



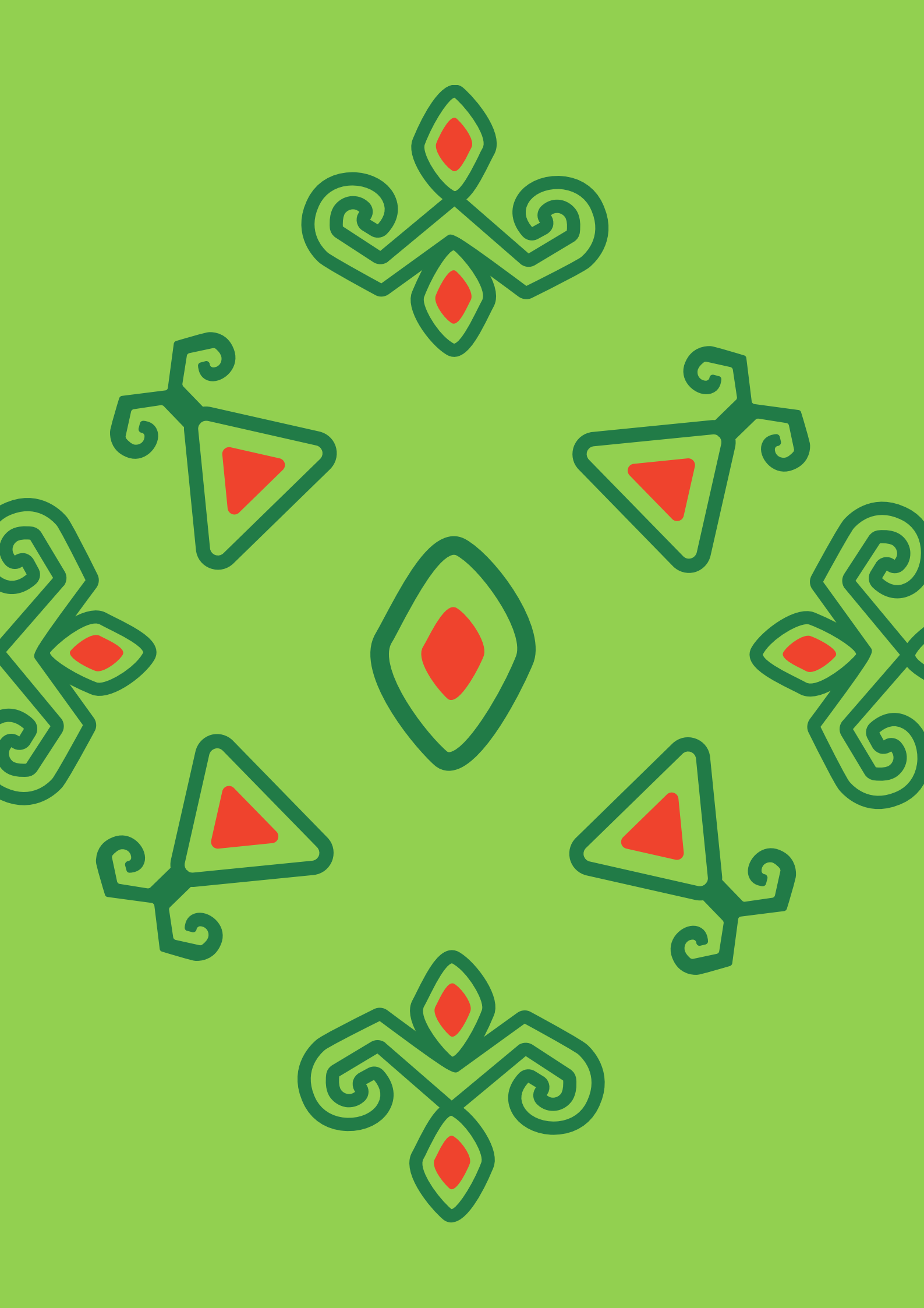
Ashgabat 2017

5th Asian Indoor & Martial Arts Games

Sport Handbook

Kickboxing

September 2017 V2



5th Asian Indoor And Martial Arts Games – in honor of peace and friendship

On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan's position on an international level, spread our Country's love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

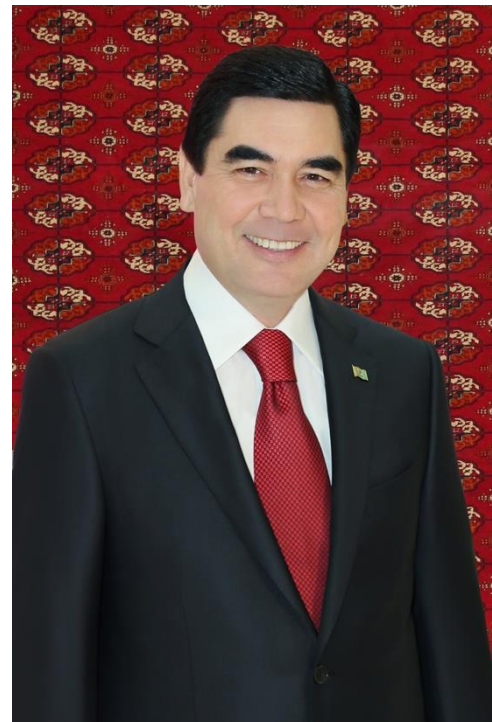
We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 1.47km², we have over 30 different sites within the complex, including 13 of the 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

"Health, Inspiration and Friendship" was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation's inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation's healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation's health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.



I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5th Asian Indoor and Martial Arts Games.

**President of Turkmenistan
Gurbanguly Berdimuhamedov**



Contents

Introduction	6
General Information	9
Technical Information	17-22
General Competition Schedule	23
Maps of Venue and City	24



Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17–27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdimuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Ice Palace located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include five Olympic sports: Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting.



Aziya Olimpiya Geŋe

15-16 September



2. Organising Bodies

OCA Executive Board

Title	Name	Country
President	Sheikh Ahmad Al-Fahad Al-Sabah	Kuwait
Honorary Life Vice-President	Raja Randhir Singh	India
Honorary Life Vice-President	Jizhong Wei	China
Vice President	Maj Gen Charouk Arirachakaran	Thailand
Vice President	Timothy Tsun Ting Fok	Hong Kong
Vice President	Lt Gen Syed Arif Hassan	Pakistan
Vice President	HE Sheikh Isa Bin Rashed Al Khalifa	Bahrain
Vice President	Timur Kulibayev	Kazakhstan
Vice President	Tsunekazu Takeda	Japan
Vice President	Prof Dr Hoang Vinh Giang	Vietnam
Vice President	Sapardurdy Toylyyev	Turkmenistan
Vice President	Song Luzeng	China
Vice President	Yu Zaiching	China
Vice President	Rita Sri Wahyusih Subowo	Indonesia
Honorary Vice-President	Hemasiri Fernando	Sri Lanka



General Information

1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief



1.1 Games Overview

Duration	17–27 September 2017 (12 days of competition)
Location	Ashgabat, Turkmenistan
Games Venue	15 Competition Venues
Sports Programme	21 Sports / 341 events
Patron	Olympic Council of Asia (OCA)
Host	Ashgabat 2017 5 th AIMAG Executive Committee

1.2 Motto

**Health. Inspiration.
Friendship.**



1.3 Logo

The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke

The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents **Health**.

Moon

The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents **Inspiration**.

Star

The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents **Friendship**.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.



1.4 Mascot

The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.



2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.



PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

Centre	Client Groups	Validation	Help Office	Lost/Stolen Replacement
Ashgabat International Airport (ASB)	All participants arriving on international flights	YES	-	-
Athletes Village Accreditation Centre	Village residents only	YES	YES	YES
Uniform and Accreditation Centre (UAC)	All	YES	YES	YES
Venue Accreditation Help Offices (VAHOs): <ul style="list-style-type: none"> • Ashgabat Olympic Complex South • Ashgabat Olympic Complex East • Ice Palace/Ashgabat Olympic Complex North • Equestrian Centre 	All	YES	-	YES
OCA Family Hotel Accreditation Centre	OCA Family Hotel residents only	YES	YES	YES

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.



4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating

The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services

The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.





VOLUNTEER

INFORMATION
DESK

OLYMPIC COUNCIL OF ASIA

ASHGABAT 2017

ASHGABAT 2017

5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete's country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan, with Kazakhstan in the north, Uzbekistan to the north and east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan's territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The Turkmen President is the guarantor of national independence, of the country's neutrality status, its territorial integrity, the respect for the constitution and international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country's Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.



8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country.

The city's name comes from the words "Ashk" – love and "abad"- city, giving it the name "city of love". Ashgabat is located in the south of Turkmenistan, 25km north of the border with Iran from which it is separated by Kopetdag mountains, while on the other side the city borders with the Karakum desert.

Settlements on the territory of modern Ashgabat date back to the Neolithic era, around 6000 BC.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan, Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1C, with an average daily maximum of 31.5C and an average daily minimum of 15.4C (source: <http://www.ashgabat.climatemps.com/temperatures.php>).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.



Technical Information

1. Competition Date

The Kickboxing competition will take place from the 23rd to 26th September 2017.

2. Venue

Category	Competition Venue	Training Venue
Name	Muaythai Kickboxing Arena*	Turkmenistan National Oil and Gas International University
Distance from the athletes Village	1.6km	6.2km
Seating Capacity	820	-

3. Competition Management

Technical Delegate: Euncheon Jeong (Korea)

Competition Manager: Mark Kaufmann

4. Competition Events

Kickboxing competition will consist of fifteen (15) medal events, eleven (11) men's events and four (4) women's events:

STYLES	Men (11)	Women (4)
Full Contact	-57kg, -67kg, -75kg	-56kg
Low Kick	-51kg, -63.5kg, -71kg, -81kg	-52kg
Kick Light	-69kg, -74kg	-60kg
Point Fighting	-69kg*, -79kg	-55kg

5. Competition Schedule

See next page

6. Competition Rules

The Kickboxing competition of the 5th Asian Indoor and Martial Arts Games will be held in accordance with the editions of the following document that are in force at the time of the Games:

- Kickboxing competition rules are available on the official website of WAKO ASIA: <http://wakoasia.com/rules/>.
- General issues: Resolved in accordance with OCA Constitution and Rules.
- Technical issues: Resolved in accordance with Asian Kickboxing Confederation (WAKO ASIA) Rules and Regulations.



5. Competition Schedule

Date	Start Time	End Time	Session	Event	Gender	Phase
23 Sept. (Sat)	10:00	17:00	KB1	Kick Light -60kg	W	Preliminaries
				Point Fighting -69kg	M	Preliminaries
				Kick Light -69kg	M	Preliminaries
				Low Kick -51kg	M	Preliminaries
				Low Kick -63,5kg	M	Preliminaries
				Full Contact -57kg	M	Preliminaries
				Full Contact -67kg	M	Preliminaries
	Point Fighting -55kg	W	Preliminaries			
	Full Contact -56kg	W	Preliminaries			
	18:00	23:30	KB2	Kick Light -60kg	W	Quarterfinals
				Point Fighting -55kg	W	Quarterfinals
				Full Contact -56kg	W	Quarterfinals
				Low Kick -71kg	M	Preliminaries
				Full Contact -75kg	M	Preliminaries
Low Kick -81kg				M	Preliminaries	
Point Fighting -69kg				M	Quarterfinals	
Point Fighting -55kg	W	Semifinals				
Full Contact -56kg	W	Semifinals				
24 Sept. (Sun)	10:00	17:00	KB3	Low Kick -63,5kg	M	Quarterfinals
				Full Contact -57kg	M	Quarterfinals
				Low Kick -51kg	M	Quarterfinals
				Point Fighting -79kg	M	Preliminaries
				Kick Light -74kg	M	Preliminaries
				Low Kick -52kg	W	Preliminaries
				Full Contact -67kg	M	Quarterfinals
	18:00	23:00	KB4	Kick Light -69kg	M	Quarterfinals
				Low Kick -71kg	M	Quarterfinals
				Full Contact -75kg	M	Quarterfinals
				Low Kick -81kg	M	Quarterfinals
				Low Kick -63,5kg	M	Semifinals
				Point Fighting -55kg	W	Finals & Medal Ceremonies
				Full Contact -56kg	W	Finals & Medal Ceremonies
25 Sept. (Mon)	10:00	16:30	KB5	Kick Light -60kg	W	Semifinals
				Point Fighting -69kg	M	Semifinals
				Kick Light -69kg	M	Semifinals
				Full Contact -57kg	M	Semifinals
				Low Kick -51kg	M	Semifinals
				Point Fighting -79kg	M	Quarterfinals
				Kick Light -74kg	M	Quarterfinals
	18:00	21:30	KB6	Low Kick -52kg	W	Quarterfinals
				Full Contact -67kg	M	Semifinals
				Low Kick -71kg	M	Semifinals
				Full Contact -75kg	M	Semifinals
				Low Kick -81kg	M	Semifinals
				Kick Light -60kg	W	Finals & Medal Ceremonies
				Point Fighting -69kg	M	Finals & Medal Ceremonies
26 Sept. (Tue)	10:00	12:00	KB7	Kick Light -69kg	M	Finals & Medal Ceremonies
				Low Kick -51kg	M	Finals & Medal Ceremonies
				Full Contact -57kg	M	Finals & Medal Ceremonies
	17:00	20:30	KB8	Low Kick -63,5kg	M	Finals & Medal Ceremonies
				Low Kick -52kg	W	Finals & Medal Ceremonies
				Full Contact -67kg	M	Finals & Medal Ceremonies
17:00	20:30	KB8	Low Kick -71kg	M	Finals & Medal Ceremonies	
			Full Contact -75kg	M	Finals & Medal Ceremonies	
			Low Kick -81kg	M	Finals & Medal Ceremonies	

Note: The above schedule is subject to change depending on the number of final entries

7. Competition Format

7.1 Competition Method

A direct elimination system will be followed in each style and category.

7.2 Duration of Contest

All events will use three (3) rounds of two (2) minutes each, with a one (1) minute rest period between rounds.

8. Sport Entries

8.1 Eligibility

- Only OCA and ONOC member NOCs are entitled to send athletes to participate in the (Sport) competition at the 5th Asian Indoor and Martial Arts Games.
- Athletes and Team Officials registered for Kickboxing must be members of the national Federation and/or Organization Member of the Asian Kickboxing Confederation (WAKO ASIA).
- Age limit for all contestants is 19 to 40 years old. Athletes must be 19 years old and cannot be 41 years old by the first day of competition, 23 September 2017.
- Only athletes who comply with the OCA Constitution and Rules and its Bye-laws are entitled to participate in the (Sport) competition.

8.2 Entry Time Line

Entry by Number – Deadline: Saturday June 17, 2017 (Ashgabat Time, GMT +5)

Entry by Name – Deadline: Thursday August 3, 2017 (Ashgabat Time, GMT +5)

8.3 Entry Policies

Each NOC may enter 2 athlete in each event.

- Total: Each NOC may enter a maximum of twenty-four (24) athletes in total for Kickboxing – eighteen (18) male and six (6) female.
- in case any NOC enters 2 athletes in any event (category), the concerned athletes will, by default, be placed in the top pool of the draw.
- In tatami styles an athlete is allowed to compete in both tatami styles.
 - For example: if an NOC registers an athlete in Point Fighting, the same athlete is allowed to be registered and compete in Kick Light style.
- NOCs that withdraw their athletes or teams after submission of the final entries by name, and the draw, will be faced with disciplinary action from the OCA EB.

9. Technical Officials

9.1 Technical Delegate

The Kickboxing Technical Delegate of 2017 Ashgabat, 5th Asian Indoor & Martial Arts Games is appointed by Asian Kickboxing Confederation (WAKO ASIA) and approved by OCA and AIMAG EC 2017.

9.2 ITO's

The necessary Technical Officials (referees, judges, umpires, timekeepers, inspectors, etc.) and a Jury of Appeal for Kickboxing competition shall be appointed by Asian Kickboxing Confederation (WAKO ASIA) in agreement and approved by OCA and AIMAG EC 2017.

9.3 Judges and Jury of Appeal

The Appeal Jury is composed by the following:

- Chairman of the Organising Committee of WAKO ASIA
- Technical Delegate
- Chairman of the Technical Committee of WAKO ASIA
- Chairman of the Referee Committee of Ring Sports
- Chairman of the Referee Committee of Tatami Sports



WAKO ASIA has the right to appoint the Technical Delegate and ITOs in coordination with, and approval of OCA. In case of violation of the IF/AF rules and Games Rules and Regulations by any participant, the OCA has the right to revoke the AD Card.

10. Technical Meeting & Key Dates

10.1 Weigh - in & Medical Check

Date: 22nd September 2017

Time and Place: Athletes Village, 09:00 - 13:00

Additional weigh in:

Date: 24, 25 and 26 September 2017 (Ring Styles Only)

Time and Place: Athletes Village, 07:00 – 08:00

Weigh-ins will be carried out by appointed Technical Officials in accordance with WAKO ASIA rules and guidelines.

Contestants must have a Pre-Competition Medical by the NOC according to the Asian Kickboxing Confederation (WAKO ASIA) Medical Guidelines. Consent from a Doctor of medicine affiliated to the NOC (counter signed by NOC), in which it is stated that prior to leaving his or her country the athlete was in good physical condition and not suffering from any injury, infection or disability label to affect his/her capacity to compete in the kickboxing competition of the 2017 Ashgabat 5th Asian Indoor & Martial Arts Games. The WAKO ASIA Medical form, which can be found on the 5th AIMAG extranet, must be completed and presented at the Official Weigh In & Medical Check.

Without this certification an athlete will not be eligible to compete.

10.2 Judge and Referee Seminar

Date: 22nd September

Time and Place: Athletes Village, 14:00 – 16:00

10.3 Technical Meeting

Date: 22nd September 2017

Time and Place: Athletes Village, 17:00 - 18:30

Each team is allowed to have a maximum of two persons attend the meeting including an NOC representative. The presence of the NOC representative is mandatory.

10.4 Draw

Date: 22nd September 2017

Time and Place: Athletes Village, 18:00-18:30

11. Protests and Appeals

Claims and Protest made to the judge's decision on the ground concerning matters of fact are decided by the Technical Committee without appeal. Appeals against other decisions of the judges or with regard to any other matter must be addressed to the Chairman of the Appeal Committee by a representative of the Member Organization of the NOC making the appeal.

Any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Appeal Committee after an investigation, shall then give a decision and this decision shall be irrevocable, exception for the case of the disqualification of a team or of a competitor for infraction of the Rules and Regulations of the Asian Kickboxing Confederation (WAKO ASIA) and, which shall be decided by Asian Kickboxing Confederation (WAKO ASIA) Board of Directors set. All claims and appeals must be made in writing.

Protest will be dealt with and in accordance to the current Asian Kickboxing Confederation (WAKO ASIA) Rules and Regulations. All protests must be accompanied by a deposit of one hundred twenty dollars (US\$120) or its equivalent. Any protest without the deposit will be considered void.

Any athlete/NOC can appeal to CAS, in case he/she feels that there is a violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.



12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the Kickboxing competition must comply with the Asian Kickboxing Confederation rules and regulations. Competition uniforms will be in accordance with WAKO ASIA rules. Neither athlete nor technical official can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and Executive Committee of the 5th Asian Games.

13. Doping Control

The 5th Asian Indoor and Martial Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by 06 August 2017. Where the Athlete already has, a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

14. Victory Ceremony

Medal ceremonies will occur at the end of each competition day, as per OCA Constitution, art.63: Victory and Medals Ceremony.

One Gold, one Silver and two Bronze places will be awarded.

Fifteen minutes before the victory ceremony starts, the medalists shall be escorted to the waiting area to get ready for the ceremony. Medalists must wear their official NOC uniforms.

15. Media Interview

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.

All athletes must pass through the mixed zone but are not obligated to provide interviews.

16. Sport Information Center

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes' Village which provides clients with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Missions, Deputy Chef de Missions, and Team officials.

17. Athlete Training

Athlete training will be available for all participating Kickboxing athletes from the 19th to 25th September. The training venue will open at 08:00 and close at 20:00 hrs. Training will take place at the Turkmenistan National Oil and Gas International University. Shuttles will run from the Athlete Village to the training venue. There will be medical staff on hand as needed, athlete changing rooms will be available as well as water for hydration. Training appointments can be made at the Sport Information Center in the Athlete Village only.

18. Approval of the Technical Handbook

Approval of the Technical handbook for the Ashgabat 2017 Kickboxing Competition was obtained from the Asian Kickboxing Confederation (WAKO ASIA) on 30/06/2017



Ashgabat Olympic Complex



- 1. Ashgabat Olympic Stadium**
Ashgabat 2017 Opening and Closing Ceremonies
- 2. Taekwondo DanceSport Arena**
Taekwondo, DanceSport
- 3. Billiard Arena**
Billiard Sports
- 4. Martial Arts Arena**
Ju Jitsu, Kurash, Sambo
- 5. Muay Kickboxing Arena**
Muaythai, Kickboxing
- 6. Weightlifting Arena**
Weightlifting
- 7. Main Indoor Arena**
Wrestling, Belt Wrestling, Traditional Wrestling
- 8. Aquatics Centre**
Short Course Swimming

- 9. Tennis Centre**
Tennis
- 10. Velodrome**
Track Cycling
- 11. 3x3 Basketball Arena**
3x3 Basketball
- 12. Indoor Athletics Arena**
Indoor Athletics
- 13. Bowling Centre**
Bowling
- 14. Chess Centre**
Chess
- 15. Ice Palace**
Futsal
- 16. Equestrian Centre**
Equestrian Jumping
- 17. Athlete Village**



