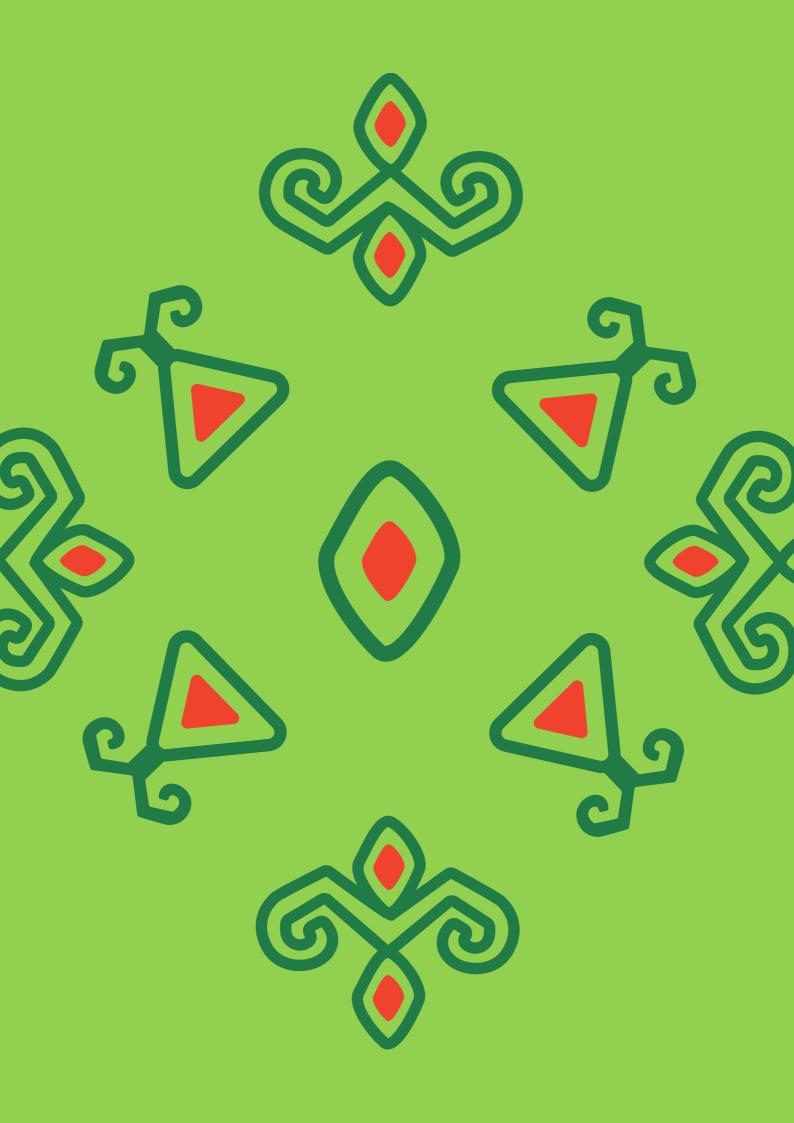


Sport Handbook



September 2017



5th Asian Indoor And Martial Arts Games – in honor of peace and friendship

On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan's position on an international level, spread our Country's love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 157 ha, we have over 30 different sites within the complex, including 13 of the 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

"Health, Inspiration and Friendship" was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation's inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation's healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation's health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.



I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5^{th} Asian Indoor and Martial Arts Games.

President of Turkmenistan Gurbanguly BERDIMUHAMEDOW

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Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17–27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdimuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Multifunctional Sport Venue located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include six Olympic sports: 3x3 Basketball, Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting.



2. Organising Bodies

OCA Executive Board

Title	Name	Country
President	Sheikh Ahmad Al-Fahad Al-Sabah	Kuwait
Honorary Life Vice-President	Raja Randhir Singh	India
Honorary Life Vice-President	Jizhong Wei	China
Vice President	Maj Gen Charouk Arirachakaran	Thailand
Vice President	Timothy Tsun Ting Fok	Hong Kong
Vice President	Lt Gen Syed Arif Hassan	Pakistan
Vice President	HE Sheikh Isa Bin Rashed Al Khalifa	Bahrain
Vice President	Timur Kulibayev	Kazakhstan
Vice President	Tsunekazu Takeda	Japan
Vice President	Prof Dr Hoang Vinh Giang	Vietnam
Vice President	Sapardurdy Toylyyev	Turkmenistan
Vice President	Song Luzeng	China
Vice President	Yu Zaiching	China
Vice President	Rita Sri Wahyusih Subowo	Indonesia
Honorary Vice-President	Hemasiri Fernando	Sri Lanka

General Information

1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief



1.1 Games Overview

Duration	17–27 September 2017 (12 days of competition)
Location	Ashgabat, Turkmenistan
Games Venue	15 Competition Venues
Sports Programme	21 Sports / 337 events
Patron	Olympic Council of Asia (OCA)
Host	Ashgabat 2017 5 th AIMAG Executive Committee

1.2 Motto

Health. Inspiration. Friendship.

1.3 Logo

The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke

The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents **Health**.

Moon

The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents Inspiration.

Star

The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents **Friendship**.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.

1.4 Mascot

The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.

2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.







PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

Centre	Client Groups	Validation	Help Office	Lost/Stolen Replacement
Ashgabat International Airport (ASB)	All participants arriving on international flights	YES	-	-
Athletes Village Accreditation Centre	Village residents only	YES	YES	YES
Uniform and Accreditation Centre (UAC)	All	YES	YES	YES
 Venue Accreditation Help Offices (VAHOs): Ashgabat Olympic Complex South Ashgabat Olympic Complex East Ice Palace/Ashgabat Olympic Complex North Equestrian Centre 	All	YES	-	YES
OCA Family Hotel Accreditation Centre	OCA Family Hotel residents only	YES	YES	YES

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.



4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating

The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services

The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.



5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete's country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan, with Kazakhstan in the north, Uzbekistan to the north and east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan's territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The Turkmen President is the guarantor of national independence, of the country's neutrality status, its territorial integrity, the respect for the constitution and international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country's Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.

8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country.

The city's name comes from the words "Ashk" – love and "abad"- city, giving it the name "city of love". Ashgabat is located in the south of Turkmenistan, 25km north of the border with Iran from which it is separated by Kopetdag mountains, while on the other side the city borders with the Karakum desert.

Settlements on the territory of modern Ashgabat date back to the Neolithic era, around 6000 BC.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China

until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan,

Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1C, with an average daily maximum of 31.5C and an average daily minimum of 15.4C (source: <u>http://www.ashgabat.climatemps.com/temperatures.php</u>).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.

Technical Information

1. Competition Date

The Kurash competition will take place from 20th to 22nd September 2017.

2. Venue

Category	Competition venue	Training venue
Name	Martial Arts Arena, Ashgabat Olympic Complex	International Oil and Gas university
Distance from the Athletes' Village	1,6 km	6,2 km
Seating capacity	5000	

3.1 Technical Delegate: Mr. Mohammad Reza Nassiri Nejad

- 3.2 Competition Manager: Mr. Mark Kaufmann
- 3.3 Technical Operation Manager: Loretta Cusack Doyle
- 3.4 Call Room Manager: Kenji Saito
- 3.5 Games Service Manager: Katie Ribeiro
- 3.6 Kurash sport specialist: Murat Gulamov

4. Competition Events

The Kurash competition will consist of fifteen (15) medal events, seven (7) men's events and eight (8) women's events.

Men's	Women's
-60 kg	-48 kg
-66 kg	-52 kg
-73 kg	-57 kg
-81kg	-63 kg
-90 kg	-70 kg
-100 kg	-78 kg
+100 kg	-87 kg
	+87 kg

5. Competition Schedule

Date	Time	Event	Session	Gender	Phase
	19:00-21:30	-60kg		М	Preliminaries, Semifinals, Finals & Medal Ceremonies
20 Sept. (Wed)		-87kg	KU1	W	Preliminaries, Semifinals, Finals & Medal Ceremonies
		+87kg		W	Preliminaries, Semifinals, Finals & Medal Ceremonies
		-66kg		М	Preliminaries/Quarterfinals
		-73kg		М	Preliminaries/Quarterfinals
	10:00-12:30	-81kg	KU2	М	Preliminaries/Quarterfinals
	10.00-12.30	-63kg	KU2	W	Preliminaries/Quarterfinals
		-70kg		W	Preliminaries/Quarterfinals
		-78kg		W	Preliminaries/Quarterfinals
21 Sept. (Thurs)		-66kg		М	Semifinals/Finals & Medal Ceremonies
	18:00-21:30	-73kg		М	Semifinals/Finals & Medal Ceremonies
		-81kg		М	Semifinals/Finals & Medal Ceremonies
		-63kg	KU3	W	Semifinals/Finals & Medal Ceremonies
		-70kg		W	Semifinals/Finals & Medal Ceremonies
		-78kg		W	Semifinals/Finals & Medal Ceremonies
		+100kg		М	Preliminaries/Quarterfinals
		-100kg		М	Preliminaries/Quarterfinals
	10:00-12:30	-90kg	KU4	М	Preliminaries/Quarterfinals
	10.00-12.50	-48kg	KU4	W	Preliminaries/Quarterfinals
		-52kg		W	Preliminaries/Quarterfinals
22 Sept. (Fri)		-57kg		W	Preliminaries/Semifinals
22 Sept. (FII)		+100kg		М	Semifinals/Finals & Medal Ceremonies
		-100kg		М	Semifinals/Finals & Medal Ceremonies
	18:00-21:30	-90kg	KU5	М	Semifinals/Finals & Medal Ceremonies
	18.00-21.50	-48kg	KU5	W	Semifinals/Finals & Medal Ceremonies
		-52kg		W	Semifinals/Finals & Medal Ceremonies
		-57kg		W	Semifinals/Finals & Medal Ceremonies

Note: The above schedule is subject to change depending on the number of final entries.

6. Competition Rules

Kurash competition of the 5th Asian Indoor & Martials Arts Games shall be conducted in accordance with the latest International Kurash Association (IKA) Rules.

In case of any disagreement in the interpretation of the regulations and rules, the English version shall prevail. Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

- General issues : Resolved in accordance with the OCA Constitution
- Technical issues: Resolved in accordance with the IKA Rules

7. Competition Format

The Kurash competition will be according to the direct elimination system in each category, two bronze medals will be awarded to the losers of the semi-finals in each event.

7.1 FOP

Field of play is located within Martial Arts Arena and will have 3 competition gilams.

7.2 Duration of contest

The Kurash duration of the contest shall be four (4) minutes for Men's and three (3) minutes for Women's competition.

7.3 Scoring

There are three (3) scoring methods – KHALOL, YONBOSH, CHALA.

7.4 Decision

One KHALOL or two YONBOSH ends the competition, and CHALA is the lowest scoring appraisal.

7.5 Contestant uniform and protective equipment

The participants of the competition should wear a dark blue or green Yakhtak, white trousers and red belt. The participant called first, comes in a dark blue Yakhtak, and the second one in a green Yakhtak

7.6 Drawing lots

Competitions are conducted according to the knock-out system. The number of a wrestler is defined by a draw and is kept till the end of competition.

Date: September 19th Time: 19:00 - 20:00 Location: Athletes Village

7.7 Weigh-in

An official weigh-in will be conducted, under the supervision of 6 officials (3 men and 3 women) appointed by IKA for all athletes on the day of their competition. Weigh-in will take place within 1 hour at the designated site on the competition day. There will be an unofficial weigh-in before the official weigh-in according to the program.

All official weigh-in Scales will be calibrated 10pm daily. The weigh-in room will remain locked and secured till the start of the unofficial weigh-in 6.00am.

Date: September 20th (Official Weigh-in) Unofficial weigh in: 6:00-7:00 a.m. Official weigh in: 7:00- 8:00 a.m. Location: Athletes Village (basement level)



Kurash Sport Handbook

Date	Weight Category		
20 th September	Men -60kg		
	Women -87kg, +87kg		
21 st September	Men - 66kg, 73kg, 81kg		
	Women - 63kg, 70kg, 78kg		
22 nd September	Men -90kg, -100, +100kg		
	Women -48kg, 52kg, 57kg		

7.8 Athletes training

Kurash training will take place at the International Oil and Gas University. All training will be open sessions on 16 - 21 starting at 09:00am - 21:00pm (only on 17^{th} training venue will close at 13:00pm).

7.9 Back patch Delivery and Collection Procedures

NOC representatives will be expected to deliver all Clean, Dry and Clearly Marked Yakhtats.

We will provide plastic bags and NOC labels to transport them to the sewing room for the sewing of backpatches. This room is situated close to the weigh-in room at the Athletes Village.

When you deliver your teams Yakhtaks to the sewing room a volunteer will be examine and count all Yakhtaks, they will then provide you with a receipt.

When collection your teams Yakhtak, you must provide the volunteer with the receipt before they are returned.

May we remind you that the delivery & collection of Yakhtaks for Backpatch installation can be done on the dates & times specified in this handbook. We will not be able to accept any Yakhtaks before or after these dates.

Times & Dates.

- 17th September 8.00am 13.00
- 18th September 8.00am -13.00 & 15.00 18.00
- 19^{th} September 8.00am -13.00 & 15.00 18.00
- 20th September 8.00am 13.00

8. Athletes familiarization

Familiarisation venue tours:

The familiarisation will take place in MAA on 20^{th} September 2017.

We would request that you book your tour at the Sports Information desk before 7pm on 19th September 2017. Tours will start 8.00am and will last for 30mins. Each tour will start on the hour and every half hour.

Tour	1	2	3	4	5	6	7	8	9
Time	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00
Tour	10	11	12	13	14				
Time	12.30	13.00	13.30	14.00	14.30				

8.1 Key dates

Date	Milestone
17 June 2017	Entry by Number Deadline
3 August 2017	Entry by Name
7 September 2017	Delegate Registration Meetings (DRMs)
12 September 2017	AIMAG Village opens
15 September 2017	TD arrive
16 September 2017	Athlete training commences
17 September 2017	Final List of entries sent to KCAO by SEQ
17 September 2017	Opening Ceremony
17 September 2017	ITOs and NTOs arrive
19 September 2017	ITO's Training
19 September 2017	Technical meeting
19 September 2017	ITO/NTO Meeting
20 September 2017	Competition commences
22 September 2017	Competition concludes
23 September 2017	Departure of ITOs and TD
27 September 2017	Closing Ceremony
30 September 2017	Village closes

9. Sport Entries

9.1 Eligibility

- Only OCA member NOCs are entitled to send athletes to participate in the Kurash competition of the 5th Asian Indoor & Martial Arts Games.

- Only athletes who comply with the Constitution and Rules of the OCA and its By-laws are entitled to participate in the Kurash competition.

- Athletes of the following age groups may attend:

Senior: Men's above 18; Women's above 18 years

9.2 Entry Timeline

Entry by Number – Deadline: 17th June 2017 Entry by Name – Deadline: 3rd August 2017

9.3 Entry Policies

Each NOC may enter two (2) athletes per in each event.

10. Technical Meeting

10.1

Referee meeting: Date: September 19th, 2017 Time: 13:00 - 14:00 Venue: Athletes Village - Cinema

10.2

Congress: Date: September 19th, 2017 Time: 14:00 - 15:00 Venue: Athletes Village - Cinema

10.3

Technical Officials meeting: Date: September 19th, 2017 Time: 15:00 - 16:00 Venue: Athletes Village - Cinema

10.4

Team Officials meeting and Draw: Date: September 19th, 2017 Time: 16:00 - 17:00 Venue: Athletes Village - Cinema

11. Technical Officials

11.1 Technical Officials

The Technical delegate, Technical Officials and Jury Members shall be appointed by the International Kurash Association (IKA)

11.2 Referees

Only qualified Referees and Judges can officiate the Kurash Competition.

11.3 ITO list

NAME	Role	NATIONALITY
Reza Nassiri Nejad	Technical Delegate	IRI
MOHAMMAD REZA		IRI
MINOOKADEH	Referees	
KOUROSH KHOSROUYAR	Referees	IRI
HAMEED A H E FARMAN	Sport Commission	KUW
Kuo Yung Chang	Referees	TPE
Sittipol Kongkak	Referees	THA
JUAN DA WEI	Referees	ТРЕ
CHANG KAI FENG	Referees	TPE
LIN LUNG PUO	Referees	TPE
AHMAD YAMA SAMAK	Referees	AFG
HIDEO KAMAGA	Sport Commission	JPN
CHOW NGAI HUNG	Referees	SGP
HAYDER HUSSEIN JAWAD AL		
DUJAILI	Referees	IRQ
ANDRE MECHLEB	Referees	LBN
HACI Yusuf Yildirim	Sport Commission	TUR
NGUYEN HUU AN	Sport Director	VIE
NGUYEN TUAN HOC	Referees	VIE
Batoul Pakrouh	Referees	IRI
Muhamad Nur Hamid		
Amiruddin	Referees	INA
KIM EUR JOONG	Referee Director	KOR
KIM SUKIL	Referees	KOR
HYEONGSIK BAE	Referees	KOR
PRATIKSHA KHAREL	Referees	NEP
JOO HEE PARK	Sport Commission	KOR
MERZAKULY KURBANOV	Referees	ТКМ
MYRAT KURBANOV	Referees	ТКМ
FERUDDIN HUDAYBERDIYEV	Timing and Scoring	ТКМ
IP CHUN LUNG	Referee Commission	HKG
PULSAK SATJATHMAMNU	Referees	THA
BEGZ JAGAL SAIKHAN	Referees	MGL



Nokisbay Daniyarov	Referees	UZB
Gullola Norkulova	Referees	UZB
Sanatbek Odambaev	Timming and Scoring	UZB
MURAD ABUIEDA	Sport Commission	PLE
KHIN CHAN MY AE THU	Referees	MYA
Farkhod Toshev	Referees	UZB
PEIRIS		
BAMINAHANNADIGE		
ANANDA JAYA LAL		
GURUKULA	Referees	SRI
SINA SALMANPOR	Referees	IRI
Nasrollahzadehmehrabadi		
Majid	Referees	IRI
AIZAT KADYRALIEVA	Referees	KGZ
IRAJ AKBARLOO	Referees	IRI
Salokhiddin Saipov	Referees	KAZ
MOHSEN ROSTAMI	Referees	IRI
CHANG HAO CHENG	Referees	TPE
AL ROCHELLE	Sport Commission	PHI
DAVID CARTER	Sport Commission	PHI
Muhammad Khalid		
Mahmood	Timming and Scoring	РАК
Severakhon Dekhkonova	Referees	UZB
Kasamatsu Kiyoshi	Sport Commission	JPN

12. Protests and Appeals

Claims and protests made to the judges on the ground concerning matters of fact are decided by the Technical Committee without appeal. Appeals against other decisions of the judge or with regard to any other matter must be addressed in due time to the Chairman of the Jury of Appeal, by a representative of the member organization of the NOC making the appeal.

Any claim must be made within 30 minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except for the case of disqualification of a team or of an athlete for infraction of the Rules and Regulations of the Games, which shall be decided by the Court of Appeal. All claims and appeals must be in writing form.

All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

Protest will be dealt with in accordance to the IKA Rules and Regulations. All protests must be accompanied by a deposit of 100 \$US in cash or its equivalent. Any protest without the said deposit shall not be considered.

Any athlete/NOC can appeal to CAS, in case he/she feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

13. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the Kurash competition must comply with the IKA rules and regulations. Neither athlete nor technical official can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and AIMAG.

13.1

No equipment or accessories may be taken by the athlete to the medal ceremony or media interview areas, unless worn (for example, shoes).

14. Doping Control

The 5th Asian Indoor and Martial Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by 06 August 2017.

Where the Athlete already has, a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

15. Medal Ceremony

Medal ceremonies will occur at the end of each competition day, as per OCA Constitution, art.63: Victory and Medals Ceremony.

One Gold, one Silver and two Bronze medals will be awarded to athletes ranked top three of each event respectively. Fifteen minutes before the victory ceremony starts, the medalists shall be escorted to the waiting area to get ready for the ceremony .

Men medalists must wear blue yakhtak and Women medalists must wear green yakhtak.

16. Media interview

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.

All athletes must pass through the mixed zone but are not obligated to provide interviews.



17. Sport Information Centre (SIC)

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes Village which provides clients with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Missions, Deputy Chef de Missions, and Team officials.

18. Prayer room

Prayer room for athletes will located in MAA level 2 – Massage room.

19. Smoke and Alcohol

Please can we remind you that it is prohibited to smoke or drink in the Ashgabat Olympic Complex.

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Ashgabat Olympic Complex



1. Ashgabat Olympic Stadium

Ashgabat 2017 Opening and Closing Ceremonies

2. Taekwondo and DanceSport Arena Taekwondo, DanceSport

3. Billiard Arena Billiard Sports

4. Martial Arts Arena Ju Jitsu, Kurash, Sambo

5. Muay Kickboxing Arena Muaythai, Kickboxing

6. Weightlifting Arena Weightlifting

7. Main Indoor Arena Wrestling, Belt Wrestling, Traditional Wrestling

8. Aquatics Centre Short Course Swimming **9. Tennis Centre** Tennis

10. Velodrome Track Cycling

11.3x3 Basketball Arena 3x3 Basketball

12. Indoor Athletics Arena Indoor Athletics

13. Bowling Centre Bowling

14. Chess Centre Chess

15. Ice Palace Futsal

16. Equestrian Centre Equestrian Jumping

17. Athlete Village

