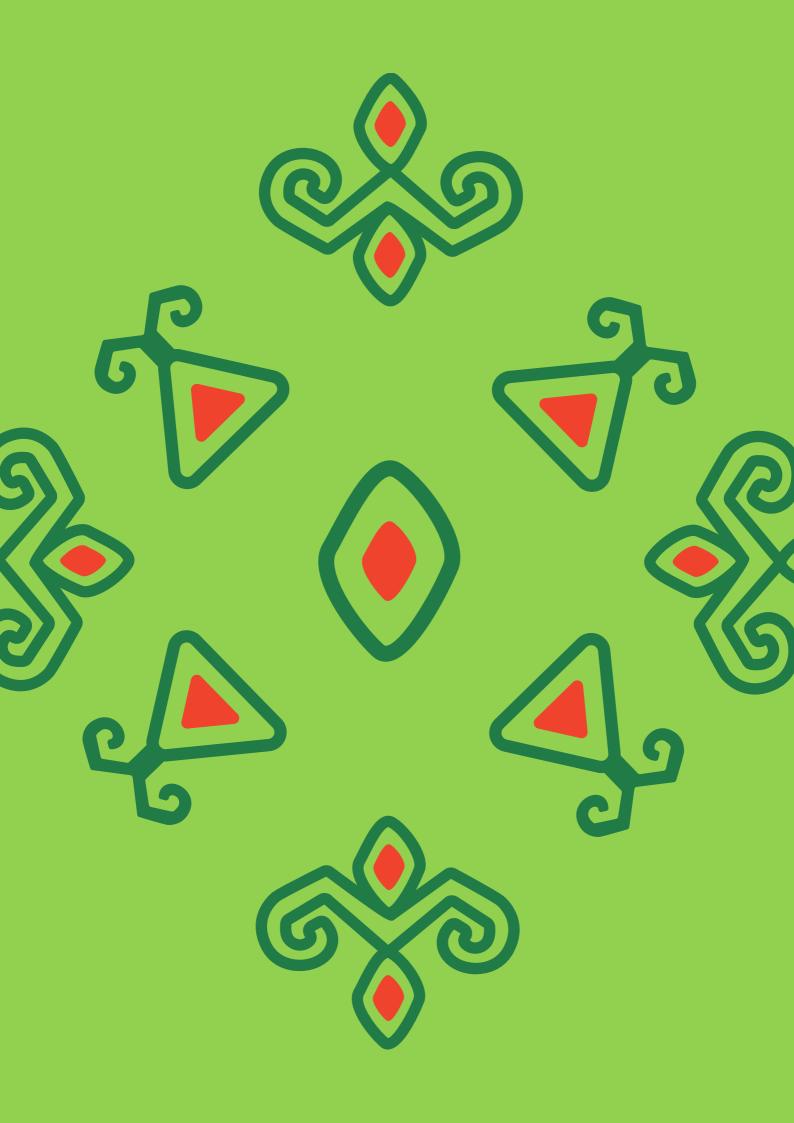


Sport Handbook

Sambo

September 2017



5th Asian Indoor And Martial Arts Games – in honor of peace and friendship

On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan's position on an international level, spread our Country's love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 157 ha, we have over 30 different sites within the complex, including 13 of the 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

"Health, Inspiration and Friendship" was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation's inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation's healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation's health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.



I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5th Asian Indoor and Martial Arts Games.

President of Turkmenistan Gurbanguly BERDIMUHAMEDOW





Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17-27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdimuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Multifunctional Sport Venue located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include five Olympic sports: Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting.





2. Organising Bodies

OCA Executive Board

| Title | Name | Country |
|------------------------------|--|--------------|
| President | Sheikh Ahmad Al-Fahad Al-Sabah | Kuwait |
| Honorary Life Vice-President | Raja Randhir Singh | India |
| Honorary Life Vice-President | Jizhong Wei | China |
| Vice President | Maj Gen Charouk Arirachakaran | Thailand |
| Vice President | Timothy Tsun Ting Fok | Hong Kong |
| Vice President | Lt Gen Syed Arif Hassan | Pakistan |
| Vice President | HE Sheikh Isa Bin Rashed Al Khalifa | Bahrain |
| Vice President | Timur Kulibayev | Kazakhstan |
| Vice President | Tsunekazu Takeda | Japan |
| Vice President | Prof Dr Hoang Vinh Giang | Vietnam |
| Vice President | Sapardurdy Toylyyev | Turkmenistan |
| Vice President | Song Luzeng | China |
| Vice President | Yu Zaiching | China |
| Vice President | Rita Sri Wahyusih Subowo | Indonesia |
| Honorary Vice-President | Hemasiri Fernando | Sri Lanka |



General Information

1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief



1.1 Games Overview

| Duration | 17–27 September 2017 (12 days of competition) |
|------------------|---|
| Location | Ashgabat, Turkmenistan |
| Games Venue | 15 Competition Venues |
| Sports Programme | 21 Sports / 337 events |
| Patron | Olympic Council of Asia (OCA) |
| Host | Ashgabat 2017 5 th AIMAG Executive Committee |

1.2 Motto

Health. Inspiration. Friendship.



1.3 Logo

The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke

The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents **Health**.

TURKMENISTAN Shgabat 2017

Moon

The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents **Inspiration**.

Star

The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents **Friendship**.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.

1.4 Mascot

The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.



2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.



PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

| Centre | Client Groups | Validation | Help Office | Lost/Stolen Replacement |
|---|--|------------|-------------|----------------------------|
| Ashgabat International Airport (ASB) | All participants arriving on international flights | YES | - | - |
| Athletes Village Accreditation Centre | Village residents only | YES | YES | YES |
| Uniform and Accreditation Centre (UAC) | All | YES | YES | YES |
| Venue Accreditation Help Offices (VAHOs): Ashgabat Olympic Complex South Ashgabat Olympic Complex East Multifunctional Sport Venue/Ashgabat Olympic Complex North Equestrian Centre | All | YES | , | YES |
| OCA Family Hotel Accreditation Centre | OCA Family Hotel residents only | YES | YES | YES |

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.



4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating

The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services

The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.





5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete's country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan, with Kazakhstan in the north, Uzbekistan to the north and east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan's territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The Turkmen President is the guarantor of national independence, of the country's neutrality status, its territorial integrity, the respect for the constitution and international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country's Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.



8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country.

The city's name comes from the words "Ashk" – love and "abad"- city, giving it the name "city of love". Ashgabat is located in the south of Turkmenistan, 25km north of the border with Iran from which it is separated by Kopetdag mountains, while on the other side the city borders with the Karakum desert.

Settlements on the territory of modern Ashgabat date back to the Neolithic era, around 6000 BC.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan, Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1C, with an average daily maximum of 31.5C and an average daily minimum of 15.4C (source: http://www.ashgabat.climatemps.com/temperatures.php).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.



Technical Information

1. Competition Date

The Sambo competition will take place from 24th to 26th September 2017.

2. Venue

| Category | Competition venue | Training venue |
|--|---|------------------------------|
| Name | Martial Arts Arena, Ashgabat Olympic Complex | Medical University Campus |
| Distance from the Athletes' Village | 1,6 km | 0-5km |
| Capacity | 5000 seats | 4 mats |

3. Competition Management

Technical Delegate: Mr. Suresh Gopi, Director General - Sambo Union of Asia (SUA)

Email: suresh@sambo-fias.com Tel: +91 98 8080 8888

| Name and position | Contact details |
|--------------------------------|--|
| Josue Moraes | Tel: +99368967636 |
| Sport Competition Manager | Email: Josue.Moraes@Ashgabat2017.com |
| Dmitriy Chigenev | Tel: +99366706014 |
| Technical Operations Manager | Email: Dmitriy.Chigenev@Ashgabat2017.com |
| Rustam Nazarov | Tel: +99361168558 |
| Games Academy Sport Specialist | Email: Rustam.Nazarov@Ashgabat2017.com |

4. Competition Events

The Sambo competition will consist of twenty-three (23) events including seven (7) sport Sambo categories for men, nine (9) combat Sambo categories for men and seven (7) sport Sambo categories for women as follows:

| IV | len (16) | Women (7) |
|-----------------|------------------|-------------|
| Sport SAMBO (7) | Combat SAMBO (9) | Sport SAMBO |
| -52kg | -52kg | -48kg |
| -57kg | -57kg | -52kg |
| -62kg | -62kg | -56kg |
| -68kg | -68kg | -60kg |
| -74kg | -74kg | -64kg |
| -82kg | -82kg | -68kg |
| -90kg | -90kg | -72kg |
| | -100kg | |
| | +100kg | |



5. Competition Schedule

| Date | Time Event | | | | | | | | | | | | |
|--------|------------------|--------------------------------------|------------------|--------------|-----------------|--|--|--|--|--|--|--|--|
| | | | Wei | gh-in | | | | | | | | | |
| | 15:00- | Male | Female | Comb | nbat Sambo | | | | | | | | |
| 23-Sep | 16:00 | 57, 74 | 52, 64 | 62, 82 | , 0ver 100 | | | | | | | | |
| | 16:30- 17:15 | Technical meeting | | | | | | | | | | | |
| | 10.00 | Preliminary bouts | | | | | | | | | | | |
| | 10:00 - 14:00 | Male | Fer | nale | Combat Sambo | | | | | | | | |
| | 11.00 | 52, 68, 90 | 48, 6 | 50, 72 | 57, 74, 100 | | | | | | | | |
| 24 500 | 14:00 - 15:00 | Lunch break | | | | | | | | | | | |
| 24-Sep | | ١ | Neigh-in and | d Bouts Drav | v | | | | | | | | |
| | 15:00 - 16:00 | Male | | | | | | | | | | | |
| | 10.00 | 57, 74 | 52, | , 64 | 62, 82, 0ver 10 | | | | | | | | |
| | 17:00 - 20:00 | Finals and Medal Awarding Ceremonies | | | | | | | | | | | |
| | | Preliminary bouts | | | | | | | | | | | |
| | 10:00 - 14:00 | Male | nale | Combat Sambo | | | | | | | | | |
| | 14.00 | 57, 74 | 62, 82, 0ver 100 | | | | | | | | | | |
| 25 622 | 14:00 - 15:00 | Lunch break | | | | | | | | | | | |
| 25-Sep | | Weigh-in and Bouts Draw | | | | | | | | | | | |
| | 15:00 - 16:00 | Male | nale | Combat Sambo | | | | | | | | | |
| | 10.00 | 62, 82 | , 68 | 52, 68, 90 | | | | | | | | | |
| | 17:00 - 20:00 | Finals and Medal Awarding Ceremonies | | | | | | | | | | | |
| | | | Prelimin | ary bouts | | | | | | | | | |
| | 10:00 - 14:00 | Male | Fer | nale | Combat Sambo | | | | | | | | |
| | 14.00 | 62, 82 | 56, | , 68 | 52, 68, 90 | | | | | | | | |
| 26-Sep | 14:00 - 15:00 | | Lunch | break | | | | | | | | | |
| | 17:00 - 20:00 | Finals a | emonies | | | | | | | | | | |



6. Competition Rules

The Sambo competition of the 5th Asian Indoor & Martial Arts Games will be held in accordance with the edition of the International Sambo Competition Rules and Regulations (FIAS Competition Rules) that are in force at the time of the Games. The Regulation on Competitions approved by the host organizations along with the FIAS Competition Rules shall constitute the main document governing the officiating board and competition contestants. In other cases, the officiating board shall be guided by the FIAS Competition Rules only.

In case of any disagreement in the language or interpretation of the Rules and Regulation, the English version shall prevail. Any unforeseen issues not covered by the Rules and Regulations shall be handled as follows:

General Issues: Resolved in accordance with OCA Constitution and Rules

Technical Issues: Resolved in accordance with the decision of the Technical Delegate of the SAMBO Union of Asia (SUA) and the FIAS Rules and Regulations.

7. Competition Format

The Sambo competition at the 5th Asian Indoor and Martial Arts Games shall be conducted in a single elimination tournament system with semi-finalists repechage for the bronze medal contest. The winner of the final contest will receive the gold medal and the runner up will receive the silver medal.

The repechage shall be conducted among all contestants who lost to the semi-finalists in the elimination phase. In the repechage, the losers of the semifinals during the elimination phase will be seeded directly to each of the repechage finals, but on opposite sides of the draw. Other losers will advance to the repechage unseeded, on the same side of the draw as they competed during the elimination phase. The two winners of the repechage finals (bronze medal contests) will each receive a bronze medal.

7.1 Field of Play (FOP)

The FOP consists of three Sambo mats 11m x 11m each in size, made from synthetic material duly approved by International Sambo Federation (FIAS) and held on a platform 80cm in height. The entire surface of the mats have a cover made from synthetic material without any rigid seams. The official area of the mat on which the athletes fight consists of a circle with a diameter of 8m. The two opposite corners of the mat are colored red and blue (red to the left of the Mat Chairman 's table and blue to the right). The suitability of the mat and competition equipment shall be determined by the Chief Referee of the competition jointly with the SUA Technical Delegate, and the Competition Manager. The suitability of the mat shall be recorded in a special acceptance statement .

7.2 Duration of Contests

The duration of the bout shall be as follows:

- Sport Sambo for men: 5 minutes;
- Combat Sambo for men: 5 minutes;
- Sport Sambo for women: 4 minutes

All repechage matches have a duration of three (3) minutes.

Counting out the time of the bout begins at the first sound of the referee's whistle. The time of breaks is not included in the actual time of the bout.

7.3 Scoring

In a Sambo contest, scores are the sum of the points scored over the bout along with penalties and cautions. Points and penalties are displayed by computerized electronic scoreboards.



7.4 Decision

The bout can result in the victory of one of the fighters and the defeat of the other or in the defeat of both contestants. The victory can be: a) Total; b) by Superiority; c) on Points; d) Technical; e) on Warnings; f) by the opponent's elimination from the bout for passivity or by disqualification.

Total victory shall be awarded: a) for a Total throw; b) in the event of a submission or tap out during a painful hold or hold-down; c) in the event of an 8 or more point advantage scored by one of the athletes; d) in the event the opponent withdraws from the fight; e) in the event the opponent is removed from the competition (disqualification).

7.5 Contestant uniform and protective equipment

For official FIAS / SUA competitions the competitor's entire kit (Sambo jacket, Sambo boots, Sambo shorts, including outer protective equipment if any) must be of the same color – red or blue (Sambo footwear may be of a combined color – red and blue). In all official FIAS competitions it is permitted to use kit in accordance with the requirements established by the Regulations and by the FIAS International Sambo competition rules.

Judges verifying kit must ensure this compliance.

Participants in competitions shall appear in the opening procession and award ceremonies in NOC uniform.

Participant's kit shall comprise of:

- · Sambo jacket,
- · Sambo boots,
- Sambo shorts
- For female participants, a white T-shirt.

For combat Sambo competitions competitors shall use additional special equipment:

- Protective helmet for Sambo
- · Gum shield
- · Groin protector
- Gloves for combat Sambo (for striking and gripping)
- Protective pads covering the Shin and the instep over the Sambo boot laces

7.6 Drawing of lots

The draw for the Sambo competition shall be conducted by SUA Officials and will commence one day before discipline take place at the competition .

A maximum of two representatives of each team can attend the draw. Accredited media should have access to the draw. The location for the draw is to be decided by the Competition Management Team in agreement with the SUA Technical Delegate. The draw shall be held at a venue which meets the technical requirements.

7.7 Weigh-in

The weigh-in procedure aims to match a contestant's weight to weight categories as stipulated in their respective entry forms. The athlete has the right to participate in these competitions only in the applied weight category. An athlete who is late or fails to appear for the weigh-in shall not be permitted to take part in competitions.

Contestants shall be granted the right to test the scales on which the official weigh-in will take place one hour prior to the start of the weigh-in. The weigh-in shall only take place once on the eve of each day of the competition and shall last one hour. The weigh-in shall be conducted by an SUA officiating board appointed by Technical Delegate that includes a Deputy Chief Referee, Two Referees and an Assistant Secretary. A Medical doctor must be present during the weigh-in procedure to physically examine each Athlete. All members of the officiating board must be the same gender as the athletes being weighed (only men for men and women for women).

All contestants shall undergo a medical examination with the Medical doctor prior to the weigh-in. Contestants shall be weighed in a special room and must be attired only in sports undergarments; (men in underwear only and women in bras and underwear). Weighing in without any undergarments shall not be permitted.

At the weigh-in, all contestants must present their a valid passport of the country they represent and a their Accreditation Card. They will also need to present their valid FIAS License, Medical Insurance and Health Certificate to the Registration Commission and a weight report shall be prepared for each weight category.

The weigh-in results shall be recorded in the report which shall be signed by the members of the officiating board.



8. Sport Entries

8.1 Eligibility

Only OCA and ONOC member NOCs are entitled to send athletes to participate in the Sambo competition at the 5th Asian Indoor and Martial Arts Games.

Only athletes who comply with the OCA Constitution and Rules and its Bye-laws are entitled to participate in the Sambo competition.

8.2 Entry Timeline

Entry by Number – Deadline: Saturday June 17,2017 Entry by Name – Deadline: Thursday August 3, 2017

8.3 Entry Policies

The eligibility requirement for Athletic participation is that the Athlete must be above 18 years of Age, medically fit and MUST be an accredited athlete of their National Sambo federation duly affiliated to FIAS /SUA.

Each NOC may enter a maximum of two (2) athletes in each event in Sambo. Athletes may only be entered in, and contest one (1) bodyweight category.

NOCs that withdraw their athletes or teams after the submission of the final Entries by Name and Team Sport Draw will be faced disciplinary action by the OCA EB.

9. Technical Officials

The members of the competition officiating board shall be approved by the Chief Technical Delegate.

The competition officiating board shall include:

- Chief Referee, Assistant Chief Referees Chief Secretary, Assistant Chief Secretaries
- Officials Mat Chairmen, Arbiters, Side Referees, Score Board Operators, Score Keepers, Time Keepers

The Sambo Union of Asia has the right to appoint the Chief Technical Delegate and ITOs in coordination and approval of the OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participants, the OCA has the right to revoke the ID Card and propose change of the person to the concerned party.

10. Technical Meetings

Technical Official's meeting:

Date: September 23rd, 2017

Time: 16:00-17:45

Venue: Press Conference Centre

11. Protests and Appeals

Protests and appeals shall be resolved under instant video replay. A protest may be filed in connection with a gross violation of the Rules during the officiating of the fight or in the event of an extraordinary situation.

Procedure for filing a protest:

- the team representative shall file a protest with the Chief Referee of the competition in writing immediately during the competition with an indication of the article and clause of the Rules that were violated;
- a protest on an extraordinary situation (violation of the Regulation, weigh-in procedure and drawing of contestants, pairings, misinformation coming from officials, etc.) shall be filed immediately after it occurs in writing so that the officiating board has the opportunity to make a decision with minimum disruption to the progress and results of the competition.

The Jury of Appeal is formed by the SUA officiating commission or by the SUA designated Representative .

The Jury of Appeal is responsible for ensuring that all rules governing a Sambo match have been applied by the refereeing body before the winner of the period, or match, can be declared by the mat chairman.



Any athlete/NOC can appeal to CAS, in case he/she feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and SUA in force.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and AIMAG EC.

13. Doping Control

The 5th Asian Indoor and Martial Arts Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by August 01, 2017.

Where the athlete already has a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

14. Medal Ceremony

Gold, silver, and two bronze medals will be awarded to the athletes ranked top three (two third places) of each event respectively.

Podium medalists attire is the NOC official uniform.

15. Media Interviews

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.

All athletes must pass through the mixed zone but are not obligated to provide interviews.

16. Sport Information Center

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes' Village, which provides all participants with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Missions, Deputy Chef de Missions, and Team officials.

SIC Hours of operation

September 7 - 11 : 08:00 - 20:00September 12 - 29 : 07:00 - 23:00



| e-Sports | | 9 | Wrestling | weighthining | | Hack cycully | Track Cucling | laekwondo | -65 | Short Course Swimming | 9. | Sambo | | Muaythai | | Kurash | Kickooxing | Kickhoving | U Jitsu | | Indoor Tennis | | Indoor Athletics | cy! | - Mode | Fires | 23) | DanceSport | Chess | | Bowling | Billiard Sports | | Belt Wrestling | 3X3 basketoatt | 303 Backathall | Equestrian Jumping | Hadicional Missing | Traditional Wrostling | Ceremonies | Sport | |
|----------|-------------|-----------------|-------------------|-------------------|----------------|-----------------|---------------|----------------------------|---------------|-----------------------|---------------|--------------------|---------------|---------------------------|-----------------|--------------------|---------------------------|---------------------------|--------------------|-------------------|----------------------|---------------|------------------------|---------------|---------------------|-----------------|---------------|----------------------------|-----------------|---------------|---|--|------------------------|-------------------|----------------------|-----------------------|------------------------|----------------------|-----------------------|--------------------------|-----------------|---------------------------------------|
| | | 20 | C | 7 | • | 0/70 | 2. | -2 | 100 | | | 经 | - | 26 | 7 | j | | | 7.2 | | ير | | 34 | | 1 | ! | | ST. | かまる | 1 | 7) | N. | | S : | ١ | 6 | 13 | 7 | ÿ | | | C2 |
| | | | Main Indoor Arena | weightining Arend | Haliston Asses | AEGUIOIIG | Volodromo | laekwondo DanceSport Arena | | Aquatics Centre | | Martial Arts Arena | | Muaythai Kickboxing Arena | | Martial Arts Arena | Muaythal Nickooxing Arena | Minuthai Kirkhavina Arana | Martial Arts Arena | | Indoor Tennis Centre | | Indoor Athletics Arena | | Sport Venue Pitch 2 | Multifunctional | Pitch 1 | Taekwondo DanceSport Arena | Chess Arena | | Bowling Centre | Billiard Sports Arena | | Main Indoor Arena | 3X3 Basketoatt Arena | July Dankath III Anna | Equestrian Centre | Platt HIMMON PAREITA | Main Indoor Arons | Ashgabat Olympic Complex | Venue | |
| | | | | | | | | | | | | | | | | | | | 18:00 - 20:30 💍 | 10:00 - 13:30 | | | | 16:45 - 20:30 | 11:00 - 12:30 | 16:45 - 20:30 | 11:00 - 14:45 | | | | | | | | | | | 18:00 - 21:30 8 | 11:00 - 13:30 | | Sept. 16 Sat. | |
| | | | | | | | | | | | | | | 11:00 - 13:00 | | | | | | | | 10:00 - 13:00 | | | 10:00 - 11:30 | | 10:00 - 13:45 | | | | | | | | | | | | | Opening Ceremony | Sept. 17 Sun. | ** |
| | | | | 19:00 - 21:00 8 | * OC. 17.00 % | 18:00 - 21:00 5 | | 15:00 - 20:30 0 | 09:00 - 13:00 | | | | 16:00 - 21:30 | 11:00 - 14:00 | | | | | 18:00 - 21:30 💍 | 10:00 - 16:00 | 16-30 - 21-30 | 10:00 - 21:00 | 09:00 - 13:00 | 16:45 - 20:30 | 11:00 - 14:45 | 16:45 - 20:30 | 11:00 - 14:45 | | | | | | | | | | | 18:00 - 21:30 8 | 11:00 - 13:30 | | Sept. 18 Mon. | 7/ |
| | | | | 19:00 - 21:00 5 | 11:00 - 14:00 | 18:00 - 21:00 💍 | | 15:00 - 20:30 | 09:00 - 13:00 | | | | 16:00 - 19:45 | 11:00 – 14:00 | | | | | 18:00 - 20:30 💍 | 10:00 - 16:00 - 5 | 16-30 - 21-30 | 10:00 - 15:00 | 09:00-15:00 | 16:45 - 20:30 | 11:00 - 14:45 | 16:45 - 20:30 | 11:00 - 14:45 | | | | | 14:00 – 17:15 18:00 – 22:30 | 18:00 - 21:30 5 | 11:00 - 13:30 | 18:00 - 22:10 | | | | | | Sept. 19 Tue. | N. C. |
| | | | | 19:00 - 21:00 6 | 11:30 - 13:00 | 18:00 - 21:00 | | 15:00 - 20:30 0 | 09:00 - 13:00 | | | | | 14:30 - 18:00 | 19:00 - 21:30 5 | | | | | - | 0E:IC = 0E:91 | 10:00 - 15:00 | | 16:45 - 20:30 | 11:00 - 12:30 | 16:45 - 20:30 | 11:00 - 14:45 | | | | | 14:00 – 17:15 18:00 – 22:30 💍 | 18:00 - 21:30 5 | 11:00 - 13:30 | 18:00 - 22:10 | | | | | | Sept. 20 Wed. | |
| | | | | 19:00 - 21:00 6 | | 18:00 - 21:00 5 | | 15:00 - 20:30 0 | 09:00 - 13:00 | | | | | 14:30 - 20:20 5 | 18:00 - 21:30 🥇 | 10:00 - 12:30 | | | | | 16-30 - 21-30 | 10:00 - 15:00 | | 16:45 - 20:30 | 11:00 - 14:45 | 16:45 - 20:30 | 11:00 - 14:45 | | 16:00 - 20:00 | 09:00 - 13:00 | 09:00 - 12:00 13:30 - 16:30 | 14:00 - 17:15 18:00 - 22:30 5 | 18:00 - 21:30 5 | | 18:00 - 23:00 | | 13:00 - 18:00 8 | | | | Sept. 21 Thu. | |
| | | | | 19:00 - 21:00 8 | 11:30 - 13:30 | 18:00 - 21:00 💍 | | 15:00-20:30 | 09:00 - 12:30 | 18:00-20:00 8 | 10:00 - 11:45 | | | | 18:00 - 21:30 5 | 10:00 - 12:00 | | | | | 0E:1C - 0E:31 | 10:00 - 15:00 | | | | | | | 16:00 - 20:00 | 09:00 - 13:00 | 09:00 - 12:00 13:30 - 16:00 5 | 14:00 – 17:15 8 | 18:00 - 21:30 ö | 11:00 - 13:30 | 18:00 - 23:00 | | | | | | Sept. 22 Fri. | |
| | | | | 19:00 - 21:00 6 |)c | O: | 11:00 - 13:00 | 12 | | 18:00 - 19:45 | 10:00 - 11:30 | | | | | | 18:00 - 20:00 | 10:00 - 16:00 | | 1000 | 16:30 - 21:30 | 10:00 - 15:00 | | | | 17:00 - 20:30 | 11:00 - 14:30 | | 16:00 - 20:00 | 0 | 09:00 - 12:00 | Ot | O | 11:00 - 13:30 | 18:00 - 22:00 | | 14:00 – 15:00 č | | | | Sept. 23 Sat. | |
| | | 18:00 - 22:00 5 | | 19:00 - 21:00 6 | × | | | | | 18:00 - 20:00 8 | 10:00 - 11:30 | × | 10:00 - 13:30 | | | | 18:00 - 22:00 5 | 10:00 - 15:00 | | | 16-30 - 21-30 | 10:00 - 15:00 | | | | 17:00 - 20:30 | 11:00 - 14:30 | | | OK. | 09:00 - 12:00 13:30 - 16:00 8 | 01 01 | OF | | 18:00 - 22:30 5 | | | | | | Sept. 24 Sun. | 5th Asian I |
| | | 18:00 - 22:00 8 | 11:00 - 14:30 | 19:00 - 21:00 6 | 15.00 17.00 8 | | | | | 18:00 - 19:45 | 10:00 - 11:30 | 17:00 - 20:00 | 10:00 - 13:30 | | | | 18:00 - 21:30 💍 | 10:00 - 14:00 | | | De | 10:00 - 15:00 | | | | 17:00 - 21:15 8 | | 13:30 - 18:00 & | 16:00 - 18:30 | + | 09:00 - 12:00 13:30 - 16:30 | | O: | | | | | | | | Sept. 25 Mon. | 5th Asian Indoor & Martial Arts Games |
| | 09:00-21:00 | 18:00 - 22:00 5 | 11:00 - 14:30 | | | | | | | | 11.00 | 17:00 - 20:00 | 10:00 - 13:30 | | | | 18:00 - 21:30 💍 | | | 1000 | 12:00 - 15:00 8 | | | | | 17:00 - 21:15 💍 | | 13:30 - 18:00 & | 16:00 - 19:00 5 | 09:00 - 11:30 | 09:00 - 12:00 13:30 - 16:30 | 14:00 – 17:15 ö 18:00 – 22:30 ö | 10:00 – 13:15 💍 | | | | | | | | Sept. 26 Tue. | |
| | 09:00-14:00 | | | | | | | | | | | | | | | | | | | | | 10:00 - 13:00 | | | | | | | | 09:00 - 14:00 | 09:00 - 12:30 | | | | | | | | | Closing Ceremony | Sept. 27 Wed. | |



Ashgabat Olympic Complex



1. Ashgabat Olympic StadiumAshgabat 2017 Opening and Closing Ceremonies

2. Taekwondo and DanceSport Arena Taekwondo, DanceSport

3. Billiard ArenaBilliard Sports

4. Martial Arts Arena Ju Jitsu, Kurash, Sambo

5. Muay Kickboxing Arena Muaythai, Kickboxing

6. Weightlifting Arena Weightlifting

7. Main Indoor Arena Wrestling, Belt Wrestling, Traditional Wrestling

8. Aquatics Centre Short Course Swimming

9. Tennis Centre

Tennis

10. Velodrome Track Cycling

11.3x3 Basketball Arena 3x3 Basketball

12. Indoor Athletics Arena Indoor Athletics

13. Bowling Centre Bowling

14. Chess Centre Chess

15. Multifunctional Sport Venue Futsal

16. Equestrian Centre
Equestrian Jumping
17. Athlete Village



