TECHNICAL HANDBOOK



The 5th Asian Beach Games From September 24th to October 3rd 2016 Danang, Vietnam



BEACH ROWING

I. ORGANIZATIONS

1. OLYMPIC COUNCIL OF ASIA

OCA Executive Board

President	Sheikh Ahmad Al-Fahad Al-Sabah (Kuwait)
Honorary Life Vice-Presidents	Raja Randhir SINGH (India)
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	Mr. Timothy Fok Tsun Ting (Hong Kong, China)
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	Mrs. Rita Sri Wahyusih Subowo (Indonesia)
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Chairman of Rules Committee	Sheikh Talal Fahad Ahmad J Al-Sabah (Kuwait)
Chairwoman of Women and Sports Committee	Mrs. Natalya Sipovich (Kazakhstan)
Chairman of Advisory Committee	Mr. Ng Ser Miang (Singapore)
Chairman of Peace through Sport Committee	HRH Prince Faisal Bin Al-Hussein (Jordan)
Chairman of Athletes Committee	Mr. Koji Murofushi (Japan)
Chairman of Sports Environment Committee	Mr. Kyung-Sun Yu (Korea)
Chairman of Medical Committee	Dr. Manikavasagam Jegathesan (Malaysia)
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Chairman of Media Committee	Mr. Charles King Chiu Lo (Macau, China)
Chairman of Finance Committee	Mr. Kevin Kuo-I Chen (Chinese Taipei)
Chairman of Culture Committee	Mr. Mohammad Al-Kamali (United Arab Emirates)
Chairman of Entourage Committee Chairman of Education Committee	Mr. Daesung MOON (Korea)
Chairman of Coordination Committee	HRH Prince Abdulhakim Bin Mosaa (Saudi Arabia) Mr. Tsunekazu Takeda (Japan)
Chairman of Ethics Committee	Mr. Jizhong WEI (China)
Chairman of Information & Statistics Committee	Dr. Demchigjav ZAGDSUREN (Mongolia)
Chairman of International Relations Committee	HRH Prince Jigyel Ugyen WANGCHUCK (Bhutan)
Chairman of Sports Committee	Mr. SONG Luzeng (China)
Members	HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)
Members	Mr. Mirabror Usmanov (Uzbekistan)
	Mr. Kieumers Hashemi (Iran)
	Mr. Raad Hamoodi Salman AL-DULAIMI (Iraq)
Honorary Members	Mr. ZHANG Jilong (China)
	Mr. Habib Abdul Nabi Yousuf MACKI (Oman)
	Gen. Souhail Khoury (Lebanon)
Director General & Technical Director	Mr. Husain A H Z Al-Musallam (Kuwait)

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Website	www.ocasia.org

2. THE 5th ASIAN BEACH GAMES ORGANIZING COMMITTEE

No 1	Name Le Khanh Hai	Title Deputy Minister of Culture, Sports & Tourism	Duty Chairman
2	Vuong Bich Thang	Chairman of Vietnam Sports Administration	Standing Deputy Chairman
3 4	Nguyen Van Tuan Huynh Duc Tho	Chairman of Vietnam Tourism Administration Chairman of Danang City People's Committee	Deputy Chairman Deputy Chairman
5	Hoang Vinh Giang	Standing Vice President of Vietnam Olympic Committee	Deputy Chairman
6 7 8 9 10 11	Dang Viet Dung Tran Dang Yen Dau Dinh Toan Pham Van Tuan Tran Duc Phan Luong Ngoc Khue	Deputy Chairman, Danang City People's Committee Lieutenant-General, Ministry of Public Security Major General, Ministry of National Defence Deputy Chairman of Vietnam Sports Administration Deputy Chairman of Vietnam Sports Administration Director of Diagnosis and Treatment, Ministry of	Deputy Chairman Member Member Member Member Member
		Health Director of Planning and Finance, Ministry of Culture,	
12 13	Ho Viet Ha Phan Dinh Tan	Sports and Tourism Chief of Office - Ministry of Culture, Sports and	Member Member
14	Pham Cao Phong	Tourism; Director of Foreign Culture Affairs and UNESCO, Ministry of Foreign Affairs	Member
15	Tran Van Manh	Secretary General of Vietnam Olympic Committee	Member
16	Nguyen Manh Hung	Director of Elite Sport Department I, Vietnam Sports Administration	Member
17	Nguyen Trong Ho	Director of Elite Sport Department II, Vietnam Sports Administration	Member
18	Nguyen Van Binh	Director of Finance Planning, Vietnam Sports Administration	Member
29	Tan Le Minh	Director of Personnel Department , Vietnam Sports Administration	Member
20	Nguyen Hong Minh	Chief of Office, Vietnam Sports Administration	Member
21	Hoang Quoc Vinh	Director of International Relation Department, Vietnam Sports Administration	Member
22	Vu Van Thanh	Director of Hotel Department, Vietnam Tourism Administration	Member
23	Nguyen Manh Hung	Director of Ha Noi National Sports Training Center	Member
24	Le Hong Son	Director of Danang National Sports Training Center	Member
25	Dang Ha Viet	Director of Ho Chi Minh National Sports Training Center	Member
26	Phan Ngoc Tien	Director of Sport Program production Center, Vietnam Television	Member
27	Dam Quoc Chinh	Director of Sport information Center, Vietnam Sports Administration	Member
28	Hoang Du	Editor-in-chief, Vietnam Sport Newspaper	Member
29	Nguyen Phuc Linh	Deputy Director of Danang Deparment Culture, Sports and Tourism	Member
30	Tran Quoc Phuong	Deputy Director of Labor, Culture, Social, Ministry of Planning and Investment	Member
31	Le Manh Hung	Deputy Director of Student Affairs, Ministry of Education and Training	Member
32	Representative	Ministry of Finance	Member

3. VIETNAM OLYMPIC COMMITTEE

Contact Information

Address:	No 36 Tran Phu street, Ba Dinh district, Ha Noi, Vietnam					
Website:	voc.org.vn					
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Tel:	+84.4. 3845 7420	+84.4. 3747 3245				
Fax:	+84.4. 3843 6008					

4. SPORT FEDERATIONS

Fédération Internationale des Sociétés d'Aviron (FISA)

President:	Jean-Christophe ROLLAND
Executive Director:	Matt SMITH
Address:	Maison du Sport International Avenue de Rhodanie 54 1007 Lausanne, Switzerland
Tel:	+41 21 617 8373
Fax:	+41 21 617 8375
Email:	info@fisa.org
Website:	http://www.worldrowing.com

Asian Rowing Federation (ARF)

President:	WANG Shi
Secretary General:	ZHANG Dan
Address:	Room 826, No. 6 Zuo An Men Nei Street, Dong Cheng District, Beijing ,China
Tel:	+86 10 67113681
Fax:	+86 10 67112793
Email:	office_arf@sports.cn
Website:	www.arfrowing.org

Vietnam Canoeing, Rowing and Sailing Federation (VCRSF)

President:	Pham Ngoc MINH (Ph.D)
Secretary General:	Nguyen Hai DUONG
Address:	Tran Phu 36, Ba Dinh, Ha Noi, Vietnam
Tel:	(+84)437475908
Fax:	(+84)437475909
Email:	vcrsf@vnn.vn; duong.vcrsf@gmail.com

Country/Region	Code	Region code			
Afghanistan	AFG	SA			
Bahrain	BRN	WA			
Bangladesh	BAN	SA			
3hutan	BHU	SA			
Brunei	BRU	SEA			
Cambodia	CAM	SEA			
China	CHN	EA			
D.P.R. Korea	PRK	EA			
Hong Kong, China	HKG	EA			
ndia	IND	SA			
ndonesia	INA	SEA			
ran	IRI	WA			
raq	IRQ	WA			
lapan	JPN	EA			
lordan	JOR	WA			
Kazakhstan	KAZ	CA			
Korea	KOR	EA			
Kuwait	KUW	WA			
<pre>Kurran</pre>	KGZ	CA			
_205	LAO	SEA			
Lebanon	LIB	WA			
Macau, China	MAC	EA			
Malaysia	MAS	SEA			
Valdives	MDV	SA			
Mongolia	MGL	EA			
Myanmar	MYA	SEA			
Vepal	NEP	SA			
Dman	OMA	WA			
Pakistan	PAK	SA			
Palestine	PLE	WA			
Philippines	PHI	SEA			
Qatar	QAT	WA			
Saudi Arabia	KSA	WA			
Singapore	SIN	SEA			
Sri Lanka	SIN	SEA SA			
Syria	SYR	WA SA			
	TPE	EA			
Chinese Taipei					
Tajikistan	TJK	CA			
Thailand	THA TLS	SEA			
Fimor-Leste		SEA			
Furkmenistan		TKM CA			
Jnited Arab Emirates		WA			
Jzbekistan		CA			
		SEA WA			
Jnited A	Arab Emirates tan	tan UAE UZB			

5. MEMBERS OF OLYMPIC COUNCIL OF ASIA:

II. GENERAL INFORMATION

1. Vietnam country profile

Geography

Vietnam is situated towards the eastern part of the Indochinese Peninsula. The geographic coordinates of Vietnam consist of latitude 102° 08' - 109° 28' east and longitude 8° 02' - 23° 23' north. Its borders are with China in the north, Laos and Cambodia in the west and Eastern Sea in the east.

Weather

Vietnam is located in the tropical and temperate zone with high temperature and humidity all year round. Vietnam's different regions have different climates and the climate changes by season and by region from lowlands to highlands, from North to South and from East to West.

There are two major climate regions in Vietnam. Northern Vietnam has a tropical monsoon climate with four distinguishable seasons (spring, summer, autumn and winter). Southern Vietnam has a rather moderate tropical climate given the weak influence of monsoons and is characterized by dry and rainy seasons and warm weather all year round.

Climate

The average temperature in Vietnam varies between 21°C and 27°C and increases from the North to the South. In summer, the average temperature is 25°C (Ha Noi 23°C, Danang 25°C, Ho Chi Minh City 26°C). In winter, temperature in the North reaches the lowest in December and January.

Culture

The culture of Vietnam is agricultural civilization based on wet rice cultivating. The culture has been influenced by neighboring China due to long historical relations. One characteristic of Vietnamese culture is filial duty in the families. Education and self-betterment are highly valued. Vietnam has an age-long and special culture that is closely attached to the history of the formation and development of the nation.

Vietnam has 54 ethnicities living across the country and each ethnicity has its own cultural colour, thus, the Vietnamese culture is a diversified unification.

Population

The total population in Vietnam was last recorded at 90.7 million people in 2014. Vietnam is a multi-nationality country with 54 ethnic groups. The Viet (Kinh) people account for 87% of the country's population.

Languages

The official spoken and written language of Vietnam is Vietnamese, various other languages are spoken by several minority groups in Vietnam. English, French, Russian and Chinese are widely spoken.

Monetary unit

The monetary unit of Vietnam is Dong (VND). The currency exchange is approximately 1 US dollar = 22,000 VND. Most foreign currencies are easily changed at airports, banks, hotels or money changers.

2. Danang

Danang in brief

Danang, the host city of the 5th Asian Beach Games is located in the central part of Vietnam with a coastline 30 kilometers long, famous for many beautiful beaches stretching from the North to the South.

Danang is one of the largest tourist destinations in the country, and located in the central point of three World Cultural Heritage Sites in Central Vietnam including My Son Holy Land, Hoi An Ancient Town and Hue Citadel.

Geography

Danang is situated in the centre of Vietnam, 764km from Ha Noi and 964km from Ho Chi Minh City. It lies on the north-south transport axis of land, rail, sea and air routes.

The city has a natural land area of 1,283.42km2, comprising 241.51km2 of urban districts and 1,041.91 km2 of rural districts.

Climate

Danang is located in the zone of typical tropical monsoon, temperate and equable climate. There are two seasons: the wet from August to December and the dry season from January to July.

Average temperature is about 26°C, the highest is 28-30°C in June - August. The average humidity is 83.4%; highest in October - November the average of 85.67 to 87.67%.

Climate data for Danang													
Month	Jan	Feb	Mar	Apr	Мау	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Record high °C	32	35	37	41	39	38	38	38	37	36	35	32	41
(°F)	90	95	99	106	102	100	100	100	99	97	95	90	106
Average high°C	24.8	26.1	28.7	31.0	33.4	33.9	34.3	33.9	31.5	29.6	27.0	24.9	29,9
(°F)	76.6	79	83.7	87.8	92.1	93	93.7	93	88.7	85.3	80.6	76.8	85.8
Daily mean °C	21.7	23.0	25.1	27.2	29.2	29.7	29.8	29.7	27.8	26.4	24.3	22.1	26.3
(°F)	71.1	73.4	77.2	81	84.6	85.5	85.6	85.5	82	79.5	75.7	71.8	79.3
Average low °C	18.5	19.8	21.5	23.3	24.9	25.5	25.3	25.5	24.1	23.2	21.6	19.3	22.7
(°F)	65.3	67.6	70.7	73.9	76.8	77.9	77.5	77.9	75.4	73.8	70.9	66.7	72.9
Record low °C	8	7	11	7	18	20	17	21	21	12	7	11	7
(°F)	46	45	52	45	64	68	63	70	70	54	45	52	45
Avg. precipitation mm	96.2	33.0	22.4	26.9	62.6	87.1	85.6	103.0	349.7	612.8	366.2	199.0	2.044,5
(inches)	3.787	1.299	0.882	1.059	2.465	3.429	3.37	4.055	13.768	24.126	14.417	7.835	80.492

Transportation

Danang is on the North-South axis of roads, railways, waterways and airlines.

* Road: National Highways 1A and 14B run through the city, providing road connections to Hanoi in the north and Ho Chi Minh City in the south, as well as the Central Highlands and Laos to the west.

* Railway: Danang station is located in the center of city. The trans-Vietnam railway from Lang Son to Ho Chi Minh City goes through Danang. Danang is a major station along the North-South Railway, also known as the Reunification Express.

* Waterway: Tien Sa is one of the largest deep-water ports in central Vietnam. This is an international seaport receiving big vessels and is an excellent harbour located in a wonderful position.

* Airline: Danang International Airport, located at the center of the city, is the third largest international airport in Vietnam. It is an important gateway to access central of Vietnam. The airport has domestic connections to Ha Noi, Ho Chi Minh City, Hai Phong, Da Lat, Nha Trang, Buon Ma Thuot, Vinh, Can Tho and Pleiku, as well as international connections to China (Guangzhou, Kunming, Chengdu, Xian...), Siem Reap (Cambodia), Singapore, Korea (Incheon, Busan), Kuala Lumpur (Malaysia), Macau, Hong Kong and Narita (Japan).

3. The 5th Asian Beach Games in brief

The Asian Beach Games is a multi-sport event held every two years among athletes representing 45 National Olympic Committees from Asia. The Games is regulated by the Olympic Council of Asia. The Asian Beach Games celebrates cooperation and unity despite differences. Athletes from a wide variety of nations are able to travel, meet new people, and bring back memories about the rest of the world to their home nations. The Asian Beach Games forge unity and friendship between their member nations by joining athletes, trainers, and officials together. The 5th Asian Beach Games is to be held in Vietnam by 2016. The Olympic Council of Asia (OCA), the highest governing body of sports in Asia, has awarded the right to Vietnam to host the 5th Asian Beach Games during the 16th Guangzhou Asian Games in November, 2010.

The 5th Asian Beach Games is being pegged as the biggest ever in terms of the number of sports and participants that will revel in the pristine beaches of Danang - coming into mind the sea, sun and sand - these attributes make Danang a complete sporting destination that offers a lot beyond its beauty. Visitors to Danang will be welcome with the warm and beautiful smiles of its people, and will definitely be smitten by the distinct charm of the City.

Games Emblem

- The 5th Asian Beach Games emblem is designed to simulate waves and sand in the shape of young, healthy and dynamic athletes performing sports (volleyball, handball) with the symbol of the Olympic Council of Asia inside.

- With the power and strength of sports, all parts of the logo rise up to form a big V shape (which means "Vietnam", "Victory", "V"- the fifth in Greek symbol...) that affirm the role of the host country, highlight the competition spirit as well as the athletes' aspirations of winning.



The combination between the sea and the sand waving together reflects the strength and strong will of Vietnam Sports as well as carries the message of friendliness and welcome to all sport delegations; represents the solidarity and friendship of the Asian family with the expectation of a successful 5th Asian Beach Games.

Games Mascots:

- The 5th Asian Beach Games Mascot is swiftlet, a special characteristic of the coastal Central South of Vietnam which is famous for bird nests - a high economic value product in general and a specialty of Danang in particular.

- The mascot is a stylized boy with funny hair on top of the head, small V-shaped tail (a characteristic of swiftlet), holding a lighted torch which represents solidarity, peace and vitality of mankind. The sun of the Olympic Council of Asia and the traditional waves on the outfit of the Mascot symbolize the Asian Beach Games.



The colors used for the Mascot are blue, red, black and yellow which represent blue sea, yellow sand and the bird's feathers. The Mascot with childish, lovely and innocent facial expression, simple shape and various colors is expected to touch people's hearts and easily to become a popular souvenir.

Slogan of the Games

SHINING SEA, BRIGHT FUTURE

"Shining" means the glory that gathers and spreads from the sea. It also looks like the sunshine, with gentle and intense moments, representing an exciting beach sports event taking place in the Asia. It highlights a dynamic and strong growing Asia with the power to inspire the world in not only sport but also the socio-economy of the continent for the development in the future.

The slogan conveys a message from Vietnam to the world about a beautiful Vietnam with glorious sunshine, blue sea, white sand, friendly and hospitable people that always express their solidarity and integration together in a peaceful world for a bright future.

	Sporto		September 24 th – October 3 rd																
No	Sports	Code	Dav	No. of	М	т	W	т	F	S	S	М	Т	W	т	F	S	S	М
110	Competition day	oouo	Duy	No. of Events	19 -5	20 -4	21 -3	22 -2	23 -1	24 OC	25 1	26 2	27 3	28 4	29 5	30 6	01 7	02 8	03 CC
	Opening Ceremony									ос									
1	Aquatic Sports																		
1.1	Marathon Swimming	AMS	2	4															
1.2	Beach Water Polo	ABW	7	1															
2	Beach Kabaddi	KAB	4	2															
3	Beach Soccer	FBS	10	1															
4	Beach Volleyball	BV	8	2															
5	Beach Handball	HBH	8	2															
6	3x3 Basketball	B33	4	2															
7	Beach Sepaktakraw	BSR	8	6															
8	Beach Martial Arts																		
8.1	Wrestling	BWR	3	8															
8.2	Sambo	SB	3	8															
8.3	Ju-Jitsu	JJ	3	18															
8.4	Kurash	KU	3	10															
8.5	Pencak Silat	PSB	5	18															
8.6	Vovinam	VV	3	9															
8.7	Muay	MY	5	16															
8.8	Traditional Martial Art	ТМА	4	11															
9	Beach Shuttlecock	SC	6	7															
10	Beach Petanque	PQ	6	9															
11	Beach Bodybuilding	BO	2	7															
12	Beach Woodball	WOB	8	11															
13	Beach Rowing	ROB	5	6															
14	Beach Athletics	ABA	4	14															
	Closing Ceremony			172															сс

4. Competition Program for the 5th Asian Beach Games 2016



Opening/Closing Ceremony

Technical/Jury meeting

Competition dates

Note: In the CC Column, the Sport has the same number is mean the same Venue

III. COMPETITION TECHNICAL INFORMATION

1. Dates

Beach Rowing for the 5th Asian Beach Games 2016 will be held in Danang, Vietnam from September 27th to October 1st, 2016.

2. Competition Venue

The 5th Asian Beach Games will be held along Vo Nguyen Giap and Truong Sa coastline Road, Danang city, which is divided into 4 main competition sections.

Beach Rowing competition venue is located in the Section 1 at Bien Dong Park Beach, Danang city.

3. Events

The Beach Rowing competitions of 5th Asian Beach Games will include 6 events as following:

Men	Women
Solo (MC1x)	Solo (WC1x)
Double Sculls (MC2x)	Double Sculls (WC2x)
Coxed Quadruple Sculls (MC4x+)	Coxed Quadruple Sculls (WC4x+)

Each NOC can entry only 1 boat per event.

Individual Events: Each NOC may enter maximum of one (1) player/crew boat in each event. The maximum numbers of athletes per event per NOC are:

Men's events

- Solo (MC1x): one (1) athlete
- Double Sculls (MC2x): two (2) athletes plus one (1) reserve
- Coxed Quadruple Sculls (MC4x+): five (5) athletes plus one (1) reserve

Women's events

- Solo (WC1x): one (1) athlete
- Double Sculls (WC2x): two (2) athletes plus one (1) reserve
- Coxed Quadruple Sculls (WC4x+): five (5) athletes plus one (1) reserve

Boat Handlers

Each NOC will be eligible to declare two (2) boat handlers who will hold the accreditation as coaches/team support.

4. Competition Management

4.1 Technical Delegate:

Mike TANNER (HKG)

Email:

tanner@hkstar.com

Duong Thi Hong HANH

4.2 Competition Manager:

Email:

vcrsf@vnn.vn; honghanh7882@yahoo.com.vn

5. Competition Schedule

Date	Time	Events
Sep. 26 th	09:00 – 11:30	Team training
	15:00 – 18:00	Team training
	Morning	MC1x - Time Trials/ Heats / Repechages
Open 07th	Morning	WC1x - Time Trials/ Heats / Repechages
Sep. 27**		MC2x - Time Trials/ Heats / Repechages
	Afternoon	WC2x - Time Trials/ Heats / Repechages

		MC1x - non-last 8 places			
e est	Morning	MC1x - last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony MC1x			
Sep. 28 th		WC1x non-last 8 places			
	Afternoon	WC1x - last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony WC1x			
		MC2x non-last 8 places			
Sep. 29 th	Morning	MC2x - last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony MC2x			
		WC2x non-last 8 places			
	Afternoon	WC2x - last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony WC2x			
Sep. 30 th	Reserve Day				
Oct. 1 st	M	MC4x+ last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony MC4x+			
	Morning	WC4x+ last 8 continuous schedule (Quarter-finals; Semi-finals; Finals) * Medal Ceremony WC4x+			

* Note: This schedule is subject to change upon confirmation of final entries.

6. General Rules and Regulations

6.1 Competition Rules

The Beach Rowing competition will be conducted in accordance with the FISA Rules of Racing for Beach Rowing Sprints. In case of different interpretation of rules from versions in different languages, the English text will prevail.

6.2 Competition Format

6.2.1 The racing course for Beach Rowing shall comprise three sections:

The first section of the course shall be a beach run by one member of each crew from a point on the beach (the start/finish line) to the water edge, a distance of between approximately 30 and 50 meters.

The next section of the course shall comprise, for each lane, a series of 3 lane buoys in a straight line, positioned approximately 85 meters apart. Crews shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy they shall then race directly in a straight line back to the designated point on the beach.

The third section of the course shall be a beach run by one member of each crew back to the start/finish line on the beach. The result of each race shall be determined by the order of finish.

The finish of the race shall be marked by one flag or similar device for each crew, standing in the sand, and which must be picked up by the runner from each crew to mark their finish.

The distances stated here shall be a general guide and will depend on local conditions.

The course diagram is shown below.

6.2.2 Progression and Final Eight

The competition for all events with more than 8 entries shall begin with a series of time trials, heats and repechages to determine the final eight teams. The final eight teams in each event shall then compete in quarter-finals, semi-finals and finals in a continuous series of races in the same racing session to determine the medalists.

7. Eligibility

7.1 Only OCA member NOCs are entitled to send athletes to participate in the 5^{th} Asian Beach Games.

7.2 The 5th Asian Beach Games competition is reserved only for those athletes affiliated international sports federations.

7.3 All athletes participating in the 5th Asian Beach Games should be in conformity with OCA Constitution eligibility rules.

7.4 Each athlete must possess an International Competitor's Medical License; valid through 2016. The medical examinations should be carried out in the competitor's home country before taking part in the 5th Asian Beach Games.

8. Entries

8.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by DABGOC.

8.2 Deadline for Entry by number (Preliminary): Each participating OCA member NOC must submit Entry by number to DABGOC by 24:00hrs Vietnam local time (GMT +7) by 30 April, 2016.

8.3 Deadline for Entry by name (final): The Entry by name must be received by DABGOC no later than 30 June, 2016 at 24.00hrs Vietnam local time (GMT +7). The completed Entry by name must be submitted for each athlete and include all necessary information. Original form must be presented during the Delegation Registration Meeting (DRM).

NOC may make changes or submit amended Entry by name up to and including the day of deadline, but no such amendments will be permitted after the deadline.

8.4 Both Entry by number and Entry by name may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

5th Asian Beach Games Organizing Committee

Technical & Sports Sub Committee

No 36 Tran Phu street, Ba Dinh district, Ha Noi, Vietnam
abg2016.com
technical@abgdanang2016.com
84.4.3.747.6187
84.4.3.823.2455

8.5 Any late entries will be decided by OCA for acceptance or rejection.

NOCs that withdraw their athletes after the submission of the final entries by name will be faced with disciplinary action by the OCA.

9. Technical and Jury Meeting

Date	Time	Activity	Venue
September 25 th 2016		- Organizing Committee Meeting - Preliminary Team Manager Meeting	TBC
September 26 th 2016	09:00 15:00	- Team Manager Meeting and Draw - Jury Meeting	TBC

10. International Technical Officials

10.1 All International Technical Officials including the technical delegates will be proposed by the ISF or ASF and approved by OCA. OCA reserves the right to propose to the ASF or ISF to change any international technical official with justified reason.

10.2 All the international technical officials should have international recognition.

10.3 All National technical official and competition officials will be proposed by the NSF and approved by DABGOC.

11. Protests and Appeals

11.1 All technical protests should be carried out according to ISF or ASF procedures. A jury will be established by the ISF or ASF including representatives of OCA and the organizing committee.

11.2 Appeal against the Jury's decision can be brought to CAS

12. Equipment and Clothing

12.1 The equipment used in the competition and clothes worn by the athletes and officials must comply with the rules and regulations of the OCA first then with ISF regulations.

12.2 Each team must possess two different color sets of playing jerseys;

13. Penalties in Case of Fraud

A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games shall be disqualified and lose any position he/she may have gained. If this competitor's member organization is proven to have been a party to the fraud, his/her NOC may be disqualified in the sport involved, by decision of OCA.

14. Doping Control/Gender Verification

14.1 Doping Control during the 5th Asian Beach Games will be conducted in accordance with OCA Anti- Doping Rules.

14.2 Gender Verification tests may be carried out in accordance with the OCA Constitution and Rules.

15. Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked top three of each event respectively.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

16. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when requested.

17. Sport Information Center (SIC)

All sports information will be available at the sport information desks at the competition venue.

18. Approval of the Technical Handbook

The Technical Handbook is recognized by Asian Rowing Federation (ARF).

19. General Clause

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.

V. VENUES MAP



Ne		No.		144		No	
1	BEACH SOCCER	4	BEACH KABADDI + WRESTLING	1	SAMBO + KURASH	10	MARATHON SWIMMING +WATER POLO
2	BASKETBALL 3X3	3	BODY BUILDING		PENCAK SILAT		
3	TRADITION ART + MUAY	4	JU-JITSU + VOVINAM		ROWING		