



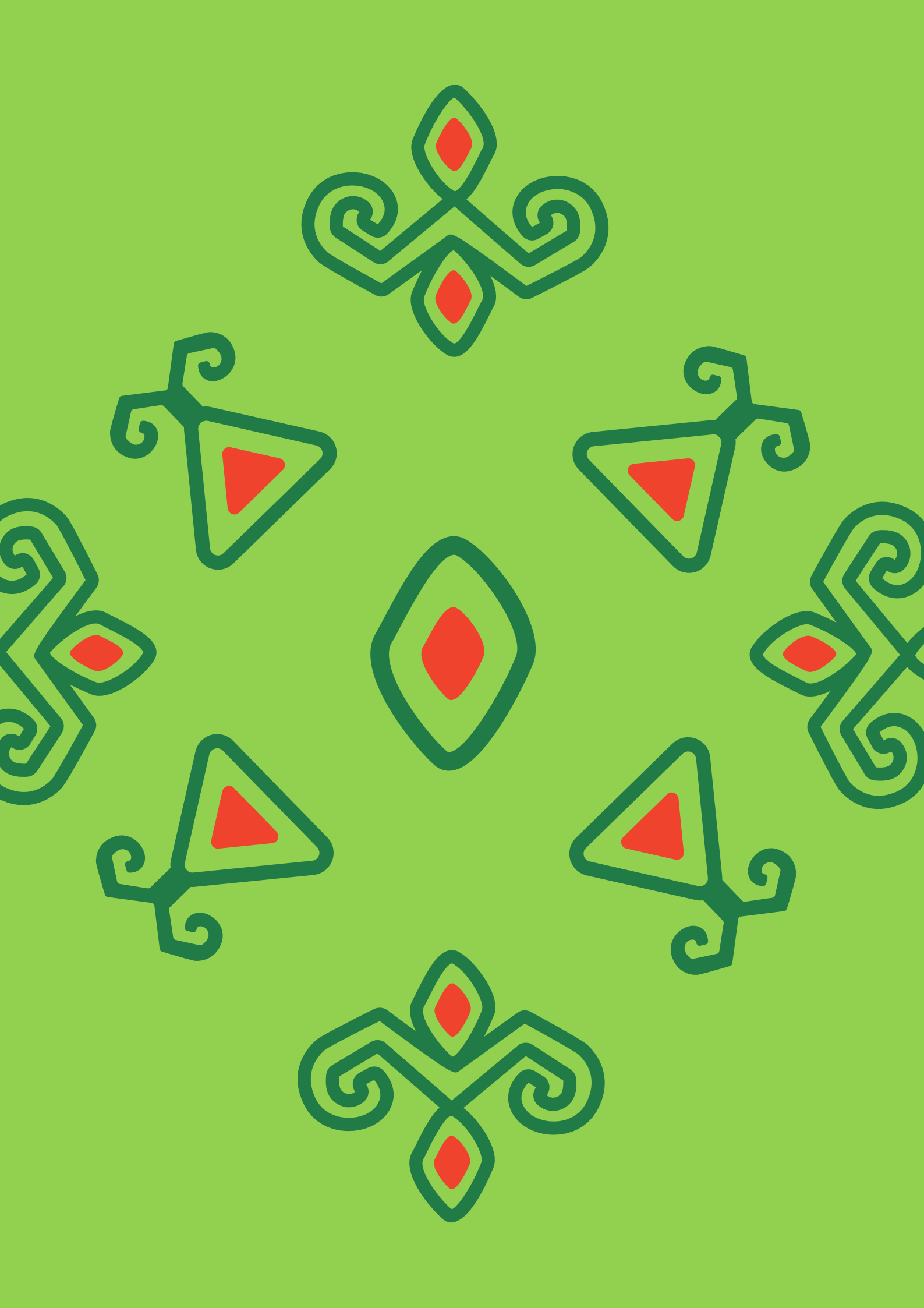
Ashgabat 2017

5th Asian Indoor & Martial Arts Games

Sport Handbook

Muaythai

September 2017



5th Asian Indoor And Martial Arts Games – in honor of peace and friendship

On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan's position on an international level, spread our Country's love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 157 ha we have over 30 different sites within the complex, including 13 of the 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

"Health, Inspiration and Friendship" was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation's inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation's healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation's health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.



I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5th Asian Indoor and Martial Arts Games.

**President of Turkmenistan
Gurbanguly BERDIMUHAMEDOV**



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Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17–27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdimuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Multifunctional Sport Venue located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include six Olympic sports: 3x3 Basketball, Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting



Aziya Olimpiya Geŋe

15-16 September



Organising Bodies

OCA Executive Board

Title	Name	Country
President	Sheikh Ahmad Al-Fahad Al-Sabah	Kuwait
Honorary Life Vice-President	Raja Randhir Singh	India
Honorary Life Vice-President	Jizhong Wei	China
Vice President	Maj Gen Charouk Arirachakaran	Thailand
Vice President	Timothy Tsun Ting Fok	Hong Kong
Vice President	Lt Gen Syed Arif Hassan	Pakistan
Vice President	HE Sheikh Isa Bin Rashed Al Khalifa	Bahrain
Vice President	Timur Kulibayev	Kazakhstan
Vice President	Tsunekazu Takeda	Japan
Vice President	Prof Dr Hoang Vinh Giang	Vietnam
Vice President	Sapardurdy Toylyyev	Turkmenistan
Vice President	Song Luzeng	China
Vice President	Yu Zaiching	China
Vice President	Rita Sri Wahyusih Subowo	Indonesia
Honorary Vice-President	Hemasiri Fernando	Sri Lanka



General Information

1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief



1.1 Games Overview

Duration	17–27 September 2017
Location	Ashgabat, Turkmenistan
Games Venue	15 Competition Venues
Sports Programme	21 Sports / 341 events
Patron	Olympic Council of Asia (OCA)
Host	Ashgabat 2017 5 th AIMAG Executive Committee

1.2 Motto

**Health. Inspiration.
Friendship.**



1.3 Logo

The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke

The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents **Health**.

Moon

The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents **Inspiration**.

Star

The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents **Friendship**.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.



1.4 Mascot

The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.



2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.



PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

Centre	Client Groups	Validation	Help Office	Lost/Stolen Replacement
Ashgabat International Airport (ASB)	All participants arriving on international flights	YES	-	-
Athletes Village Accreditation Centre	Village residents only	YES	YES	YES
Uniform and Accreditation Centre (UAC)	All	YES	YES	YES
Venue Accreditation Help Offices (VAHOs): <ul style="list-style-type: none"> • Ashgabat Olympic Complex South • Ashgabat Olympic Complex East • Multifunctional Sport Venue/Ashgabat Olympic Complex North • Equestrian Centre 	All	YES	-	YES
OCA Family Hotel Accreditation Centre	OCA Family Hotel residents only	YES	YES	YES

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.



4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating

The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services

The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.





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5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete's country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan in the south east, with Kazakhstan in the north, Uzbekistan to the east and north east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan's territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The President of Turkmenistan shall be the head of the state and executive branch of power, the highest official of Turkmenistan, acting as a guarantor of the state independence and the status of permanent neutrality of Turkmenistan, its territorial integrity, observance of the Constitution, the rights and freedoms of a person and citizen and fulfilment of international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country's Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.



8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country. Ashgabat is located in the south of Turkmenistan.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan, Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1C, with an average daily maximum of 31.5C and an average daily minimum of 15.4C (source: <http://www.ashgabat.climatemps.com/temperatures.php>).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.



Technical Information

1. Competition Date

The MuayThai competition will take place from 17th to 21st September 2017.

2. Venue

Category	Competition venue	Training venue
Name	Muaythai Kickboxing Arena (MK1)	Oil & Gas University from 13/09/17-16/09/17
Distance from the Athletes' Village	1.6 km	Hall 2 of MK1 during competition – 17/09/17-21/09/17
Seating capacity	861	

3. Competition Management

3.1 **Technical Delegate:** Dmitry Putilin (Russian), Technical Director with the International Federation MuayThai Amateur (IFMA)

3.2 **Competition Manager:** Scott Novack

3.3 **Technical Operations Manager:** Afsheen Panjalizadeh-Marseh

4. Competition Events

The MuayThai competition will consist of fourteen (14) events including nine (9) categories for men and five (5) categories for women.

Men	Women
-54kg, -57kg, -60kg, -63.5kg, -67kg, -71kg, -75kg, -81kg, -86kg	-51kg, -54kg, -57kg, -60kg, -63.5kg



5. Competition Schedule

Day	Date	Session	Start Time	End Time	Phase	Gender	Event
1	Sunday 17th September	MY1	11:00AM	13:30PM	P	M	Men's -54kg
					P	M	Men's -57kg
					P	M	Men's -60kg
					P	M	Men's -63.5kg
					P	M	Men's -67kg
2	Monday 18th September	MY2	11:00AM	14:00PM	P	M	Men's -54kg
					P	M	Men's -57kg
					P	M	Men's -60kg
		MY3	16:00PM	21:30PM	P	M	Men's -63.5kg
					P	M	Men's -67kg
					P	M	Men's -71kg
					P	M	Men's -75kg
					P	M	Men's -81kg
3	Tuesday, 19th September	MY4	11:00AM	14:00PM	P	M	Men's -54kg
					Q	M	Men's -57kg
					Q	M	Men's -60kg
					Q	M	Men's -63.5kg
					Q	M	Men's -67kg
		MY5	16:00PM	19:45PM	Q	M	Men's -71kg
					Q	M	Men's -75kg
					Q	M	Men's -81kg
					Q	M	Men's -86 kg
					Q	W	Women's -51kg
					Q	W	Women's -54kg
					Q	W	Women's -57 kg
					Q	W	Women's -60 kg
					Q	W	Woman's -63.5 kg
					4	Wednesday 20th September	MY6
S	M	Men's -57 kg					
S	M	Men's -60 kg					
S	M	Men's -63.5 kg					
S	M	Men's -67 kg					
S	M	Men's -71kg					
S	M	Men's -75 kg					
S	M	Men's -81kg					
S	W	Men's -86 kg					
S	M	Women's -51kg					
S	W	Women's -54 kg					
S	W	Women's -57 kg					
S	W	Women's -60 kg					
S	W	Woman's -63.5 kg					
5	Thursday 21st September	MY7	14:30PM	20:30PM			
					F	M	Men's -57 kg
					F	M	Men's -60 kg
					C	M	Ceremony for Men's -54, -57, -60 kg
					F	M	Men's -63.5 kg
					F	M	Men's -67 kg
					F	M	Men's -71 kg
					C	M	Ceremony for Men's -63.5, -67, -71 kg
					F	M	Men's -75 kg
					F	M	Men's -81 kg
					F	M	Men's -86 kg
					C	M	Ceremony for Men's -75, -81, -86 kg
					F	W	Women's -51 kg
					F	W	Women's -54 kg
					F	W	Women's -57 kg
					C	W	Ceremony for Women's -51, -54, -57 kg
					F	W	Women's -60 kg
					F	W	Woman's -63.5 kg
C	W	Ceremony for Women's -60, 63.5 kg					

* This competition schedule is subject to change depending on the number of final entries and the IFMA technical delegate signoff.



6. Competition Rules

The MuayThai competition of Ashgabat 2017 will be held in accordance with the International Federation of MuayThai Amateur (IFMA) Competition Rules and relevant rules and regulations in force during Games time.

In case of any disagreement in the language interpretation of the rules and regulations, the English version shall prevail. Any unforeseen case not covered by the rules and regulations shall be handled as follows:

General issues: Resolved in accordance with OCA Constitution and Rules.

Technical issues: Resolved in accordance with the IFMA Rules and Regulations.

7. Competition Format

All fights are single elimination – no tournament style.

7.1 Field of Play (FOP)

There will be 2 competition rings for the AIMAG 2017.

The size of the ring will be 6.10 x 6.10 metres inside the ropes.

The ring will be 1m above the ground.

A minimum of four rope stays must be used on each side of the ring.

The distance between the ropes must be evenly spaced.

The floor must be padded by a layer of rubber, soft cloth, rubber mat or other suitable material that is approved by the Commission with a minimum thickness of 2.5cm and a maximum of 3.7cm.

At least three (3) sets of steps are required to the height of the ring platform.

7.2 Duration of Contests

It will be 3 rounds of 3 minutes each for both male and female competitors. A full 1 minute of rest shall be given between the rounds.

7.3 Scoring

An athlete wins the round by hitting more using MuayThai skill than their opponent.

An athlete wins the round when using more forceful MuayThai skill than the opponent.

An athlete wins the round when showing less exhaustion or less bruising than the opponent.

An athlete wins the round when showing more aggression than their opponent.

An athlete wins the round when using a better MuayThai style than their opponent.

An athlete wins the round when having less infringement of the rules than their opponent.

10 points will be awarded to the athlete who wins the round, and the opponent proportionately less (9-8-7 respectively).

Points will be awarded to each athlete if they are even in the round.

The athlete who wins the round by a small margin will receive 10 points, the opponent will receive 9 points.

The athlete who wins the round by a big margin will receive 10 points; the opponent will receive 8 point or 7 points respectively.

7.4 Decision

Win on Points

Win by Retirement

Win by Referee Stopping Contest

Win by Disqualification

Win by Knock-out

No Contest

Win by Walk-over

A draw

Incidents in the ring



7.5 Contestant uniform and protective equipment

The athlete must wear MuayThai shorts – with the wording “MuayThai” on the front of the shorts only. Male athletes must put on a singlet in red or blue according to the corner. Female athletes must put on a singlet in red or blue according to the corner.

Mongkon & Prajiad: Athletes must wear the sacred headband (Mong-Kon) for paying homage before entering the ring. Prajiad with an amulet or charm may be worn around the upper arm, biceps or waist but must be neatly covered.

Gloves: Athletes shall wear the gloves which the organiser of the competition has placed at their disposal and which have been approved by the Executive Committee of IFMA. Athletes are not allowed to wear their own gloves.

Gum shields: Gum shields shall be worn by all athletes before they begin fighting.

Groin protectors: The use of the groin guard is mandatory. For male athletes, a metal groin protector shall be worn, a jock strap may be worn in addition. For female athletes, a female groin protector made from foam shall be worn.

Head-guard: The use of the head-guard is mandatory. It shall conform to IFMA specifications. Athletes must come into the ring without their head guard - only after having been presented to the audience and Wai Kru has been completed should they put it on.

Shin guards and elbow guards: The use of shin guards and elbow guards is mandatory. This shall conform with IFMA specifications as it is the responsibility of the organizing committee to provide shin guards and elbow guards to the athletes.

Female Chest Protection: The use of breast protection is mandatory for all female athletes.

The sport protective equipment (non-personal) and uniform for athletes will be provided by AIMAG 2017. The manufacturers of the sport protective equipment is manufactured by Wesing. The Uniforms are manufactured by MTG Fight Gear.

7.6 Drawing of lots

Draw & Byes

The Draw: The draw shall take place after the medical examination and weigh-in. The draw must take place in the presence of official representatives of the teams concerned and must ensure where practicable that no competitor shall box twice in the competition before all other competitors have boxed at least once. The draw shall proceed first for the athletes to box in the first series and then for the byes. However, no athlete may be awarded a World or Continental Championship Medal without having boxed.

Byes: In competitions where there are more than four competitors, a sufficient number of byes shall be drawn in the first series to reduce the number of competitors in the second series to 4, 8, 16 or 32. Competitors drawing a bye in the first series shall be the first to box in the second series. If there are an odd number of byes, the athlete who draws the last bye will compete in the second series against the winner of the first bout in the first series.

Where the number of byes is even, the athlete drawing byes shall box the first bouts in the second series in the order in which they are drawn. No medal shall be awarded to an athlete who has not boxed at least once.

7.7 Weigh-in

The contestants in all weight divisions shall be required to be ready to weigh in on the first morning of the competition or day before the first competition day as specified by IFMA or the Continental Bureau on the competition schedule at an hour appointed between 8 am and 10 am. On the following competition days, only those who are drawn to box shall appear at the same time between 8am to 9 am.

Delegates authorized by IFMA shall supervise the weigh-in. A competitor will be allowed to present himself/herself at the official scales only once at the weigh-in each day. The weight recorded on that presentation is final. On the first day, it is permissible, however, for the National Team-manager of a competitor who has failed to make the weight at the original weigh-in to enter him/her there upon for the higher or lower weight for which he/she is qualified. But only if this country has a free place at that weight and the weigh-in is not yet closed. It is also permissible for a National Federation to substitute one athlete for another at any time up to the close of the first weigh-in and the medical examination, provided that in any competition where reserves are permitted, the substituted athlete has been entered as a reserve for the weight or any other weight. The weight is the one shown by the attested scale. The male athlete being in light underwear only and female athlete in light underwear and a bra top. The weight shall be in the metric scale. Electronic scales are recommended.



8. Sport Entries

8.1 Eligibility

Only OCA and ONOC member NOCs are entitled to send athletes to participate in the MuayThai competition of the 5th Asian Indoor and Martial Arts Games.

Only athletes who comply with the OCA constitution and rules and its bye-laws are entitled to participate in the MuayThai competition.

8.2 Entry Timeline

Entry by Number – Deadline Saturday, 17th June 2017

Entry by Name – Deadline Thursday, 3rd August 2017

8.3 Entry Policies

Each NOC may enter 2 athletes in each event (weight category).

NOCs that withdraw their athletes or teams after submission of the final entries by name, and the draw, will be faced with disciplinary action from the OCA EB.

9. Technical Officials

During the 5th Asian Indoor Games & Martial Arts Games, the Jury shall be appointed by the Executive Committee of Continental Association, or in case there is not a Continental Association, by the Continental Bureau concerned. At each boxing session the Jury shall consist of not less than 3 persons, including the chairman. Three of them shall either be members of the Commission of Refereeing and Judging or used to be in the international list of R/J. No other member of the Jury shall sit at the Jury table during that session.

AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and approval of the OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participants, the OCA has the right to revoke the Accreditation Card and propose change of the person to the concerned party.



List of ITO's

Name	Position
Dmitry Putilin	Technical delegate
Somchai Sripiew	Chief R&J
Bedrettin Erdogan Aydin	Panel R&J
Ryan Rudkin	Panel R&J
Jens Wilke	Panel R&J
Chris Samson	Panel R&J
Konstantin Zdhanov	Panel R&J
Nataliia Kogan	Panel R&J
Chan Kee Kok	Referees & Judges
Guo Yi	Referees & Judges
Mykhaylo Mitaki	Referees & Judges
Fredrik Johnson	Referees & Judges
Rodolfo Meoni	Referees & Judges
Robertas Siuska	Referees & Judges
Amary Ndiaye	Referees & Judges
Meng Khoo Yang	Referees & Judges
Vilen Mussin	Referees & Judges
Cori Chiu	Referees & Judges
Ping Ki Wong	Referees & Judges
Diong Chea Ying	Referees & Judges
Anna Prudnikoviea	Referees & Judges
Bagytzhan Mukhambetaliev	Referees & Judges
Yerbol Sultanov	Referees & Judges
Abby Mathews	Referees & Judges
Hamit Durmaz	Referees & Judges
Mr. Pravitt Jindarat	Referees & Judges
Mr. Pookich Prampryoon	Referees & Judges
Miss Poorada Thaisa-Ngunworakul	Referees & Judges
Miss Uraiwan Kiewmee	Referees & Judges
Julia Antunes	Referees & Judges
Ruslan Khadiev	Referees & Judges
Anatoly Kemen	Referees & Judges
Aleh Halavinets	Referees & Judges
Andreii Grosu	Referees & Judges
Ramazan Baglan	Referees & Judges
Gyorgy Vojvoda	Referees & Judges
Rustem Byashymov	Referees & Judges
Eesa Ahmadi	Referees & Judges
Mr. Aneak Pongsabutra	Scoring system
Mr. Vijak Suanchan	Scoring system
Ms Pimnisha Pokboonruang	Scoring system
Ms. Worawanna Ratanalerthada	Scoring system
Mr. Veera Phansue	Musician
Mr. Thanakorn Namwong	Musician
Mr. Pongsapich Kaewkulthorn	Musician
Mr. Pitsanu Boonsrianan	Musician
Mr. Pacharapol Sudloy	Musician
Mr. Chatdanai Phunkaew	Musician
Mr. Banleng Chitthuam	Musician
Mr. Amornthep Aphai	Musician



10. Pre-Competition Activities

10.1 Athlete Training

Date: 13/09/17 – 16/09/17

Time: 09:00am-21:00pm at Oil & Gas University

Venue: Oil & Gas University

During competition (17/9/17-21/9/17) training will take place at Hall 2 of MK1 venue. Training times around the same as competition times.

10.2 Team Managers Meeting

Date: 15/09/17

Time: 10:00am-11:00am

Venue: Village

10.3 NOC Uniform Press

Date: 15/09/17

Time: 12:00pm-18:00pm

Venue: Village

10.4 ITO Training

Date: 15/09/17

Time: 14:00pm-16:00pm

Venue: MK1

10.5 Weight-In

Date(s): 16/09/2017 – 21/09/2017

The contestants in all weight divisions shall be required to be ready to weigh in on the first morning of the competition or day before the first competition day as specified by IFMA or the Continental Bureau on the competition schedule at an hour appointed between 8am and 10am. On the following competition days, only those who are drawn to box shall appear at the same time between 8am to 9am.

Weigh-in on 16/09/17 will be from 8:00am-10:00am in the village.

Weigh-in on 17/09/2017 will be from 7:00am-8:00am in the village, due to competition starting at 11:00am

Venue: Village

10.6 Technical Officials/Team Delegation Meeting

Date: 16/09/17

Time: 10:00am-12:00pm in conjunction with the Draw.

Place: Village

10.7 Draw

Date: 16/09/17

Time and Place: 10:00am-12:00pm

Venue: Village

*The Pre-Competition Schedule is subject to change depending on the signoff from the technical delegate.

10.8 Referee Meeting

Date: 16/09/17

Time: 12:00pm-13:00pm

Venue: Village



11. Protests and Appeals

Protests: A protest can be lodged by the manager of a team within thirty (30) minutes after the decision has been announced. As for the final, the protest must be lodged within five (5) minutes. After the decision is announced, the protest shall be made in writing and handed to the Chairman of the Jury, along with a protest fee of \$500 USD. If the Jury agrees to review, necessary action may be taken on the matter. If the protest is upheld, the money will be refunded with a deduction of \$100 USD for administration. If the decision is upheld, the protest fee will not be refunded and will remain with IFMA or the Continental Bureau.

* Any athlete/NOC can appeal to CAS, in case he/she feels that there is a violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and **IFMA** in force.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and 5th AIMAG EC.

All sport protective equipment provided to athletes is from the manufacture of Wesing and Muaythai uniforms from MTG Fight Gear.

List of Equipment

Equipment Name / Description	Total Required Quantity
Head Guard Total	46
Red S	5
Blue S	5
Red M	5
Blue M	5
Red L	8
Blue L	8
Red XL	5
Blue XL	5
Gloves Total 10 Oz	60
Red	30
Blue	30
Male Groin Protector Steel Total	25
M	10
L	10
XL	5
Female Groin Protector Foam Total	11
S	3
M	3
L	5
Female Chest Protector Total	6
S	2
M	2
L	2
Handwraps	360
Shin Instep Total	120
Red XS	10
Blue XS	10
Red S	10
Blue S	10
Red M	15
Blue M	15
Red L	15
Blue L	15
Red XL	10
Blue XL	10



Elbow Guard Total	120
Red XS	10
Blue XS	10
Red S	10
Blue S	10
Red M	15
Blue M	15
Red L	15
Blue L	15
Red XL	10
Blue XL	10
Uniforms – Singlet Total	500
Red S	75
Blue S	75
Red M	92
Blue M	92
Red L	53
Blue L	53
Red XL	30
Blue XL	30
Uniforms – Shorts (Black) Total	250
Size S	75
Size M	90
Size L	55
Size XL	30
Mongkon Total	8
Red	4
Blue	4
Thai kik pads total	20
Clocks	2
Bell or Gong total	2
Ring Kit Collection Boxes	4
Massage Tables	12
Scales total	6

13. Doping Control

The 5th Asian Indoor and Martial Arts Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by 06 August 2017.

Where the athlete already has a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

14. Medal Ceremony

Gold, silver, and (two) bronze medals will be awarded to the athletes ranked top three (two third places) of each event respectively.

Medallists must wear their NOC official uniforms.

15. Media Interviews

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.

All athletes must pass through the mixed zone but are not obligated to provide interviews.

16. Sport Information Center (SIC)

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes' Village which provides clients with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Mission, Deputy Chefs de Mission, and Team officials.



Sport Competition Schedule													
Ashgabat 2017													
5th Asian Indoor & Martial Arts Games													
Sport	Venue	Sept. 16 Sat.	Sept. 17 Sun.	Sept. 18 Mon.	Sept. 19 Tue.	Sept. 20 Wed.	Sept. 21 Thu.	Sept. 22 Fri.	Sept. 23 Sat.	Sept. 24 Sun.	Sept. 25 Mon.	Sept. 26 Tue.	Sept. 27 Wed.
Ceremonies	Ashgabat Olympic Complex	11:00 - 13:30	Opening Ceremony	11:00 - 13:30									Closing Ceremony
Traditional Wrestling	Main Indoor Arena	18:00 - 21:30		18:00 - 21:30					10:00 - 11:30 13:00 - 16:30				
Equestrian Jumping	Equestrian Centre								14:00 - 15:00				
3x3 Basketball	3x3 Basketball Arena												
Belt Wrestling	Main Indoor Arena												
Billiard Sports	Billiard Sports Arena												
Bowling	Bowling Centre												
Chess	Chess Arena												
Dancesport	Taekwondo Dancesport Arena												
Futsal	Multifunctional Sport Venue												
Indoor Athletics	Indoor Athletics Arena												
Indoor Tennis	Indoor Tennis Centre												
Jujitsu	Martial Arts Arena												
Kickboxing	Muaythai Kickboxing Arena												
Kurash	Martial Arts Arena												
Muaythai	Muaythai Kickboxing Arena												
Sambo	Martial Arts Arena												
Short Course Swimming	Aquatics Centre												
Taekwondo	Taekwondo Dancesport Arena												
Track Cycling	Velodrome												
Weightlifting	Weightlifting Arena												
Wrestling	Main Indoor Arena												
e-Sports													

Schedule and session times are subject to change.

Medal session

Opening Ceremony

Closing Ceremony

Demonstration sport only

Map of Ashgabat Olympic Complex



1. Ashgabat Olympic Complex

Ashgabat 2017 Opening and Closing Ceremonies

2. Taekwondo DanceSport Arena

Taekwondo, DanceSport

3. Billiard Arena

Billiard Sports

4. Martial Arts Arena

Ju Jitsu, Kurash, Sambo

5. MuayThai and Kickboxing Arena

MuayThai, Kickboxing

6. Weightlifting Arena

Weightlifting

7. Main Indoor Arena

Wrestling, Belt Wrestling, Traditional Wrestling

8. Aquatics Centre

Short course Swimming

9. Tennis Centre

Tennis

10. Velodrome

Track Cycling

11. 3x3 Basketball Arena

3x3 Basketball

12. Indoor Athletics Arena

Indoor Athletics

13. Bowling Centre

Bowling

14. Chess Centre

Chess

15. Multifunctional Sport Venue

Futsal

16. Equestrian Centre

Equestrian Jumping

17. Athlete Village



