



PHUKET 2014
Thailand

TECHNICAL HANDBOOK

4th Asian Beach Games
November 14-23, 2014
Phuket, Thailand



Ju-jitsu







PHUKET 2014
Thailand



Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM

Secretary-General

Phuket Asian Beach Games Organizing Committee

Chairman, Sport Technical Committee





OLYMPIC COUNCIL OF ASIA

President
Vice Presidents

Secretary General

Chairman of Information & Statistics Committee
Chairman of Rules Committee
Chairwoman of Women Committee
Chairman of International Relations Committee
Chairman of Advisory Committee
Chairman of Peace through Sport Committee
Chairman of Medical Committee
Chairman of Sports Environment Committee
Chairman of Athletes Committee
Chairman of Sports Committee
Chairman of Sports for All Committee
Chairman of Media Committee
Chairman of Finance Committee
Chairman of Culture Committee
Chairman of Education Committee
Chairman of Coordination Committee

Members

Director General & Technical Director

OCA Contact Information

Address
Tele
Fax
Email
Website

OCA EXECUTIVE BOARD

Sheikh Ahmad Al-Fahad Al-Sabah (Kuwait)
Maj. Gen. Charouck Arirachakaran (Thailand)
Mr. Timothy Fok Tsun Ting (Hong Kong, China)
Lt Gen. Syed Arif Hasan (Pakistan)
HE Sheikh Isa Bin Rashed Al Khalifa (Bahrain)
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Mr. Gofur-Arslonbek Rakhimov (Uzbekistan)
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Mr. Yu Zaiqing (China)
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Mr. Yong-Sung Park (Korea)
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Mr. Kanokhpand Chulakasem (Thailand)
Raja Randhir Singh (India)
Mr. Bahram Afsharzadeh (Iran)
Sheikh Talal Fahad Ahmad J Al-Sabah (Kuwait)
Mrs. Natalya Sipovich (Kazakhstan)
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Mr. Ng Ser Miang (Singapore)
HRH Prince Faisal Bin Al-Hussein (Jordan)
Dr. Manikavasagam Jegathesan (Malaysia)
Mr. Kyung-Sun Yu (Korea)
Mrs. Yuko Arakida (Japan)
Mr. Zhang Jilong (China)
Brig Gen. Mowaffak Joumaa (Syria)
Mr. Charles King Chiu Lo (Macau, China)
Mr. Kevin Kuo-I Chen (Chinese Taipei)
Mr. Mohammad Al-Kamali (United Arab Emirates)
Dr. Rashed Hamed Al Heaiwel Al Sebaie (Saudi Arabia)
Mr. Tsunekazu Takeda

Mr. Manuel Silverio (Macau)
Gen. Souhail Khoury (Lebanon)
Mr. Habib Abdul Nabi Yousuf Macki (Oman)
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Phuket Asian Beach Games Organizing Committee

Chairman of High Committee

Ms. Yingluck Shinawatra

Prime Minister of The Kingdom of Thailand

Chairman - Board of Directors of the 4th Asian Beach Games 2014

High Committee Members

Mr. Somsak Pureesrisak

Minister of Tourism and Sports of Thailand

Chairman - Organizing Committee

Mr. Kanokphand Chulakasem

Governor of Sports Authority of Thailand

Chairman - Secretariat Office

Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew

Police Commissioner - General

Chairman - Security and Traffic Committee

Mr. Somsak Chotrattanasiri

Director of Bureau of the Budget

Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut

Governor of Phuket

Chairman - Accommodation, Transportation and Protocol Committee

Mr. Thawatchai Arunyik

Governor of Tourism Authority of Thailand

Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.

Permanent Secretary of Ministry of Public Health

Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran

Vice President & Secretary General of NOCT.

Chairman - Protocol and Ceremony Committee



Sport Federation

JU-JITSU INTERNATIONAL FEDERATION

President

Panagiotis Theodoropoulos
pt@theo-sol.gr

JJIF Secretariat of the President

Vicky Kontou
Jjif.secretariat@gmail.com

Secretary General

Dana Mortelmans
dmurgescu@gmail.com
<http://www.jjif.info>

Website

JU-JITSU ASIAN UNION

President

H.E. Abdulmunem Alsayed M. AL Hashmi
president@jjau.org

Secretary General

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Dr. Jaffer AL Muthafer

E-mail

Dr.jaffer@jjau.org

Website:

www.jjau.org

JU-JITSU ASSOCIATION OF THAILAND

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Air Marshal Chuchart Boonchai
admission@jujitsu.in.th

Secretary General

Group Captain Suwat Pladsri

Email

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Website

: <http://jujitsu-thailand.igetweb.com/>





Technical Officials

Technical Delegate

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Director of Sports

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Deputy Cluster Director (Sports & Venues)

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Sports Competition Manager

Email

Flt.Lt. Usanee Wongsalangarn

usanee@phuketthailand2014.com

Competition Manager














































Email

Ms. Chantana HANPRASERT

chantana1237@hotmail.com



Member Countries & Regions

No.	Country/Region	Country Code	Region Code
1	 Afghanistan	AFG	SA
2	 Bahrain	BRN	WA
3	 Bangladesh	BAN	SA
4	 Bhutan	BHU	SA
5	 Brunei Darussalam	BRU	SEA
6	 Cambodia	CAM	SEA
7	 China	CHN	EA
8	 D.P.R. Korea	PRK	EA
9	 Hong Kong, China	HKG	EA
10	 India	IND	SA
11	 Indonesia	INA	SEA
12	 Iran	IRI	WA
13	 Iraq	IRQ	WA
14	 Japan	JPN	EA
15	 Jordan	JOR	WA
16	 Kazakhstan	KAZ	CA
17	 Korea	KOR	EA
18	 Kuwait	KUW	WA
19	 Kyrgyzstan	KGZ	CA
20	 Laos	LAO	SEA
21	 Lebanon	LIB	WA
22	 Macau, China	MAC	EA
23	 Malaysia	MAS	SEA
24	 Maldives	MDV	SA
25	 Mongolia	MGL	EA
26	 Myanmar	MYA	SEA
27	 Nepal	NEP	SA
28	 Oman	OMA	WA
29	 Pakistan	PAK	SA
30	 Palestine	PLE	WA
31	 Philippines	PHI	SEA
32	 Qatar	QAT	WA
33	 Saudi Arabia	KSA	WA
34	 Singapore	SIN	SEA
35	 Sri Lanka	SRI	SA
36	 Syria	SYR	WA
37	 Chinese Taipei	TPE	EA
38	 Tajikistan	TJK	CA
39	 Thailand	THA	SEA
40	 Timor-Leste	TLS	SEA
41	 Turkmenistan	TKM	CA
42	 United Arab Emirates	UAE	WA
43	 Uzbekistan	UZB	CA
44	 Vietnam	VIE	SEA
45	 Yemen	YEM	WA



Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7°45" and 8°15" north latitude, and from 98°15" to 98°40" west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaeu, the last remaining rain forest of the island.



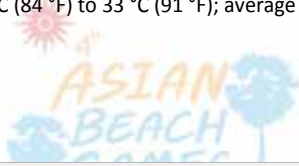
Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it's difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).



Climate data for Phuket													
Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Average high °C (°F)	31.8 (89.2)	32.9 (91.2)	33.5 (92.3)	33.4 (92.1)	32.0 (89.6)	31.6 (88.9)	31.2 (88.2)	31.2 (88.2)	30.7 (87.3)	30.9 (87.6)	31.0 (87.8)	31.2 (88.2)	31.8 (89.2)
Daily mean °C (°F)	27.9 (82.2)	28.7 (83.7)	29.3 (84.7)	29.5 (85.1)	28.4 (83.1)	28.3 (82.9)	27.8 (82.0)	27.9 (82.2)	27.3 (81.1)	27.4 (81.3)	27.5 (81.5)	27.6 (81.7)	28.1 (82.6)
Average low °C (°F)	23.3 (73.9)	23.7 (74.7)	24.3 (75.7)	24.8 (76.6)	24.5 (76.1)	24.5 (76.1)	24.2 (75.6)	24.4 (75.9)	23.9 (75.0)	23.8 (74.8)	23.8 (74.8)	23.7 (74.7)	24.1 (75.4)
Precipitation mm (inches)	29.8 (1.17)	20.9 (0.82)	49.1 (1.93)	121.9 (4.79)	319.4 (12.57)	268.9 (10.58)	290.5 (11.43)	272.6 (10.73)	399.0 (15.70)	309.6 (12.18)	175.7 (6.91)	59.4 (2.33)	2,316.8 (91.21)
Avg. rainy days	4	3	5	11	21	19	19	19	23	22	16	8	170
Mean monthly sunshine hours	286.2	271.5	282.3	247.9	188.5	139.5	172.6	174.1	143.2	179.8	197.1	244.3	2,527.0



PHUKET 2014 Thailand

The emblem of the 4th Asian Beach Games was driven by Phuket's very own beauty and by one of Phuket's most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Pearl of the Andaman and the Southern Paradise" where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.



"Sea turtle" is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

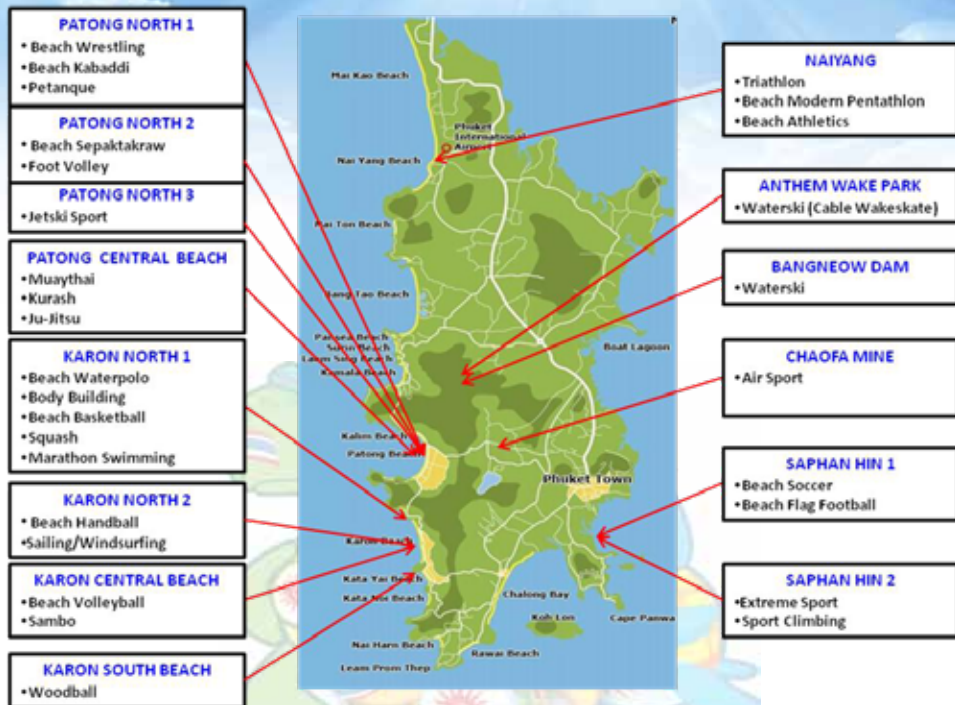
The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.



Competition Program for the 4th Asian Beach Games 2014 14 - 23 November 2014 in Phuket, Thailand

No.	Sports	Code	Day	No. of Events	November													Medals			
					11	12	13	14	15	16	17	18	19	20	21	22	23	G	S	B	TOTAL
Opening Ceremony																					
Chaofa Mine																					
1	Air Sport																				
	<i>Paragliding</i>	APG	7	4														4	4	4	12
	<i>Power Paragliding</i>	APP	7	4														4	4	4	12
Karon Beach																					
2	Aquatics																				
	<i>Beach Water Polo</i>	ABW	5	1														1	1	1	3
	<i>Marathon Swimming</i>	AMS	2	4						R								4	4	4	12
3	Beach Handball	HBH	8	2														2	2	2	6
4	Sambo	SB	2	7														7	7	14	28
5	Beach Volleyball	VBB	8	2														2	2	2	6
6	Woodball	WO	6	8														8	8	12	28
7	Beach Basketball	BBK	4	2														2	2	2	6
8	Bodybuilding	BO	2	6														6	6	6	18
9	Sailing																				
	<i>Sailing</i>	SA	4	5									R					5	5	5	15
	<i>Windsurfing</i>	SWS	4	4										R				4	4	4	12
10	Squash	SQ	5	2														2	2	4	8
Patong Beach																					
11	Beach Kabaddi	KAB	4	2														2	2	4	8
12	Beach Wrestling	BWR	4	6														6	6	12	24
13	Ju-Jitsu	JJ	2	12														12	12	24	48
14	Kurash	KU	3	8														8	8	16	32
15	Muaythai	MY	6	16														16	16	32	64
16	Petanque	PQ	6	9														9	9	18	36
17	Beach Sepaktakraw	SBS	8	6														6	6	12	24
18	Foot Volley	FV	2	1														1	1	2	4
19	Jetski Sport	JS	3	6														6	6	6	18
Nai-Yang Beach																					
20	Beach Modern Pentathlon	BMP	3	3														3	3	3	9
21	Triathlon																				
	<i>Duathlon</i>	TRD	1	3														3	3	3	9
	<i>Triathlon</i>	TRD	1	3														3	3	3	9
22	Beach Athletics	BAT	4	13														13	13	13	39
Bangneow Dam/Anthem Wake Park																					
23	Waterski																				
	<i>Waterski/Wakeboard</i>	WSW	4	8														8	8	8	24
	<i>Cable Wakeboard/Wakeskate</i>	WSH	3	5														5	5	5	15
Saphan Hin Sport Center																					
24	Beach Flag Football	BFF	3	1														1	1	2	4
25	Beach Soccer	FBS	7	1														1	1	1	3
26	Extreme Sports																				
	<i>Inline Stunt</i>	EIS	4	3														3	3	3	9
	<i>Skateboard</i>	EXS	4	3														3	3	3	9
	<i>BMX Freestyle</i>	EXF	4	4														4	4	4	12
	<i>Sport Climbing</i>	ESC	2	4														4	4	4	12
Closing Ceremony																					
				168														168	168	242	578

4th ABG COMPETITION VENUES



Technical Delegate Profile



Joachim Thumfart

Martial Art since 1983

Ju-Jutsu (7.Dan), additional Jiu-Jitsu, Judo, Karate, Pilipino Martian Art, Luat Livre, Brazilian Jiu-Jitsu

1997 Bronze medal European Championship Fighting System

1997 Silver Medal European Championship Brazilian Jiu-Jitsu

1998 World Champion Ju-Jitsu Duo System

1998 Winner European Cup Brazilian Jiu-Jitsu

Different positions in German Ju-Jutsu federation, and clubs

Member of German Sports Federation committees:

Sport against racism

Sport against sexual abuse

Education committee

Deputy Sports director JJIF since 2003

Sports director of JJIF since 2009

Sports director of JJAU since 2014

Involved in the Preparation of Ju-Jitsu Event World Games 2005/ 2009

Technical Delegate Ju-Jitsu SportAccord World Combat Games 2010

Technical Delegate Ju-Jitsu World Games 2013

Technical Delegate Ju-Jitsu SportAccord World Combat Games 2013





Competition Technical Information

4th Asian Beach Games								
Ju-Jitsu								
No.	Events	Number of Athletes		Maximum Number of Athletes	No. of Medals			
		Men	Women		Gold	Silver	Bronze	Total
1	-60 kg	2		2	1	1	2	4
2	-70 kg	2		2	1	1	2	4
3	-80 kg	2		2	1	1	2	4
4	-90 kg	2		2	1	1	2	4
5	+90 kg	2		2	1	1	2	4
6	Open Weight	2		2	1	1	2	4
7	-50 kg		2	2	1	1	2	4
8	-60 kg		2	2	1	1	2	4
9	+ 60 Kg		2	2	1	1	2	4
10	Show System Men (Duo)	4		4	1	1	2	4
11	Show System Women (Duo)		4	4	1	1	2	4
12	Show System(Mixed)	2	2	4	1	1	2	4

Each participating NOC may enter a maximum of 18 athletes.
Maximum of two athletes per NOC allowed to participate in each individual event and two pairs in Duo and Mixed events

1. Date and Place

1.1 Ju-Jitsu (JJ) competition for the **4th Asian Beach Games Phuket 2014** will be held in Phuket, Thailand from 12-13 November 2014.

2. Competition Venue

2.1 Ju-Jitsu (JJ) venue is located at **Patong Central Beach**.

3. Competition Management

- 3.1** Technical Delegate: **Joachim THUMFART**
3.2 Competition Manager: **Ms. Chantana HANPRASESRT**

4. Competition Events

The **Ju-Jitsu (JJ)** competition will consist of nine (9) individual events i.e. six(6) individual categories for men, three(3) individual categories for women. Two (2) Duo events (men & women) and One (1) mixed event.

5. Competition Schedule

Date	Time	Event
11.11.2014	16:00 – 18:00	Weight in for athletes compete 12.11.2013
	20:00	Draw and General technical meeting
12.11.2014	Morning	Eliminations
	16:00 – 18:00	Weight in athletes competing the 13.11.2013
	Evening	Finals
13.11.2014	Morning	Eliminations
	Evening	Finals

6. Eligibility

- 5.1** Only **OCA** member NOCs are entitled to send athletes to participate in the **Ju-Jitsu** competition of the **4th Asian Beach Games**.
- 5.2** The **4th Asian Beach Ju-Jitsu Competitions** is reserved for athletes representing the National Olympic Committee affiliated to the Games Federation.
- 5.3** Only competitions who comply with the conditions laid down in the **OCA** Constitution and Games Federation Rules and its Bye-law are entitled to participate in the Ju-Jitsu competition.
- 5.4** Each athlete must possess a International Competitor's Medical License, valid through 2014 A medical examinations must be carried out in the competitor's home country before taking part in the **4th Asian Beach Games**.

6. Entries

- 6.1** Entries of each participating NOC must be submitted in accordance with the regulations laid-out by **PABGOC**.
- 6.2** Deadline for Entry by Number Forms (Preliminary)
Each participating **OCA** member NOC must submit Entry by Number Forms to **PABGOC** by 4.00hrs Thailand local time (GMT +7) by 30 June 2014. This form may be submitted by fax. Original form must be presented during the DRM. **PABGOC's** detailed address, telephone and fax may be found on the entry form.
- 6.3** Deadline for Entry by Name Forms (Final)
The Entry by Name Forms must be received by **PABGOC** no later than 31 August 2014 at 24.00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete's full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.
- 6.4** Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Sports Entries/4th ABG

c/o **Tatchanart Tongprakob**

Sports Directorate, Phuket Asian Beach Games Organizing Committee
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkok,
Bangkok, Thailand 10240

Email: tatchanart.t@phuketthailand2014.com

Tel. No. +66 2186 7178 Fax No: +66 21867537

- 6.5** If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).
- 6.6** Any late entries will be decided by OCA for acceptance or rejection.



7. Technical Officials

11.1 Technical Officials & Jury of Appeal

Technical officials shall be appointed by **JJIF/ Ju-Jitsu Asian Union**

JJIF/ Ju-Jitsu Asian Union has the right to appoint the Technical Delegate and ITOs in coordination and approval of OCA. In case of violation of the **JJIF/ Ju-Jitsu Asian Union** has the right to revoke the AD Card and propose change of the person to the concerned party.

8. Technical Meetings

Technical Delegate and Technical Officials Meeting will be held at 2 p.m. on 11 November.

General Technical Meeting of Team Managers/Coaches will be held at 8 p.m. on 11 November.

9. Competition Rules

Ne-Waza (Brazilian Ju-jitsu) and Show System

The Show System:

Based on the Indoor competition called “Duo System” which is a discipline in which a pair of Ju-Jitsukas from the same team show possible self-defense techniques against a series of attacks to cover the following scenarios: grip attack (or strangulation), embrace attack (or necklock), hit attack (punch or kick) and armed attack (stick or knife). The Show system has three (3) competition categories: male, female or mixed. And the athletes are judged for their speed, accuracy, control and realism. It is arguably the most spectacular form of Ju-jitsu and it requires great technical preparation, synchronism and elevated athletic qualities. The jury shall look for and judge the following criteria:

1. Powerful attack
2. Reality
3. Control
4. Effectiveness
5. Attitude
6. Speed
7. Variability
8. Show/ attraction to the audience

The scores are given from 0 to 10 (1/2 number intervals) by three judges.

Ne-Waza (Brazilian Ju-jitsu/BJJ):

The Ne-Waza (ground technique) is one of the main Ju-jitsu (and Judo) basis. It's important technical heritage measures up to its big efficiency and educational value.

The fight of two opponents starts standing. Punches and kicks are not allowed.

After starting the fight, the referee interrupt only in crucial moments so normally the main part of the fight takes place on the ground. It is the goal to win by submission with a lock on the joints or strangulation. During the time of 5 minutes it is possible to gain points for throws, take down controlling positions and actions giving you an advantage in the fight. The Ne-Waza Ju-Jitsu is extremely tactical and sometimes described as the chess of martial arts.

12. Protests and Appeals

Protests and appeals shall be handled in accordance with the regulations and rules of **JJIF/ Ju-Jitsu Asian Union**. All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

Any Athlete/NOC can appeal to **CAS**, in case he feels that there is violation of **JJIF/ Ju-Jitsu Asian Union** Technical Rules or **OCA** Constitution, which is not related to reversing the decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the **OCA** and **Asian JJIF/ Ju-Jitsu Asian Union** in force. The clothing rule may be relaxed in consultation with the TD.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with **OCA**.

13. Doping Control

Doping Control during the 4th Asian Beach Games will be conducted in accordance with **OCA** Anti- Doping Rules applicable to the Asian Beach Games and will follow the standards and procedures under the World Anti-Doping program.

PABGOC, in collaboration with the medical committee of the **OCA** will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the **OCA**.

14. Victory Ceremony

Gold, silver and bronze medals will be awarded to the four (4) athletes ranked top three of each event respectively. Both losers of semifinals in the individual event will be ranked third receiving bronze medals.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

15. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

16. Sport Information Center (SIC)

All sport-specific information for **Ju-Jitsu** will be available at the sport information desks. They are located at the competition venue.

18. Approval of the Technical Handbook

This Technical Handbook was approved by **Ju-Jitsu Asian Union**.

General Clause:

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.





PHUKET 2014

Thailand





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