All-Around

5. Competition Schedule

Date	Session	Time	Gender	Event	Phase
26 August (Sun)		10.00 – 22.00	W	Podium Training	
27 August (Mon)	GR01	12.00 – 16.00	W	Ind.Qualifications & Team Final (Subdivision A)	Individual Qualification / Team's Final
		17.00 – 21.00	W	Ind.Qualifications & Team Final (Subdivision B)	
		21.30 – 22.30	W	Victory Ceremony	
28 August (Tue)	GR02	15.00 – 20.00	W	Individual All around	Final
		20.30 – 21.30	W	Victory Ceremony	

6. Competition Rules

The RhythmicGymnastics competition of the 18th Asian Games will be held in accordance with FédérationInternationale de Gymnastique (FIG) Technical Rules (2017-2020) and FIG Code of Points for Rhythmic Gymnastics, in force during the Games time.

In case of any disagreement in the language interpretation of the Rules and Regulations, the English version shall prevail.

Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

- General issues : Resolved in accordance with the OCA Constitution and Rules
- Technical issues : Resolved in accordance with the FIG Rules and Regulations

7. Competition Format

7.1 Qualifying individual Competition with Team ranking-Competition I

A team may consist of three or four gymnasts. Each gymnast may subject to compliance with the following requirement and perform one to four exercises (maximum).

The competition programme is comprised of exercises using the four (4) apparatus on prescribed in the programme of the year 2018. Each team must three exercises with each apparatus by different gymnasts, making a total of 12 exercises.

The team classification is made by adding up the 10 best scores registered by the gymnasts of the team.

7.2 Individual All-Around Competition II

24 best gymnasts qualify to the All –Around by the results of the 3 best exercises in Competition I. Gymnasts are divided into two groups based on the results of Competition I (maximum two gymnasts per NOC).

The programme consists of four (4) exercise with the four (4) prescribed apparatus and the classification is made by adding the four scores obtained with the four apparatus. The results of Competition I will not be taken into account.

7.3 Draw

The draw will be conducted in accordance with the relevant FIG Regulations.

8 Sport Entries

8.2 Eligibility

- Only OCA Member NOCs are entitled to send athletes to participate in the Rhythmic Gymnastics competition of the 18th Asian Games.
- Only athletes who comply with the OCA Constitution and Rules and its Bye-law are entitled to participate in the Rhythmic Gymnastics competition.
- All gymnasts must present a valid FIG License until the end of the event.

8.3 Entry Timeline

- Entry by Sport - Deadline: 24:00 March 9, 2018
(Indonesia Time, GMT +7)
- Entry by Number - Deadline: 24:00 April 30, 2018
(Indonesia Time, GMT +7)
- Entry by Name - Deadline: 24:00 June 30, 2018
(Indonesia Time, GMT +7)

8.4 Entry Policies

- Individual Events: Each NOC may enter two (2) athletes in each event, if only participating in individual events.
- Team Events: Each NOC may enter one (1) team in each event. A team should consist of a minimum of three (3) and a maximum of four (4) athletes.
- Total: Each NOC may enter a maximum of four (4) women athletes in Rhythmic Gymnastics.
 - ✂ Age limitation : Athletes for Rhythmic Gymnastics (Women) must reach the minimum age of 16 (born on December 31, 2002 or before).
 - ✂ **NOCs that withdraw their athletes or teams after the submission of the final entries by name and Team Sport Draw will be faced with disciplinary action by the OCA EB.**

FIG LICENSE

All gymnasts must present a valid FIG License until the end of the event, in order to be eligible to participate in an international competition.

9 Technical Officials

9.2 Technical Officials & Jury of Appeal

- AGU will appoint the Technical Delegate.
- AGU will appoint the jury of Appeal.

9.3 Accompanying Referees

Each NOC may bring one (1) valid international referee in Rhythmic competition.

※AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and approval of OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participant, the OCA has the right to revoke the AD Card and propose change of the person to the concerned party.

10 Technical Meeting

- Date : TBD
- Time and Place : TBD

11 Protests and Appeals

The procedures of protests and appeals shall follow the relevant rules of FIG Technical Regulations 2017 and FIG Rhythmic Gymnastics Code of Points 2018, in force during the Games time. All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

※Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

12 Equipment and Clothing

Clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and FIG in force.

All sport equipment shall meet the FIG requirements and have valid FIG certificates.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and INASGOC.

"All gymnastics equipment during the Asian Games 2018 for Training Hall, Warming Up Hall and FOP along with the spare-parts for certain instrument will solely and purposefully be supplied and provided by Shandong Taishan Sports Equipment Co., Ltd., a company established and domiciled at No. 1 Taishan Tiyu Road. Leling City, Shandong Province, China."

13 Doping Control and Medical

Doping Control during the 18th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti - Doping programme.

INASGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

14 Victory Ceremony

Gold, silver and bronze medals will be awarded to the gymnasts ranked top three of each event respectively. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

15 Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

16 Sport Information Center (SIC)

All sport-specific information for Rhythmic Gymnastics will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

III-3. Technical Information | Trampoline

1. Competition Date

Trampoline Gymnastics competition will be held on August 30, 2018 at JIEX Kemayoran Hall D2.

2. Venue

Category	Competition Venue	Training Venue
Name	JIEX Kemayoran Hall D2	JIEX Kemayoran Hall D1
Distance from the Athletes' Village	8 KM	8 KM
Size	- Main Venue : 90×80m	3 arenas with equal size of 80 × 60m each
Seating Capacity	1,264 seats	-

3. Competition Management

3.1 Technical Delegate :Liu Xing (CHN)

President, Technical Trampoline Committee, Asian Gymnastics Union (AGU)

Name : Liu Xing (CHN)

-Phone : +86 10 6715 6797

-Email : liuzingbc@sohu.com, chngym@263.net

3.2 Competition Manager:Ita Yuliati (INA), Indonesia Gymnastics Federation

Name : Ms Ita Yuliati(INA)

-Phone : +62811990999

-Email : ita@alita.id, ita.y.irawan@gmail.com

4. Competition Events

The Trampoline Gymnastics competition will consist of two (2) events, Men's Individual and Women's Individual

5. Competition Schedule

Date	Session	Time	Gender	Event	Phase
30 Aug. (Wed)	GT01	14.00 – 15.00	W	Qualification	1 st / 2 nd routine
		15.15 – 18.15	M	Qualification	1 st / 2 nd routine
		18.30 – 17.00	W	Final	Finals
		17.15 – 17.45	M	Final	

※ Note : This competition schedule is subject to change depending on the number of final entries.

6. Competition Rules

The Trampoline Gymnastics competition of the 18th Asian Games shall be conducted in accordance with the Technical Rules (2017-2020) of Fédération Internationale Gymnastique (FIG) and the FIG Trampoline Gymnastics Code of Points, in force during the Games time.

In case of any disagreement in the language interpretation of the Technical Rules of FIG and the FIG Trampoline Gymnastics Code of Points, the English version shall prevail.

Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

- General issues : Resolved in accordance with the OCA Constitution and Rules
- Technical issues : Resolved in accordance with the FIG Rules and Regulations

7. Competition Format

Trampoline competition is divided in two phases, Qualification Round and the Final Round. The competitions comprise three routines with 10 elements in each routine.

7.1 Qualifying Round

There are two routines in the Qualifying Round. The first routine includes both free and special requirements, in which the execution score is added to the difficulty score of two free elements to give the total for a routine. The second routine is a voluntary routine, in which the execution score is added to the difficulty score to give the total for a routine. The eight men and eight women with the best total scores from these two routines qualify for the final (maximum two per NOC). Scores from the qualifying round do not carry over to the final.

7.2 Final Round

According to FIG 2017-2020 Code of Points ,

- The total score for first routine = execution + difficulty (4 skills with difficulty) + time of flight + Horizontal Displacement
- The total score for second routine = execution + difficulty + time of flight + Horizontal Displacement
- The total score for final routine = execution + difficulty + time of flight + Horizontal Displacement

8. Sport Entries

8.1 Eligibility

- Only OCA Member NOCs are entitled to send athletes to participate in the Trampoline Gymnastics competition of the 18th Asian Games.
- Only athletes who comply with the OCA Constitution and Rules and its Bye-law are entitled to participate in the Trampoline Gymnastics competition.
- All gymnasts must present a valid FIG License until the end of the event.

8.2 Entry Timeline

- Entry by Sport - Deadline: 24:00 March 9, 2018 (Indonesia Time, GMT +7)

- Entry by Number - Deadline: 24:00 April 30, 2018 (Indonesia Time, GMT +7)
- Entry by Name - Deadline: 24:00 June 30, 2018 (Indonesia Time, GMT +7)

8.3 Entry Policies

- Individual Events: Each NOC may enter a maximum of four (4) athletes in each event.
- Total: Each NOC may enter a maximum of two (2) men and two (2) women athletes in Trampoline.
 - ※ Age Limitation : Athletes for Trampoline must reach the minimum age of 17 (born on December 31 2001 or before)
 - ※ **NOCs that withdraw their athletes or teams after the submission of the final entries by name and Team Sport Draw will be faced with disciplinary action by the OCA EB.**

9. Technical Officials

9.1 Technical Officials & Jury of Appeal

The Technical Delegate will be appointed by AGU.

The Jury of Appeals will be appointed by AGU.

9.2 Accompanying Referees

Each NOC may bring one (1) valid international referee in Trampoline competition.

※ **AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and approval of OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participant, the OCA has the right to revoke the AD Card and propose change of the person to the concerned party.**

10. Technical Meeting

- Date : TBD
- Time and Place : TBD

11. Protests and Appeals

The procedures of protests and appeals shall follow the relevant rules of FIG Technical Regulations 2017 and FIG Trampoline Gymnastics Code of Points 2018, in force during

the Games time. All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

※Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and FIG in force. All sport equipment shall meet the FIG requirements and have valid FIG certificates. Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and INASGOC.

"All gymnastics equipment during the Asian Games 2018 for Training Hall, Warming Up Hall and FOP along with the spare-parts for certain instrument will solely and purposefully be supplied and provided by Shandong Taishan Sports Equipment Co., Ltd., a company established and domiciled at No. 1 Taishan Tiyu Road. Leling City, Shandong Province, China."

13. Doping Control and Medical

Doping Control during the 18th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti - Doping programme.

INASGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

14. Victory Ceremony

Gold, silver and bronze medals will be awarded to the gymnasts ranked top three of each event respectively. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

15. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

16. Sport Information Center (SIC)

All sport-specific information for Rhythmic Gymnastics will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

17. Approval of the Technical Handbook

The Technical Handbook for Gymnastics has been approved by the Asian Gymnastics Union (AGU) on January 16, 2018.

IV. GENERAL CONTACTS

1. Fédération Internationale Gymnastique (FIG)

- President : Watanabe Morinari
- Secretary General : **André F. GUEISBUHLER**
- Address : Avenue de la Gare 12 1003 Lausanne, Switzerland
- Phone : +41 21 321 5510
- Fax : +41 21 321 5519
- Email : info@fig-gymnastics.org
- Web : www.fig-gymnastics.com

2. Asian Gymnastics Union (AGU)

- President : A. Rahman Al-Shathri (QAT)
- Secretary General : MohdSaed (QAT)
- Address : P.O.Box 22955-Al Bidda Tower 5th floor-Aldaftna.
Doha. Qatar
- Phone : +974 4944 4133
- Fax : +974 4944 4131
- Email : info@agu-gymnastics.org
- Web : www.agu-gymnastics.com

3. Technical Delegate

3.1 Men's Artistic Gymnastics

- Name : Miao Zhongyi (CHN)
- Phone : +86 10 6715 6797
- Email : chngym@263.net

3.2 Women's Artistic Gymnastics

- Name : Ms. RadiyeKizilgun(SYR)
- Phone : +974 5549 8876
- Email : rima.gym@hotmail.com, rima@agu-gymnastics.com

3.3 Rhythmic Gymnastics

- Name : Filippova Gyoza (UZB)

▪Phone : +998 712 535 652
▪Email : uzb_gym@mail.ru

4. Indonesia Gymnastics Association (Persani)

▪President : Ilya Avianti
Secretary General : M. Riyanto
▪Address : South Quarter Building Tower A of 7th Floor Unit 7E of Jl. RA Kartini Kav 8, Cilandak Barat, Jakarta 12430, Indonesia
▪Fax : +62 21 29406751
▪Email : info@persani.or.id
▪Web : www.persani.or.id

5. INASGOC Sports Planning Department

▪Address : FX Plaza Office Tower 18th Floor,
Jl. Pintu I Senayan, Jakarta Pusat 10270
▪Phone : +62 21 22552018
▪Fax : +62 21 22532018
▪Email : secretariat@jakarta-palembang2018.org
▪Web : www.jakarta-palembang2018.org

6. INASGOC Competition Manager

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V. General Competition Schedule



UPDATED version (2.0) by 23 February 2018

SPORT DISCIPLINE	VENUE NAME	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2
		M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
OPENING CEREMONY		-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
CLOSING CEREMONY																						
AQUATICS	GBK Aquatic Center																					
Aquatics - Artistic Swimming	GBK Aquatic Center																					
Aquatics - Diving	GBK Aquatic Center																					
Aquatics - Swimming	GBK Aquatic Center																					
Aquatics - Water Polo	GBK Aquatic Center																					
ARCHERY	GBK Archery Field																					
ATHLETICS	GBK Main Stadium																					
BADMINTON	GBK ISTORA																					
BASEBALL/SOFTBALL	GBK Baseball Field																					
Baseball/Softball - Baseball	Rawamangun																					
Baseball/Softball - Softball	GBK Softball Field																					
BASKETBALL	GBK Tennis Center Court																					
Basketball - 3x3	GBK Basket Hall A																					
Basketball - 5x5	GBK ISTORA																					
Basketball - 5x5	GBK ISTORA																					
BOWLING	JSC Bowling Center																					
BOXING	JIE expo Kemayoran Hall C1, C2, C3																					
BRIDGE	JIE expo Kemayoran Ballroom																					
CANOE/KAYAK	Bendung Rentang Majalengka																					
Canoe/Kayak - CSL (Canoe Slalom)	JSC Lake Jakabaring																					
Canoe/Kayak - CSP	JSC Lake Jakabaring																					
Canoe/Kayak - TBR	JSC Lake Jakabaring																					
CYCLING	Pulo Mas International BMX Center																					
Cycling - BMX Race	Khe Bun Hill Subang																					
Cycling - MTB	Subang roads route																					
Cycling - Road Race	Jakarta International Velodrome																					
Cycling - Track	Jakarta International Velodrome																					
EQUESTRIAN	Jakarta International Equestrian Park																					
Equestrian - Dressage	Jakarta International Equestrian Park																					
Equestrian - Eventing	Jakarta International Equestrian Park																					
Equestrian - Jumping	JCC Cendrawasih																					
FENCING	JCC Cendrawasih																					
FOOTBALL	SI Jalak Harupat Stadium (Bandung)																					
Football - (Men)	Pakan Sari Stadium (Bogor)																					
Football - (Men)	Patriot Chandrabhaga Stadium (Jakarta)																					
Football - (Men)	Wibawa Mukti Stadium (Cikarang)																					
Football - (Men)	JSC Gelora Sriwijaya (Palembang)																					
Football - (Women)	Bumi Sriwijaya (Palembang)																					
Football - (Women)	Bumi Sriwijaya (Palembang)																					
GOLF	Pondok Indah Golf & Country Club																					
GYMNASTICS	JIE expo Kemayoran Hall D1, D2																					
Gymnastics - Artistic	JIE expo Kemayoran Hall D1, D2																					
Gymnastics - Rhythmic	JIE expo Kemayoran Hall D1, D2																					
Gymnastics - Trampoline	JIE expo Kemayoran Hall D1, D2																					
HANDBALL	Gor Popki Cibubur																					
HOCKEY	GBK Hockey Field																					
JET SKI	ANCOL Beach																					
JUDO	JCC Plenary Hall																					
KABADDI	Theatre Garuda																					
KARATE	JCC Plenary Hall																					
Karate - Kata	JCC Plenary Hall																					
Karate - Kumite	JCC Plenary Hall																					
MARTIAL ARTS	JCC Assembly Hall																					
Martial Arts - Ju-Jitsu	JCC Assembly Hall																					
Martial Arts - Kurash	JCC Assembly Hall																					
Martial Arts - Pencak Silat	TMII Pencak Silat Hall																					
Martial Arts - Sambo	JCC Assembly Hall																					
Martial Arts - Wushu	JIE expo Kemayoran Hall B1, B2, B3																					
MODERN PENTATHLON	APM Equestrian (TBM)																					
PARAGLIDING	Gunung Mas Puncak																					
ROLLER SPORTS	JSC Roller																					
Roller Sports - Roller Skate	JSC Roller																					
Roller Sports - Skateboard	JSC Lake Jakabaring																					
ROWING	JSC Lake Jakabaring																					
RUGBY SEVENS	Wibawa Mukti Stadium (Cikarang)																					
SAILING	ANCOL Marina																					
SEPAK TAKRAW	JSC Ranau Hall																					
SHOOTING	JSC Shooting Range																					
Shooting - Pistol	JSC Shooting Range																					
Shooting - Rifle	JSC Shooting Range																					
Shooting - Running Target	JSC Shooting Range																					
Shooting - Skeet & Trap	JSC Shooting Range																					
SPORT CLIMBING	JSC Sport Climbing																					
SQUASH	Hall D GBK Senayan																					
TABLE TENNIS	JIE expo Kemayoran Hall B1, B2, B3																					
TAEKWONDO	JCC Plenary Hall																					
Taekwondo - Kyorugi	JCC Plenary Hall																					
Taekwondo - Poomsae	JCC Plenary Hall																					
TENNIS	JSC Tennis Court																					
Tennis - Soft Tennis	JSC Tennis Court																					
Tennis - Tennis	JSC Tennis Court																					
TRIATHLON	JSC Lake Jakabaring																					
VOLLEYBALL	JSC Beach Volley																					
Volley Ball - Beach Volley	GBK Tennis Indoor Stadium																					
Volley ball - Indoor Volley	Pertamina Sempur Stadium																					
Volley ball - Indoor Volley	JIE expo Kemayoran Hall A1, A2, A3																					
WEIGHTLIFTING	JIE expo Kemayoran Hall A1, A2, A3																					

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