TECHNICAL HANDBOOK



The 5th Asian Beach Games

From September 24th to October 3rd 2016 Danang, Vietnam



SAMBO

I. ORGANIZATIONS

1. OLYMPIC COUNCIL OF ASIA

OCA Executive Board

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Mr. Jizhong WEI (China)

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Chairman of Advisory Committee Mr. Ng Ser Miang (Singapore)

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Chairman of Sports Environment Committee Mr. Kyung-Sun Yu (Korea)

Chairman of Medical Committee Dr. Manikavasagam Jegathesan (

Chairman of Medical CommitteeDr. Manikavasagam Jegathesan (Malaysia)Chairman of Sports for All CommitteeBrig Gen. Mowaffak Joumaa (Syria)Chairman of Media CommitteeMr. Charles King Chiu Lo (Macau, China)Chairman of Finance CommitteeMr. Kevin Kuo-l Chen (Chinese Taipei)

Chairman of Culture Committee Mr. Mohammad Al-Kamali (United Arab Emirates)

Chairman of Entourage Committee Mr. Daesung MOON (Korea)

Chairman of Education Committee HRH Prince Abdulhakim Bin Mosaa (Saudi Arabia)

Chairman of Coordination Committee Mr. Tsunekazu Takeda (Japan)

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Chairman of Information & Statistics Committee Chairman of International Relations Committee

Chairman of Sports Committee

Members

HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

HRH Prince Jigyel Ugyen WANGCHUCK (Bhutan)

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Mr. Habib Abdul Nabi Yousuf MACKI (Oman)

Gen. Souhail Khoury (Lebanon)

Director General & Technical Director Mr. Husain A H Z Al-Musallam (Kuwait)

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2. THE 5th ASIAN BEACH GAMES ORGANIZING COMMITTEE

| No | Name | Title | Duty |
|----|------------------|---|--------------------------|
| 1 | Le Khanh Hai | Deputy Minister of Culture, Sports & Tourism | Chairman |
| 2 | Vuong Bich Thang | Chairman of Vietnam Sports Administration | Standing Deputy Chairman |
| 3 | Nguyen Van Tuan | Chairman of Vietnam Tourism Administration | Deputy Chairman |
| 4 | Huynh Duc Tho | Chairman of Danang City People's Committee | Deputy Chairman |
| 5 | Hoang Vinh Giang | Standing Vice President of Vietnam Olympic Committee | Deputy Chairman |
| 6 | Dang Viet Dung | Deputy Chairman, Danang City People's Committee | Deputy Chairman |
| 7 | Tran Dang Yen | Lieutenant-General, Ministry of Public Security | Member |
| 8 | Dau Dinh Toan | Major General, Ministry of National Defence | Member |
| 9 | Pham Van Tuan | Deputy Chairman of Vietnam Sports Administration | Member |
| 10 | Tran Duc Phan | Deputy Chairman of Vietnam Sports Administration | Member |
| 11 | Luong Ngoc Khue | Director of Diagnosis and Treatment, Ministry of Health | Member |
| 12 | Ho Viet Ha | Director of Planning and Finance, Ministry of Culture, Sports and Tourism | Member |
| 13 | Phan Dinh Tan | Chief of Office - Ministry of Culture, Sports and Tourism; | Member |
| 14 | Pham Cao Phong | Director of Foreign Culture Affairs and UNESCO, Ministry of Foreign Affairs | Member |
| 15 | Tran Van Manh | Secretary General of Vietnam Olympic Committee | Member |
| 16 | Nguyen Manh Hung | Director of Elite Sport Department I, Vietnam Sports Administration | Member |
| 17 | Nguyen Trong Ho | Director of Elite Sport Department II, Vietnam Sports Administration | Member |
| 18 | Nguyen Van Binh | Director of Finance Planning, Vietnam Sports Administration | Member |
| 29 | Tan Le Minh | Director of Personnel Department , Vietnam Sports Administration | Member |
| 20 | Nguyen Hong Minh | Chief of Office, Vietnam Sports Administration | Member |
| 21 | Hoang Quoc Vinh | Director of International Relation Department, Vietnam Sports Administration | Member |
| 22 | Vu Van Thanh | Director of Hotel Department, Vietnam Tourism Administration | Member |
| 23 | Nguyen Manh Hung | Director of Ha Noi National Sports Training Center | Member |
| 24 | Le Hong Son | Director of Danang National Sports Training Center | Member |
| 25 | Dang Ha Viet | Director of Ho Chi Minh National Sports Training Center | Member |
| 26 | Phan Ngoc Tien | Director of Sport Program production Center, Vietnam Television | Member |
| 27 | Dam Quoc Chinh | Director of Sport information Center, Vietnam Sports Administration | Member |
| 28 | Hoang Du | Editor-in-chief, Vietnam Sport Newspaper | Member |
| 29 | Nguyen Phuc Linh | Deputy Director of Danang Deparment Culture, Sports and Tourism | Member |
| 30 | Tran Quoc Phuong | Deputy Director of Labor, Culture, Social, Ministry of Planning and Investment | Member |
| 31 | Le Manh Hung | Deputy Director of Student Affairs, Ministry of Education and Training | Member |
| 32 | Representative | Ministry of Finance | Member |

3. VIETNAM OLYMPIC COMMITTEE

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Fax: +84.4. 3843 6008

4. SPORT FEDERATIONS

International Sambo Federation (FIAS)

President: Mr. Vasily Shestakov Secretary General: Mr. Roberto Ferraris

Address: Av. De Rhodanie 54A, Ch-1007 Lausanne. Switzerland

Tel: 0041-21-601-7015 Fax: 0041-21-601-7016

Email: swissoffice@sambo-fias.com

Website: http://sambo-fias.org

Vietnam Sambo Association

President: Prof. Hoang Vinh Giang Secretary General: Mr. Nguyen Huu An

Address: 36 Tranphu, Badinh, Hanoi, Vietnam

Tel: +84.4.37472074
Fax: +84.4.37472074
Email: viesambo@gmail.com

5. MEMBERS OF OLYMPIC COUNCIL OF ASIA:

| No. | Country/Region | Code | Region code |
|-----|----------------------|--------|-------------|
| 1 | Afghanistan | AFG | SA |
| 2 | Bahrain | BRN | WA |
| 3 | Bangladesh | BAN | SA |
| 4 | Bhutan | BHU | SA |
| 5 | Brunei | BRU | SEA |
| 6 | Cambodia | CAM | SEA |
| 7 | China | CHN | EA |
| 8 | D.P.R. Korea | PRK | EA |
| 9 | Hong Kong, China | HKG | EA |
| 10 | India | IND | SA |
| 11 | Indonesia | INA | SEA |
| 12 | Iran | IRI | WA |
| 13 | Iraq | IRQ | WA |
| 14 | Japan | JPN | EA |
| 15 | Jordan | JOR | WA |
| 16 | Kazakhstan | KAZ | CA |
| 17 | Korea | KOR | EA |
| 18 | Kuwait | KUW | WA |
| 19 | Kyrgyzstan | KGZ | CA |
| 20 | Laos | LAO | SEA |
| 21 | Lebanon | LIB | WA |
| 22 | Macau, China | MAC | EA |
| 23 | Malaysia | MAS | SEA |
| 24 | Maldives | MDV | SA |
| 25 | Mongolia | MGL | EA |
| 26 | Myanmar | MYA | SEA |
| 27 | Nepal | NEP | SA |
| 28 | Oman | OMA | WA |
| 29 | Pakistan | PAK | SA |
| 30 | Palestine | PLE | WA |
| 31 | Philippines | PHI | SEA |
| 32 | Qatar | QAT | WA |
| 33 | Saudi Arabia | KSA | WA |
| 34 | Singapore | SIN | SEA |
| 35 | Sri Lanka | SRI | SA |
| 36 | Syria | SYR | WA |
| 37 | Chinese Taipei | TPE | EA |
| 38 | Tajikistan | TJK | CA |
| 39 | Thailand | THA | SEA |
| 40 | Timor- Leste | TLS | SEA |
| 41 | Turkmenistan | TKM | CA |
| 42 | United Arab Emirates | UAE | WA |
| 43 | Uzbekistan | UZB | CA |
| 44 | Vietnam | VIE | SEA |
| 45 | Yemen | YEM | WA |
| 40 | TOTACH | I LIVI | V V 🗥 |

II. GENERAL INFORMATION

1. Vietnam country profile

Geography

Vietnam is situated towards the eastern part of the Indochinese Peninsula. The geographic coordinates of Vietnam consist of latitude 102° 08' - 109° 28' east and longitude 8° 02' - 23° 23' north. Its borders are with China in the north, Laos and Cambodia in the west and Eastern Sea in the east.

Weather

Vietnam is located in the tropical and temperate zone with high temperature and humidity all year round. Vietnam's different regions have different climates and the climate changes by season and by region from lowlands to highlands, from North to South and from East to West.

There are two major climate regions in Vietnam. Northern Vietnam has a tropical monsoon climate with four distinguishable seasons (spring, summer, autumn and winter). Southern Vietnam has a rather moderate tropical climate given the weak influence of monsoons and is characterized by dry and rainy seasons and warm weather all year round.

Climate

The average temperature in Vietnam varies between 21°C and 27°C and increases from the North to the South. In summer, the average temperature is 25°C (Ha Noi 23°C, Danang 25°C, Ho Chi Minh City 26°C). In winter, temperature in the North reaches the lowest in December and January.

Culture

The culture of Vietnam is agricultural civilization based on wet rice cultivating. The culture has been influenced by neighboring China due to long historical relations. One characteristic of Vietnamese culture is filial duty in the families. Education and self-betterment are highly valued. Vietnam has an age-long and special culture that is closely attached to the history of the formation and development of the nation.

Vietnam has 54 ethnicities living across the country and each ethnicity has its own cultural colour, thus, the Vietnamese culture is a diversified unification.

Population

The total population in Vietnam was last recorded at 90.7 million people in 2014. Vietnam is a multi-nationality country with 54 ethnic groups. The Viet (Kinh) people account for 87% of the country's population.

Languages

The official spoken and written language of Vietnam is Vietnamese, various other languages are spoken by several minority groups in Vietnam. English, French, Russian and Chinese are widely spoken.

Monetary unit

The monetary unit of Vietnam is Dong (VND). The currency exchange is approximately 1 US dollar = 22,000 VND. Most foreign currencies are easily changed at airports, banks, hotels or money changers.

2. Danang

Danang in brief

Danang, the host city of the 5th Asian Beach Games is located in the central part of Vietnam with a coastline 30 kilometers long, famous for many beautiful beaches stretching from the North to the South.

Danang is one of the largest tourist destinations in the country, and located in the central point of three World Cultural Heritage Sites in Central Vietnam including My Son Holy Land, Hoi An Ancient Town and Hue Citadel.

Geography

Danang is situated in the centre of Vietnam, 764km from Ha Noi and 964km from Ho Chi Minh City. It lies on the north-south transport axis of land, rail, sea and air routes.

The city has a natural land area of 1,283.42km2, comprising 241.51km2 of urban districts and 1,041.91 km2 of rural districts.

Climate

Danang is located in the zone of typical tropical monsoon, temperate and equable climate. There are two seasons: the wet from August to December and the dry season from January to July.

Average temperature is about 26°C, the highest is 28-30°C in June - August. The average humidity is 83.4%; highest in October - November the average of 85.67 to 87.67%.

| | Climate data for Danang | | | | | | | | | | | | |
|--------------------|-------------------------|-------|-------|-------|-------|-------|------|-------|--------|--------|--------|-------|---------|
| Month | Jan | Feb | Mar | Apr | Мау | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Year |
| Record high °C | 32 | 35 | 37 | 41 | 39 | 38 | 38 | 38 | 37 | 36 | 35 | 32 | 41 |
| (°F) | 90 | 95 | 99 | 106 | 102 | 100 | 100 | 100 | 99 | 97 | 95 | 90 | 106 |
| Average high°C | 24.8 | 26.1 | 28.7 | 31.0 | 33.4 | 33.9 | 34.3 | 33.9 | 31.5 | 29.6 | 27.0 | 24.9 | 29,9 |
| (°F) | 76.6 | 79 | 83.7 | 87.8 | 92.1 | 93 | 93.7 | 93 | 88.7 | 85.3 | 80.6 | 76.8 | 85.8 |
| Daily mean °C | 21.7 | 23.0 | 25.1 | 27.2 | 29.2 | 29.7 | 29.8 | 29.7 | 27.8 | 26.4 | 24.3 | 22.1 | 26.3 |
| (°F) | 71.1 | 73.4 | 77.2 | 81 | 84.6 | 85.5 | 85.6 | 85.5 | 82 | 79.5 | 75.7 | 71.8 | 79.3 |
| Average low °C | 18.5 | 19.8 | 21.5 | 23.3 | 24.9 | 25.5 | 25.3 | 25.5 | 24.1 | 23.2 | 21.6 | 19.3 | 22.7 |
| (°F) | 65.3 | 67.6 | 70.7 | 73.9 | 76.8 | 77.9 | 77.5 | 77.9 | 75.4 | 73.8 | 70.9 | 66.7 | 72.9 |
| Record low °C | 8 | 7 | 11 | 7 | 18 | 20 | 17 | 21 | 21 | 12 | 7 | 11 | 7 |
| (°F) | 46 | 45 | 52 | 45 | 64 | 68 | 63 | 70 | 70 | 54 | 45 | 52 | 45 |
| Avg. precipitation | 96.2 | 33.0 | 22.4 | 26.9 | 62.6 | 87.1 | 85.6 | 103.0 | 349.7 | 612.8 | 366.2 | 199.0 | 2.044,5 |
| (inches) | 3.787 | 1.299 | 0.882 | 1.059 | 2.465 | 3.429 | 3.37 | 4.055 | 13.768 | 24.126 | 14.417 | 7.835 | 80.492 |

Transportation

Danang is on the North-South axis of roads, railways, waterways and airlines.

- * Road: National Highways 1A and 14B run through the city, providing road connections to Hanoi in the north and Ho Chi Minh City in the south, as well as the Central Highlands and Laos to the west.
- * Railway: Danang station is located in the center of city. The trans-Vietnam railway from Lang Son to Ho Chi Minh City goes through Danang. Danang is a major station along the North-South Railway, also known as the Reunification Express.
- * Waterway: Tien Sa is one of the largest deep-water ports in central Vietnam. This is an international seaport receiving big vessels and is an excellent harbour located in a wonderful position.
- * Airline: Danang International Airport, located at the center of the city, is the third largest international airport in Vietnam. It is an important gateway to access central of Vietnam. The airport has domestic connections to Ha Noi, Ho Chi Minh City, Hai Phong, Da Lat, Nha Trang, Buon Ma Thuot, Vinh, Can Tho and Pleiku, as well as international connections to China (Guangzhou, Kunming, Chengdu, Xian...), Siem Reap (Cambodia), Singapore, Korea (Incheon, Busan), Kuala Lumpur (Malaysia), Macau, Hong Kong and Narita (Japan).

3. The 5th Asian Beach Games in brief

The Asian Beach Games is a multi-sport event held every two years among athletes representing 45 National Olympic Committees from Asia. The Games is regulated by the Olympic Council of Asia. The Asian Beach Games celebrates cooperation and unity despite differences. Athletes from a wide variety of nations are able to travel, meet new people, and bring back memories about the rest of the world to their home nations. The Asian Beach Games forge unity and friendship between their member nations by joining athletes, trainers, and officials together. The 5th Asian Beach Games is to be held in Vietnam by 2016. The Olympic Council of Asia (OCA), the highest governing body of sports in Asia, has awarded the right to Vietnam to host the 5th Asian Beach Games during the 16th Guangzhou Asian Games in November, 2010.

The 5th Asian Beach Games is being pegged as the biggest ever in terms of the number of sports and participants that will revel in the pristine beaches of Danang - coming into mind the sea, sun and sand - these attributes make Danang a complete sporting destination that offers a lot beyond its beauty. Visitors to Danang will be welcome with the warm and beautiful smiles of its people, and will definitely be smitten by the distinct charm of the City.

Games Emblem

- The 5th Asian Beach Games emblem is designed to simulate waves and sand in the shape of young, healthy and dynamic athletes performing sports (volleyball, handball) with the symbol of the Olympic Council of Asia inside.
- With the power and strength of sports, all parts of the logo rise up to form a big V shape (which means "Vietnam", "Victory", "V"- the fifth in Greek symbol...) that affirm the role of the host country, highlight the competition spirit as well as the athletes' aspirations of winning.



The combination between the sea and the sand waving together reflects the strength and strong will of Vietnam Sports as well as carries the message of friendliness and welcome to all sport delegations; represents the solidarity and friendship of the Asian family with the expectation of a successful 5th Asian Beach Games.

Games Mascots:

- The 5th Asian Beach Games Mascot is swiftlet, a special characteristic of the coastal Central South of Vietnam which is famous for bird nests a high economic value product in general and a specialty of Danang in particular.
- The mascot is a stylized boy with funny hair on top of the head, small V-shaped tail (a characteristic of swiftlet), holding a lighted torch which represents solidarity, peace and vitality of mankind. The sun of the Olympic Council of Asia and the traditional waves on the outfit of the Mascot symbolize the Asian Beach Games.



The colors used for the Mascot are blue, red, black and yellow which represent blue sea, yellow sand and the bird's feathers. The Mascot with childish, lovely and innocent facial expression, simple shape and various colors is expected to touch people's hearts and easily to become a popular souvenir.

Slogan of the Games

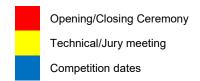
SHINING SEA, BRIGHT FUTURE

"Shining" means the glory that gathers and spreads from the sea. It also looks like the sunshine, with gentle and intense moments, representing an exciting beach sports event taking place in the Asia. It highlights a dynamic and strong growing Asia with the power to inspire the world in not only sport but also the socio-economy of the continent for the development in the future.

The slogan conveys a message from Vietnam to the world about a beautiful Vietnam with glorious sunshine, blue sea, white sand, friendly and hospitable people that always express their solidarity and integration together in a peaceful world for a bright future.

4. Competition Program for the 5th Asian Beach Games 2016

| | Curanta | | | | | | | S | ept | emk | er 2 | 24 th | -0 | cto | ber | 3 rd | | | |
|-----|-------------------------|------|-----|------------------|----|----|----|----|-----|-----|------|------------------|----|-----|-----|-----------------|----|----|----|
| No | Sports | Code | Day | No. of Events | М | Т | W | Т | F | s | s | М | Т | W | Т | F | s | s | М |
| | Competition day | Jour | | | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 01 | 02 | 03 |
| | Opening Ceremony | | | | -5 | -4 | -3 | -2 | -1 | ОС | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | СС |
| | - | | | | | | | | | UC | | | | | | | | | |
| 1 | Aquatic Sports | | | | | | | | | | | | | | | | | | |
| 1.1 | Marathon Swimming | AMS | 2 | 4 | | | | | | | | | | | | | | | |
| 1.2 | Beach Water Polo | ABW | 7 | 1 | | | | | | | | | | | | | | | |
| 2 | Beach Kabaddi | KAB | 4 | 2 | | | | | | | | | | | | | | | |
| 3 | Beach Soccer | FBS | 10 | 1 | | | | | | | | | | | | | | | |
| 4 | Beach Volleyball | BV | 8 | 2 | | | | | | | | | | | | | | | |
| 5 | Beach Handball | HBH | 8 | 2 | | | | | | | | | | | | | | | |
| 6 | 3x3 Basketball | B33 | 4 | 2 | | | | | | | | | | | | | | | |
| 7 | Beach Sepaktakraw | BSR | 8 | 6 | | | | | | | | | | | | | | | |
| 8 | Beach Martial Arts | | | | | | | | | | | | | | | | | | |
| 8.1 | Wrestling | BWR | 3 | 8 | | | | | | | | | | | | | | | |
| 8.2 | Sambo | SB | 3 | 8 | | | | | | | | | | | | | | | |
| 8.3 | Ju-Jitsu | JJ | 3 | 18 | | | | | | | | | | | | | | | |
| 8.4 | Kurash | KU | 3 | 10 | | | | | | | | | | | | | | | |
| 8.5 | Pencak Silat | PSB | 5 | 18 | | | | | | | | | | | | | | | |
| 8.6 | Vovinam | VV | 3 | 9 | | | | | | | | | | | | | | | |
| 8.7 | Muay | MY | 5 | 16 | | | | | | | | | | | | | | | |
| 8.8 | Traditional Martial Art | TMA | 4 | 11 | | | | | | | | | | | | | | | |
| 9 | Beach Shuttlecock | SC | 6 | 7 | | | | | | | | | | | | | | | |
| 10 | Beach Petanque | PQ | 6 | 9 | | | | | | | | | | | | | | | |
| 11 | Beach Bodybuilding | во | 2 | 7 | | | | | | | | | | | | | | | |
| 12 | Beach Woodball | WOB | 8 | 11 | | | | | | | | | | | | | | | |
| 13 | Beach Rowing | ROB | 5 | 6 | | | | | | | | | | | | | | | |
| 14 | Beach Athletics | ABA | 4 | 14 | | | | | | | | | | | | | | | |
| | Closing Ceremony | | | 172 | | | | | | | | | | | | | | | СС |



Note: In the CC Column, the Sport has the same number is mean the same Venue

III. COMPETITION TECHNICAL INFORMATION

1. Dates

Sambo competition for the 5^{th} Asian Beach Games 2016 will be held in Danang, Vietnam from September 30^{th} to October 2^{nd} 2016.

2. Competition Venue

The 5th Asian Beach Games will be held along Vo Nguyen Giap and Truong Sa coastline Road, Danang city, which is divided into 4 main competition sections.

Sambo competition venues are located in the Section 1 at Bien Dong Park beach, Danang city.

3. Events

Sambo competition will consist of 08 individual category men & women competition:

| | | Maximum | No. of Medals | | | | | | | | | |
|-----|-------------|-----------------------|---------------|--------|--------|--------|--|--|--|--|--|--|
| No. | Events | Number of Athletes | Gold | Silver | Bronze | Totals | | | | | | |
| 1 | Men -62kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 2 | Men -74kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 3 | Men -90kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 4 | Men +90kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 5 | Women -56kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 6 | Women -64kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 7 | Women -72kg | 2 | 1 | 1 | 2 | 4 | | | | | | |
| 8 | Women +72kg | 2 | 1 | 1 | 2 | 4 | | | | | | |

Each participating NOC may enter maximum two (2) athletes per category.

Maximum number of athletes for each National Olympic Committee: 08 men and 08 women

4. Competition Management

4.1 Technical Delegate:

Email:

Dr. Sergey Tabakov
samboskif@mail.ru

4.2 Competition Manager:

Mr. Nguyen Huu An
viesambo@gmail.com

5. Competition Schedule

| Date | Time | Event |
|-------|-------------|---|
| 28/09 | Whole day | Team arrival |
| 29/09 | 09:00-11:00 | - Team manager meeting, drawing |
| | 14:00-16:00 | - Technical official, Referee meeting |
| 30/09 | 07:00-07:30 | Unofficial Weigh-in |
| | 07:30-08:00 | Official Weigh-in |
| | | • M -62kg, -90kg. |
| | | • W -56kg |
| | 14:00 | Eliminations - M -62kg, -90kg; W -56kg. |
| | 17:00 | Semi Final - M -62kg, -90kg; W -56kg. |
| | 18:00 | Final - M -62kg, -90kg; W -56kg. |
| | 19:00 | Awarding Ceremony |

| 01/10 | 07:00-07:30 | Unofficial Weigh-in |
|-------|-------------|---|
| | 07:30-08:00 | Official Weigh-in |
| | | • M -74kg. |
| | | • W -64kg, -72kg; |
| | 14:00 | Eliminations - M -74kg; W -64kg, -72kg. |
| | 17:00 | Semi Final - M -74kg; W -64kg, -72kg. |
| | 18:00 | Final - M -74kg; W -64kg, -72kg. |
| | 19:00 | Awarding Ceremony |
| 02/10 | 07:00-07:30 | Unofficial Weigh-in |
| | 07:30-08:00 | Official Weigh-in |
| | | • M +90kg. |
| | | • W +72kg; |
| | 14:00 | Eliminations - M +90kg; W +72kg. |
| | 17:00 | Semi Final - M +90kg; W +72kg. |
| | 18:00 | Final - M +90kg; W +72kg. |
| | 19:00 | Awarding Ceremony |
| 03/10 | Whole day | Departure |

6. General Rules and Regulations

Sambo competition of the 5th Asian Beach Games will be conducted in accordance with the latest version of FIAS rules.

7. Eligibility

- 7.1 Only OCA member NOCs are entitled to send athletes to participate in the 5th Asian Beach Games.
- 7.2 The 5th Asian Beach Games competition is reserved only for those athletes affiliated international sports federations.
- 7.3 All athletes participating in the 5th Asian Beach Games should be in conformity with OCA Constitution eligibility rules.
- 7.4 Each athlete must possess an International Competitor's Medical License; valid through 2016. The medical examinations should be carried out in the competitor's home country before taking part in the 5th Asian Beach Games.

8. Entries

- 8.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by DABGOC.
- 8.2 Deadline for Entry by number (Preliminary): Each participating OCA member NOC must submit Entry by number to DABGOC by 24:00hrs Vietnam local time (GMT +7) by 30 April, 2016.
- 8.3 Deadline for Entry by name (final): The Entry by name must be received by DABGOC no later than 30 June, 2016 at 24.00hrs Vietnam local time (GMT +7). The completed Entry by name must be submitted for each athlete and include all necessary information. Original form must be presented during the Delegation Registration Meeting (DRM).

NOC may make changes or submit amended Entry by name up to and including the day of deadline, but no such amendments will be permitted after the deadline.

8.4 Both Entry by number and Entry by name may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

5th Asian Beach Games Organizing Committee

Technical & Sports Sub Committee

Address: No 36 Tran Phu street, Ba Dinh district, Ha Noi, Vietnam

Website: abg2016.com

Email: <u>technical@abgdanang2016.com</u>

Tel: 84.4.3.747.6187 Fax: 84.4.3.823.2455

8.5 Any late entries will be decided by OCA for acceptance or rejection.

NOCs that withdraw their athletes after the submission of the final entries by name will be faced with disciplinary action by the OCA.

9. Technical Meeting

Team manager meeting will be held on 29th September 2016. The drawing will be held after Team manager meeting.

10. International Technical Officials

- 10.1 All International Technical Officials including the technical delegates will be proposed by the ISF or ASF and approved by OCA. OCA reserves the right to propose to the ASF or ISF to change any international technical official with justified reason.
 - 10.2 All the international technical officials should have international recognition.
- 10.3 All National technical official and competition officials will be proposed by the NSF and approved by DABGOC.

11. Protests and Appeals

- 11.1 All technical protests should be carried out according to ISF or ASF procedures. A jury will be established by the ISF or ASF including representatives of OCA and the organizing committee.
 - 11.2 Appeal against the Jury's decision can be brought to CAS

12. Equipment and Clothing

- 12.1 The equipment used in the competition and clothes worn by the athletes and officials must comply with the rules and regulations of the OCA first then with ISF regulations.
 - 12.2 Each team must possess two different color sets of playing jerseys;

13. Penalties in Case of Fraud

A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games shall be disqualified and lose any position he/she may have gained. If this competitor's member organization is proven to have been a party to the fraud, his/her NOC may be disqualified in the sport involved, by decision of OCA.

14. Doping Control/Gender Verification

- 14.1 Doping Control during the 5th Asian Beach Games will be conducted in accordance with OCA Anti- Doping Rules.
- 14.2 Gender Verification tests may be carried out in accordance with the OCA Constitution and Rules.

15. Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked top three of each event respectively.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

16. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when requested.

17. Sport Information Center (SIC)

All sports information will be available at the sport information desks at the competition venue.

18. Approval of the Technical Handbook

This Technical Handbook was approved by International Sambo Federation.

19. General Clause

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.

V. VENUES MAP

