

Weightlifting

Sport Technical Handbook







The 17th Asian Games Incheon 2014 Official Sponsors

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I. Introduction

1. Preface

The 17th Asian Games will be held in Incheon, Korea starting from September 19th to October 4th 2014.

The Asian Games is an exclusive property of the Olympic Council of Asia (OCA) where the members of OCA come together to enhance the ability of Asian athletes and promote mutual understanding through fair competition. It is the multi-sport festivity within the Asian region held every 4 years.

This publication, both in English and Korean languages in the form of hard and soft copies, provides the general information about the Olympic Council of Asia, the Member countries, Incheon Asian Games Organizing Committee and overview of the 17th Asian Games Incheon 2014 as well as introduction of Korea, the Host Country and Incheon, the Host City. This publication also contains the technical information for Weightlifting Sport in the 17th Asian Games Incheon 2014, which is the most important.

It is our honor to provide this Technical Handbook before the start of the 17th Asian Games Incheon 2014. This handbook will serve an important role to all the participating officials and athletes.

Thank you very much.



2. Organization Bodies

2.1 OCA Executive Board

| President | Sheikh Ahmad Al-Fahad Al-Sabah |
|-------------------|-------------------------------------|
| Secretary General | Raja Randhir Singh |
| Vice Presidents | Maj. Gen. Charouck Arirachakaran |
| | Mr. Timothy Tsun Ting Fok |
| | Lt. Gen. Syed Arif Hasan |
| | HE Sheikh Isa Bin Rashed Al Khalifa |
| | Mr. Temirkhan Dosmukhambetov |
| | Mr. Gofur-Arslonbek Rakhimov |
| | Mr. Hemasiri Fernando |
| | Mr. Mohammad Ali Abadi |
| | Mr. Tsunekazu Takeda |
| | Mr. Yu Zaiqing |
| | Prof. Dr. Hoang Vinh Giang |
| | Mr. Yong-Sung Park |
| | Mr. Sapardurdy Toylyyev |
| | Mr. Kanokphand Chulakasem |
| | |



| Chairman, Information & Statistics Committee | Mr. Bahram Afsharzadeh |
|---|-------------------------------------|
| Chairman, Rules Committee | Sheikh Talal Fahad Ahmad J Al-Sabah |
| Chairwoman, Women and Sports Committee | Mrs. Natalya Sipovich |
| Chairwoman, International Relations Committee | Mrs. Rita Sri Wahyusih Subowo |
| Chairman, Advisory Committee | Mr. Ng Ser Miang |
| Chairman, Peace Through Sport Committee | HRH Prince Faisal Bin Al-Hussein |
| Chairman, Medical Committee | Dr. Jegathesan Manikavasagam |
| Chairman, Sports Environment Committee | Mr. Kyung-Sun Yu |
| Chairwoman, Athletes Committee | Mrs. Yuko Arakida |
| Chairman, Sports Committee | Mr. Zhang Jilong |
| Chairman, Sports For All Committee | Brig Gen. Mowaffak Joumaa |
| Chairman, Media Committee | Mr. Charles King Chiu Lo |
| Chairman, Finance Committee | Mr. Kevin Kuo-I Chen |
| Chairman, Culture Committee | Mr. Mohammad A. Alkamali |
| Chairman, Education Committee | Dr. Rashed Hamad Al Sebaie |
| Members | Mr. Manuel Silverio |
| | Gen. Souhail Khoury |
| | Mr. Habib Abdul Nabi Yousuf Macki |
| | Mr. Jose Cojuangco, Jr. |
| | HRH Prince Haji Sufri Bolkiah |
| Director General & Technical Director | Mr. Husain A H Z Al-Musallam |



2.2 Incheon Asian Games Organizing Committee (IAGOC)

2.2.1 IAGOC Members

| Kim Youngsoo | |
|----------------|---|
| Song Younggil | |
| Kwon Kyungsang | Kim Chong |
| Shin Yongsuk | |
| Kim Jaeyun | |
| Lee Keeheung | |
| Lee Seongman | |
| Chung Jungtaek | |
| Kim Jungwha | Kim Jiyoung |
| Park Sangkyu | Park Seunghee |
| Park Joobong | Sung Namgi |
| Yang Jaiwan | Yu Kyungsun |
| Lee Kyuseng | Jang Changsun |
| Jun Yongtae | |
| | Song Younggil Kwon Kyungsang Shin Yongsuk Kim Jaeyun Lee Keeheung Lee Seongman Chung Jungtaek Kim Jungwha Park Sangkyu Park Joobong Yang Jaiwan Lee Kyuseng |

2.2.2 Secretariat

| Secretary General | Kwon Kyungsang |
|---|----------------|
| 1st Deputy Secretary General | Su Jungghyu |
| 2 nd Deputy Secretary General | Son Cheontaik |
| Director General, Planning and Coordination HQ | Lee Ilhee |
| Director General, Business HQ | Choi Janghyuk |
| Director General, Operations Support HQ | Lee Buhyun |
| Director General, Public Relations HQ | Kim Jaein |
| Director General, Media HQ | Son Sangjin |
| Director General, Sports HQ | Jo Youngha |
| Director General, Cultural Events & Ceremonies HQ | Loh Ilshik |
| Director General, International Relations HQ | Jung Kiyoung |
| | |



2.3 OCA Members

| NOC | Code |
|---------------------------------------|---|
| Afghanistan | AFG |
| Bahrain | BRN |
| Bangladesh | BAN |
| Bhutan | BHU |
| Brunei Darussalam | BRU |
| Cambodia | CAM |
| People's Republic of China | CHN |
| Democratic People's Republic of Korea | PRK |
| Hong Kong, China | HKG |
| India | IND |
| Indonesia | INA |
| Islamic Republic of Iran | IRI |
| Iraq | IRQ |
| Japan | JPN |
| Jordan | JOR |
| Kazakhstan | KAZ |
| Republic of Korea | KOR |
| Kuwait | KUW |
| Kyrgyzstan | KGZ |
| Lao People's Democratic Republic | LA0 |
| Lebanon | LIB |
| Macau, China | MAC |
| | Afghanistan Bahrain Bangladesh Bhutan Brunei Darussalam Cambodia People's Republic of China Democratic People's Republic of Korea Hong Kong, China India Indonesia Islamic Republic of Iran Iraq Japan Jordan Kazakhstan Republic of Korea Kuwait Kyrgyzstan Lao People's Democratic Republic Lebanon |

| No. | NOC | Code |
|-----|----------------------|------|
| 23 | Malaysia | MAS |
| 24 | Maldives | MDV |
| 25 | Mongolia | MGL |
| 26 | Myanmar | MYA |
| 27 | Nepal | NEP |
| 28 | Oman | OMA |
| 29 | Pakistan | PAK |
| 30 | Palestine | PLE |
| 31 | Philippines | PHI |
| 32 | Qatar | QAT |
| 33 | Saudi Arabia | KSA |
| 34 | Singapore | SIN |
| 35 | Sri Lanka | SRI |
| 36 | Syrian Arab Republic | SYR |
| 37 | Chinese Taipei | TPE |
| 38 | Tajikistan | TJK |
| 39 | Thailand | THA |
| 40 | Timor-Leste | TLS |
| 41 | Turkmenistan | TKM |
| 42 | United Arab Emirates | UAE |
| 43 | Uzbekistan | UZB |
| 44 | Vietnam | VIE |
| 45 | Yemen | YEM |



II. General Information

1. The 17th Asian Games Incheon 2014 in Brief

1.1 Games Overview

Duration September 19 ~ October 4, 2014 (16 days) In and around Incheon Metropolitan City Location

| Games Venue 48 venues in total (35 in Incheon, 13 in Co-Host Cities)

| Sports Program 36 sports / 437 events

| Patron Olympic Council of Asia (OCA)

The 2014 Incheon Asian Games Organizing Committee (IAGOC) Host

1.2 Objectives

- Bring forth mutual communication, reconciliation and peace in Asia
- · Asian Games that share joy and glory
- · Realize practical and economically efficient games

1.3 Slogan

평화의 숨결, 아시아의 미래 **Diversity Shines Here**

Letting the brilliant and diverse histories, cultures, traditions and religions of Asian countries shine together, striving for the peace of humankind through friendship and harmony, and building a shining future for Asia by uniting.



1.4 Emblem



- Embodied 'A (initial of Asia)' into a human form to dynamically illustrate Asians hand-in-hand and soaring with wings.
- The image of moving towards the bright sun (symbol of OCA and Asian Games) symbolizing constant movement towards a bright future.
- Implies a message of hope for Asians to build friendship and harmony through the 2014 Incheon Asian Games, and for people across the globe to participate in the festival.

1.5 Mascots



Personification of three harbor seal brothers and sister, very rare species, living in the Baekryong Isles, located on the western Korean peninsula. They call themselves, Vichuon (Light), Barame (Wind), and Chumuro (Dance). These seals roam freely between two Koreas beyond the ideology and conflicts, therefore carry the desire for unity, which Asia has longed for.

2. Accreditation and Validation

Asian Games Identification and Accreditation Cards (AGIAC) will act as an entry visa to Korea and ensure special access to the Games venues including the HQ Hotel and competition venues. IAGOC will distribute Accreditation Guide and Accreditation Application Forms to Accreditation Responsible Organizations by December 2013. The online Accreditation System will open on December 1, 2013. The deadline for the submission of the application forms is April 30, 2014. IAGOC will distribute the Pre-valid AGIAC to the confirmed participants from August 2014. Upon the arrival in Incheon, pre-valid AGIAC holders should visit one of the accreditation centers with their effective identification documents and validate their pre-valid AGIAC. Once validated, AGIAC becomes an official Games document.



3. Immigration and Visa

From August 20 to October 19, 2014, AD Card holders will be permitted multiple entries into Korea upon presentation of their valid passports or travel documents. AD Card holders will not need to apply for a Korean Entry Visa or Residence Permit in order to enter the country (Provided that the press are allowed to enter Korea without visa for 90 days, from July 22, 2014 to October 19, 2014, which can afford every facility for the press).

Any AD Card holder wishing to enter Korea before or after the valid period of the AD Card, or to remain in Korea after its expiry date, will need to make their own arrangements regarding visas according to Korean immigration law.

AD Card holders should ensure that the information on their valid passport when entering Korea is exactly the same with the information on the certified document used for application for AD Card, and that their passports remain valid at least until October 19, 2014.

4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athletes and team officials, depending on arrival and departure information and flight schedule. Before departure, Shuttle Bus Services require advance reservation.

4.2 Dedicated Vehicle Services

Dedicated Vehicle Services will be provided between Athletes' Village and the designated areas, depending on team events and on the size of NOC participants. Dedicated Vehicle Services require advance reservation and approval.

4.3 Transport Services for Competitions (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the competition venues as per the competition schedule.

4.4 Transport Services for Training (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the training venues as per the training schedule.



4.5 Transport Services for Spectating

The AV-to-venues shuttle will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events: priority, however, will be given to athletes and team officials participating in their own events.

* Tickets are required for spectating.

4.6 Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principal, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to the destinations.

5. Accommodation

During the Games time, over 13,000 athletes and team officials including extra officials will be accommodated at Incheon Guwol Asiad Athletes' Village located in Incheon. Pre-opening of Athletes' Village will be on September 5, 2014. The Athletes' Village will officially be open on September 12, 2014 and will close on October 7, 2014. A variety of amenities and recreational facilities will be offered for the Games family at Athletes' Village. For the sake of the safety, separate signage is required for entering the area.

6. Media

6.1 Mixed Zone

The Mixed zone is an area in which athletes may be interviewed as soon as they leave the field of play. The Mixed Zone is designed to permit the broadcasters and press to interview athletes in a designated area near the field of play. In accordance with OCA's rules, all athletes must pass through the Mixed Zone. Mixed Zone interviews are recommended within limited time each to let the broadcasters and press to have an equal opportunity to speak to the athletes.

The AFs and IAGOC Sports Operations Team will provide all necessary assistance to ensure the convenience of Mixed Zone.



6.2 Press Conference

After each event, the designated medalists will attend a press conference at the venue as well as coaches if circumstances dictate. They should accompany to the press conference room. Medalists press conference will be held right after the medal presentation ceremonies at the venue. Sports operational staff will bring athletes to the press conference room.

Translation services will be provided with English and Korean during the press conferences at the venues. If medalists do not speak English or Korean, NOCs are requested to assign an interpreter with the medalists attending the press conference.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during operating period. Polyclinic in the Athletes' Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics). ophthalmology, stomatology, medical imaging, physical therapy, pharmacy, etc.

It will also have an emergency room open 24 hours a day, with stand-by ambulances. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family VIP quests, NOC quests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in Polyclinic or designated hospitals for free of charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Korea in brief

| | Country Name | Republic of Korea |
|-----------------------|---------------------------------|--|
| | Capital City | Seoul |
| | Location | Strategically located at the crossroads of Northeast Asia, Korea lies between Japan, the Russian far East, and China |
| General (2013) | Territory | 220,000km² |
| (2013) | National Flag | Taegeukgi |
| | National Flower | Rose of Sharon |
| | Currency (November 16, 2013) | won (US \$1 = 1,063 won) |
| | Language | Korean (Writing system : Hangul) |
| Population | Total Population | 51million |
| (2013) | Population Increase Rate | 0.38% |
| | Gross Domestic Product | US\$ 1,151 billion |
| | Exports | US\$ 552.6 billion |
| Economy (2012) | Imports | US\$ 514.2 billion |
| | Major Industrial Products | Semiconductors, automobiles, ships, consumer electronics, mobile telecommunication devices steel and chemicals. |
| | Weekend | Saturday and Sunday |
| Tourist | Working Hours | Monday ~ Friday (09:00 ~ 18:00) |
| Information | Local Time | Greenwich Mean Time +9 hours |
| | Electrical Voltage | 220V |



8.2 Incheon in brief

Introduction to Incheon

The name "Incheon" was first used in the late Goryeo Era. Before then, Incheon was called "Michuhol" in the Baekie Era, Incheon was the first city to experience civilization through trade. religion and education. The constant foreign invasions eventually made the people of Incheon realize the importance of modern education and search for international experiences. After the construction of Gyeonabu Expressway, Incheon's geographic importance in exchanges with China was realized and Incheon International Airport, one of the world's most advanced airports, was built on Yeongiong Island, making Incheon the hub of Northeast Asia. In addition, Incheon Free Economic Zone was designated in 2003 and now is an international city.

Transportation

The so-called Penta-port City, Incheon has a superb traffic infrastructure with unparalleled accessibility. It features the world's finest Incheon International Airport, Incheon Port, the 1st and 2nd Gyeongin Highways, the West Coast Highway, the Yeongdong Highway, and the Seoul Outer Beltway, Incheon is also geographically close to Seoul, and the two cities are well connected.

Area and Location

The current administrative unit covers a total area of 1,032.41km², or 1% of South Korea between 36° 55′ - 37° 58′ N and 124° 36′ - 126° 47′ E.

Population

As of October 2013, the city has a total population of 2,923,456 with more than 1,115,516 households. Incheon is rapidly developing into the third largest city in Korea, following Seoul and Busan, the first and the second largest, respectively.

Touristic Resources

Incheon enjoys rich touristic resources and the famous Eight Top Scenic Spots of Incheon like Wolmi Culture Street, Chinatown, Memorial Hall for Incheon Landing Operation, Songdo Central Park, Incheon Grand Park, Sorae Port, Rodeo Street, Bupyeong Underground Shopping Center, etc. More detailed information on Incheon tour will be found at http://itour.visitincheon.org and provided with English, Chinese, Japanese and Korean.



9. Weather Condition

Korea is geographically situated in the Far East of Northern Hemisphere. It has a moderate climate and is characterized with distinctive four seasons such as spring, summer, autumn and winter.

Incheon is located in the mid-west of the Korean peninsula with an average sea level low, abutting the west sea. Incheon has a relatively dry climate and is also greatly affected by seasonal winds.

The average annual temperature is approximately 12.1°C, with an average rainfall of 1,234.4mm and relative humidity of 69% respectively.

It is said to have a pleasant climate condition, a small rainfall and long sunshine hours while approaching the end of September. It is an optimum weather for athletes to play and perform in its best weather condition.

The following is the climate distribution record of Incheon from September 16 to October 15 (1 month) over the past 10 years. (2003-2012)

| Mean Temperature | 18.8℃ |
|------------------------------|--------------------|
| Average Maximum Temperature | 23 .1℃ |
| Maximum Temperature | 30.1℃ |
| Average Minimum Temperature | 15.2℃ |
| Minimum Temperature | 7.4℃ |
| Average Relative Humidity | 68% |
| Average Hours of Sunshine | 192.2hr |
| Mean Wind Speed | 2.0%≲ |
| Rainfall | 97.7 _{mm} |
| Average Rainy Days | 6.7 days |
| Average Atmospheric Pressure | 1,016.3hpa |
| | |



III. Technical Information

1. Competition Date

The Weightlifting competition will be held from September 20 to 26, 2014 at Songdo 23rd Neighborhood Park.

2. Venue

| Category | Competition Venue | Training Venue |
|-------------------------------------|---|--|
| Name | Songdo 23rd Neighborhood Park | Incheon Metropolitan City Human Resources Development Center |
| Distance from the Athletes' Village | 10km | 16km |
| Size | Stage : 12×12 m Platform : 4×4 m | 34×66m |
| Seating Capacity | 1,500 seats (temporary) | |

3. Competition Management

3.1 Technical Delegate: Attila Adamfi (HUN)

- Competition Director, International

3.2 Competition Manager: Kim Jongsu (KOR)

4. Competition Events

The Weightlifting competition will consist of fifteen (15) events, including eight (8) categories for men and seven (7) categories for women as follows:

| Men's (8) | Women's (7) |
|------------------------------|------------------------------|
| 56kg, 62kg, 69kg, 77kg, 85kg | 48kg, 53kg, 58kg, 63kg, 69kg |
| 94kg, 105kg, +105kg | 75kg, +75kg |



5. Competition Schedule

| Date | Session | Time | Gender | Event | Phase |
|------------------|---------|---------------|--------|--------|---------|
| | | 12:00 - 13:30 | W | 48kg | Group B |
| 20 Sep. | 10// 04 | 14:00 - 15:30 | М | 56kg | Group B |
| (Sat) | WL01 | 16:00 - 18:00 | W | 48kg | Group A |
| | | 19:00 - 21:00 | М | 56kg | Group A |
| | | 12:00 - 13:30 | W | 53kg | Group B |
| 21 Sep. | VV/I 03 | 14:00 - 15:30 | М | 62kg | Group B |
| (Sun) | WL02 | 16:00 - 18:00 | W | 53kg | Group A |
| | | 19:00 - 21:00 | М | 62kg | Group A |
| | | 12:00 - 13:30 | W | 58kg | Group B |
| 22 Sep. | 14/1.00 | 14:00 - 15:30 | М | 69kg | Group B |
| (Mon) | WL03 | 16:00 - 18:00 | W | 58kg | Group A |
| | | 19:00 - 21:00 | М | 69kg | Group A |
| | | 12:00 - 13:30 | W | 63kg | Group B |
| 23 Sep. | 144.04 | 14:00 - 15:30 | М | 77kg | Group B |
| (Tue) | WL04 | 16:00 - 18:00 | W | 63kg | Group A |
| | | 19:00 - 21:00 | М | 77kg | Group A |
| | | 12:00 - 13:30 | W | 69kg | Group B |
| 24 Sep. | 14/1.05 | 14:00 - 15:30 | М | 85kg | Group B |
| (Wed) | WL05 | 16:00 - 18:00 | W | 69kg | Group A |
| | | 19:00 - 21:00 | М | 85kg | Group A |
| | | 10:00 - 11:30 | W | 75kg | Group B |
| 05.0 | | 12:00 - 13:30 | М | 94kg | Group B |
| 25 Sep. (Thu) | WL06 | 14:00 - 15:30 | М | 105kg | Group B |
| (Tilu) | | 16:00 - 18:00 | W | 75kg | Group A |
| | | 19:00 - 21:00 | М | 94kg | Group A |
| | | 09:00 - 10:30 | W | +75kg | Group B |
| 00.0 | | 11:00 - 12:30 | М | +105kg | Group B |
| 26 Sep. (Fri) | WL07 | 13:00 - 15:00 | М | 105kg | Group A |
| \··'/ | | 16:00 - 18:00 | W | +75kg | Group A |
| | | 19:00 - 21:00 | М | +105kg | Group A |

^{*} Note: This competition schedule is subject to change depending on the number of final entries.



6. Competition Rules

The Weightlifting competition of the 17th Asian Games will be held in accordance with the latest Technical and Competition Rules and Regulations of the International Weightlifting Federation (IWF).

In case of any disagreement in the language interpretation of the rules and regulations, the English version shall prevail. Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

- · General issues: Resolved in accordance with OCA Constitution and Rules
- · Technical issues: Resolved in accordance with the IWF Rules and Regulations

7. Competition Format

Competition will be held in accordance with the latest technical rules, of which the snatch and the clean and jerk are included. The results will be ranked according to the total weight achieved of the two types of lifts (the snatch and the clean and jerk). Gold, silver and bronze medals are awarded respectively to the first three (3) places for the total in each of the bodyweight categories.

8. Sport Entries

8.1 Eligibility

- Only OCA member NOCs are entitled to send athletes to participate in the Weightlifting competition of the 17th Asian Games.
- Only athletes who comply with the OCA Constitution and Rules and its Bye-law are entitled to participate in the Weightlifting competition.

8.2 Entry Timeline

- Entry by Sport Deadline: 24:00 October 31 2013 (Seoul Time, GMT +9)
- Entry by Number Deadline: 24:00 June 20 2014 (Seoul Time, GMT +9)
- Entry by Name Deadline: 24:00 August 15 2014 (Seoul Time, GMT +9)



8.3 Entry Policies

- Individual Events: Each NOC must be distributed amongst the bodyweight categories with a maximum of two (2) athletes per category.
- Total: Each NOC may enter a team of maximum of eight (8) men and seven (7) women athletes.
 - ** NOCs that withdraw their athletes or teams after the submission of the final entries by name and Team Sport Draw will be faced with disciplinary action by the OCA EB.

9. Technical Officials

International Technical Officials shall be approved by the IWF in consultation with the AWF.

AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and
approval of OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations
by any participant, the OCA has the right to revoke the AD Card and propose change of the
person to the concerned party.

10. Technical Meeting

- Date: TBD / Time and Place: TBD

11. Protests and Appeals

Protests and Appeals shall be lodged in accordance with the latest IWF Technical and Competition Rules. All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

** Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and IWF in force. (IWF-approved Sport Equipment will be used in the competition and training.)

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and IAGOC.



13. Doping Control

Doping Control during the 17th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti - Doping programme.

IAGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

14. Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked the top three of each event respectively. Before the Medal Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the Victory Ceremony. Medalists must wear their NOC official uniforms.

15. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

16. Sport Information Center (SIC)

All sport-specific information for Weightlifting will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

17. Approval of the Technical Handbook

The Technical Handbook for Weightlifting has been approved by the Asian Weightlifting Federation (AWF) on November 12, 2013.



IV. General Contacts

| International | President | Tamas Ajan (HUN) |
|--------------------------|-------------------|--|
| Weightlifting Federation | General Secretary | Wenguang Ma (CHN) |
| (IWF) | Address | House of HS, Istvanmezei ut 1-3, 1146 Budapest Hungary |
| | Phone | +36 1353 0530 |
| | Fax | +36 1353 0199 |
| | Email | iwf@iwfnet.net |
| | Web | www.iwf.net |
| Asian Weightlifting | President | Mohamed Yousef Al-Mana (QAT) |
| Federation (AWF) | General Secretary | Ali Moradi (IRI) |
| | Address | Unit 8, floor 2-No 2 -St. 189 West (Shahid Lorestani)Tehran Pars - Tehran - I.R .Iran |
| | Phone | +98 21 7772 1668 / +98 21 7771 5714 (Mobile) +98 912 114 6143 |
| | Fax | +98 21 7786 0189 |
| | Email | awf@a-w-f.net |
| | Web | www.a-w-f.net |
| Technical Delegate | Name | Attila Adamfi (HUN) |
| | Phone | +361 353 0530 |
| | Email | attila.adamfi@iwfnet.net |
| Korea Weightlifting | President | Ryu Wonki |
| Federation (KWF) | Secretary General | Ahn Hyojack |
| | Address | Room 610 Olympic Center, 424 Olympic-ro, Songpa-gu, Seoul, Korea, 138-749 |
| | Phone | +82 2 420 4260 |
| | Fax | +82 2 419 2974 |
| | Email | youngeehyun@hanmail.net |
| | Web | www.weightlifting.or.kr |



| IAGOC Sports Planning Department | Address | Room 1303 Meetyouall Tower, 12 Gaetbeol-ro, Yeonsu-gu, Incheon, Korea, 406-740 | | | | | | | |
|----------------------------------|---------|---|--|--|--|--|--|--|--|
| Doparanone | Phone | +82 32 458 2222 | | | | | | | |
| | Fax | +82 32 458 2209 | | | | | | | |
| | Email | sports_dpt@incheon2014.kr, sports.incheon2014@gmail.com | | | | | | | |
| | Web | www.incheon2014.kr | | | | | | | |
| IAGOC Competition | Name | Kim Jongsu | | | | | | | |
| Manager | Phone | +82 32 458 2244 | | | | | | | |
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Songdo 23rd Neighborhood Park 송도23호근린공원



V . General Competition Schedule

| | | 4= | 4.0 | 4- | 40 | 40 | | | | | | | | | | | | | | | | |
|-----------------------------------|---------|----|-----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--------|
| Sep/Oct. 2014 | 14 S | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 1 | 2 | 3 | 4 | Gold |
| Competition Day | | M | Т | W | Т | F | S | S | M | Т | W | Т | F | S | S | M | Т | W | Т | F | S | Medals |
| Competition Day | -5 | -4 | -3 | -2 | -1 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| Opening Ceremony | | | | | | * | | | | | | | | | | | | | | | | |
| Aquatics-Swimming | | | | | | | | 6 | 6 | 7 | 7 | 6 | 6 | | | | | | | | | 38 |
| Aquatics-Diving | | | | | | | | | | | | | | | | 2 | 2 | 2 | 2 | 2 | | 10 |
| Aquatics-Synchronised Swimming | | | | | | | 1 | | 1 | 1 | | | | | | | | | | | | 3 |
| Aquatics - Water Polo | | | | | | | | | | 1 | | | | | | | | 1 | | | | 2 |
| Archery | | | | | | | | | | | | | | 4 | 4 | | | | | | | 8 |
| Athletics | | | | | | | | | | | | | | 7 | 6 | 7 | 4 | 11 | 11 | 1 | | 47 |
| Badminton | | | | | | | | | 1 | 1 | | | | 1 | 2 | 2 | | | | | | 7 |
| Baseball-Baseball | | | | | | | | | | | | | | | 1 | | | | | | | 1 |
| Baseball-Softball | | | | | | | | | | | | | | | | | | | 1 | | | 1 |
| Basketball | | | | | | | | | | | | | | | | | | | 1 | 1 | | 2 |
| Bowling | | | | | | | | | | 1 | 1 | 1 | 1 | | 2 | | 4 | | 2 | | | 12 |
| Boxing | | | | | | | | | | | | | | | | | | 3 | | 10 | | 13 |
| Canoe/Kayak-Sprint | | | | | | | | | | | | | | | | 6 | 6 | | | | | 12 |
| Canoe/Kayak-Obstacle Slalom | | | | | | | | | | | | | | | | | | | 2 | 2 | | 4 |
| Cricket | | | | | | | | | | | | | 1 | | | | | | | 1 | | 2 |
| Cycling-Track | | | | | | | 2 | 2 | 1 | 1 | 1 | 3 | | | | | | | | | | 10 |
| Cycling-Road | | | | | | | | | | | | | | 2 | 1 | 1 | | | | | | 4 |
| Cycling-MTB | | | | | | | | | | | | | | | | | 2 | | | | | 2 |
| Cycling-BMX | | | | | | | | | | | | | | | | | | 2 | | | | 2 |
| Equestrian | | | | | | | | 1 | | | 1 | | | 2 | | 1 | | 1 | | | | 6 |
| Fencing | | | | | | | 2 | 2 | 2 | 2 | 2 | 2 | | | | | | | | | | 12 |
| Football | | | | | | | | | | | | | | | | | | 1 | 1 | | | 2 |
| Golf | | | | | | | | | | | | | | | 4 | | | | | | | 4 |
| Gymnastics-Artistic | | | | | | | | 1 | 1 | 2 | 5 | 5 | | | | | | | | | | 14 |
| | | | | | | | | | | | | | | | | | | | | | | |



| | 4.4 | 45 | 10 | 47 | 10 | 10 | 00 | 04 | 00 | 00 | 0.4 | 05 | 00 | 07 | 00 | 00 | 00 | | _ | _ | | |
|--------------------------------|---------|----|----|----|----|----|----|----|----|----|-----|----|----|----|----|----|----|----|----|----|----|--------|
| Sep/Oct. 2014 | 14 S | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 1 | 2 | 3 | 4 | Gold |
| Competition Day | | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | Medals |
| Competition Day | | -4 | -3 | -2 | -1 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| Gymnastics-Rhythmic | | | | | | | | | | | | | | | | | | 1 | 1 | | | 2 |
| Gymnastics-Trampoline | | | | | | | | | | | | | 2 | | | | | | | | | 2 |
| Handball | | | | | | | | | | | | | | | | | | 1 | 1 | | | 2 |
| Hockey | | | | | | | | | | | | | | | | | | 1 | 1 | | | 2 |
| Judo | | | | | | | 4 | 5 | 5 | 2 | | | | | | | | | | | | 16 |
| Kabaddi | | | | | | | | | | | | | | | | | | | | 2 | | 2 |
| Karate | | | | | | | | | | | | | | | | | | | 5 | 5 | 3 | 13 |
| Modern Pentathlon | | | | | | | | | | | | | | | | | | | 2 | 2 | | 4 |
| Rowing | | | | | | | | | | | 7 | 7 | | | | | | | | | | 14 |
| Rugby | | | | | | | | | | | | | | | | | | | 2 | | | 2 |
| Sailing | | | | | | | | | | | | | | | | | | 14 | | | | 14 |
| Sepaktakraw | | | | | | | | | | | | 2 | | | | | 2 | | | 2 | | 6 |
| Shooting | | | | | | | 6 | 6 | 4 | 4 | 10 | 6 | 4 | 4 | | | | | | | | 44 |
| Squash | | | | | | | | | | 2 | | | | 2 | | | | | | | | 4 |
| Table Tennis | | | | | | | | | | 2 | | | 3 | 2 | | | | | | | | 7 |
| Taekwondo | | | | | | | | | | | | | | | | | 4 | 4 | 4 | 4 | | 16 |
| Tennis-Tennis | | | | | | | | | | 2 | | | | | | 3 | 2 | | | | | 7 |
| Tennis-Soft Tennis | | | | | | | | | | | | | | | | | 2 | 1 | 2 | | 2 | 7 |
| Triathlon | | | | | | | | | | | | 2 | 1 | | | | | | | | | 3 |
| Volleyball-Volleyball | | | | | | | | | | | | | | | | | | | 1 | 1 | | 2 |
| Volleyball-Beach Volleyball | | | | | | | | | | | | | | | 1 | 1 | | | | | | 2 |
| Weightlifting | | | | | | | 2 | 2 | 2 | 2 | 2 | 2 | 3 | | | | | | | | | 15 |
| Wrestling | | | | | | | | | | | | | 3 | 4 | 4 | 4 | 3 | | | | | 18 |
| Wushu | | | | | | | | | | | | | | | | 2 | 2 | 2 | 2 | 7 | | 15 |
| Closing Ceremony | | | | | | | | | | | | | | | | | | | | | * | |
| Total | | | | | | | 17 | 25 | 23 | 30 | 36 | 36 | 24 | 28 | 25 | 29 | 33 | 45 | 41 | 40 | 5 | 437 |

^{*} The competition schedule is subject to change in accordance with the final entries.





VI. Man of Competition Venue

| Νg | THE STATE OF THE S | Event |
|----|--|---|
| 1 | Munhak Park Tae-hwan Aquatics Center | Aquatics (Swimming, Diving, Synchronised Swimming) |
| 2 | Dream Park Aquatics Center | Aquatics (Water Polo), |
| 2 | Gyeyang Asiad Archery Field | Modern Pentathlon (Swimming Archery |
| | Incheon Asiad Main Stadium | Athletics (Track, Field, Combine |
| | Marathon Course and | Athletics (Road Race) |
| | Race Walking Course | |
| | Gyeyang Gymnasium | Badminton, Karate |
| | Munhak Baseball Stadium | Baseball |
| | Mokdong Baseball Stadium | Baseball |
| | Songdo LNG Baseball Stadium | Softball |
| | Samsan World Gymnasium | Basketball |
| | Hwaseong Sports Complex Gymnasium | |
| | Anyang Hogye Gymnasium | Bowling |
| | Seonhak Gymnasium | Boxing |
| | Hanam Misari Canoe/Kayak Center | Canoe/Kayak |
| | Yeonhui Cricket Ground | Cricket |
| | Incheon International Velodrome | Cycling (Track) |
| | Songdo Road Cycling Course | Cycling (Road) |
| | Ganghwa MTB Course | Cycling (MTB) |
| | Ganghwa Asiad BMX Track | Cycling (BMX) |
| 20 | Dream Park Equestrian Venue | Equestrian, Modern Pentathlor (Riding) |
| | Goyang Gymnasium | Fencing, Wushu |
| | Incheon Worldcup Stadium | Football |
| | Incheon Football Stadium | Football |
| 24 | Ansan Wa Stadium | Football |
| | Goyang Stadium | Football |
| | Hwaseong Sports Complex Main Stadium | Football |
| | Dream Park Country Club | Golf |
| | Namdong Gymnasium | Gymnastics |
| | Seonhak International Ice Rink | Handball |
| | Suwon Gymnasium | Handball, Kabaddi |
| 31 | Seonhak Hockey Stadium | Hockey |
| 32 | Dowon Gymnasium | Judo, Wrestling |
| 33 | Dream Park Complex Course | Modern Pentathlon (Shooting, Running) |
| 34 | Chungju Tangeum Lake Rowing Center | Rowing |
| | Namdong Asiad Rugby Field | Football, Rugby |
| | Wangsan Sailing Marina | Sailing |
| | Bucheon Gymnasium | Sepaktakraw |
| | Ongnyeon International | Shooting |
| - | Shooting Range | (Rifle, Pistol, Running Target) |
| 39 | Gyeonggido Shooting Range | Shooting (Shotgun) |
| | Yeorumul Squash Courts | Squash |
| 41 | Ganghwa Dolmens Gymnasium | Table Tennis, Taekwondo |
| 42 | Yeorumul Tennis Courts | Tennis, Soft Tennis |
| | Songdo Central Park | Triathlon |
| | Songnim Gymnasium | Volleyball |
| | Ansan Sangnoksu Gymnasium | Volleybali |
| | Munhak Beach Volleyball Venue | Volleyball (Beach Volleyball) |
| | Dream Park Fencing Venue | Modern Pentathlon (Fencing) |
| | Songdo 23rd Neighborhood Park | Weightlifting |
| | | |





