



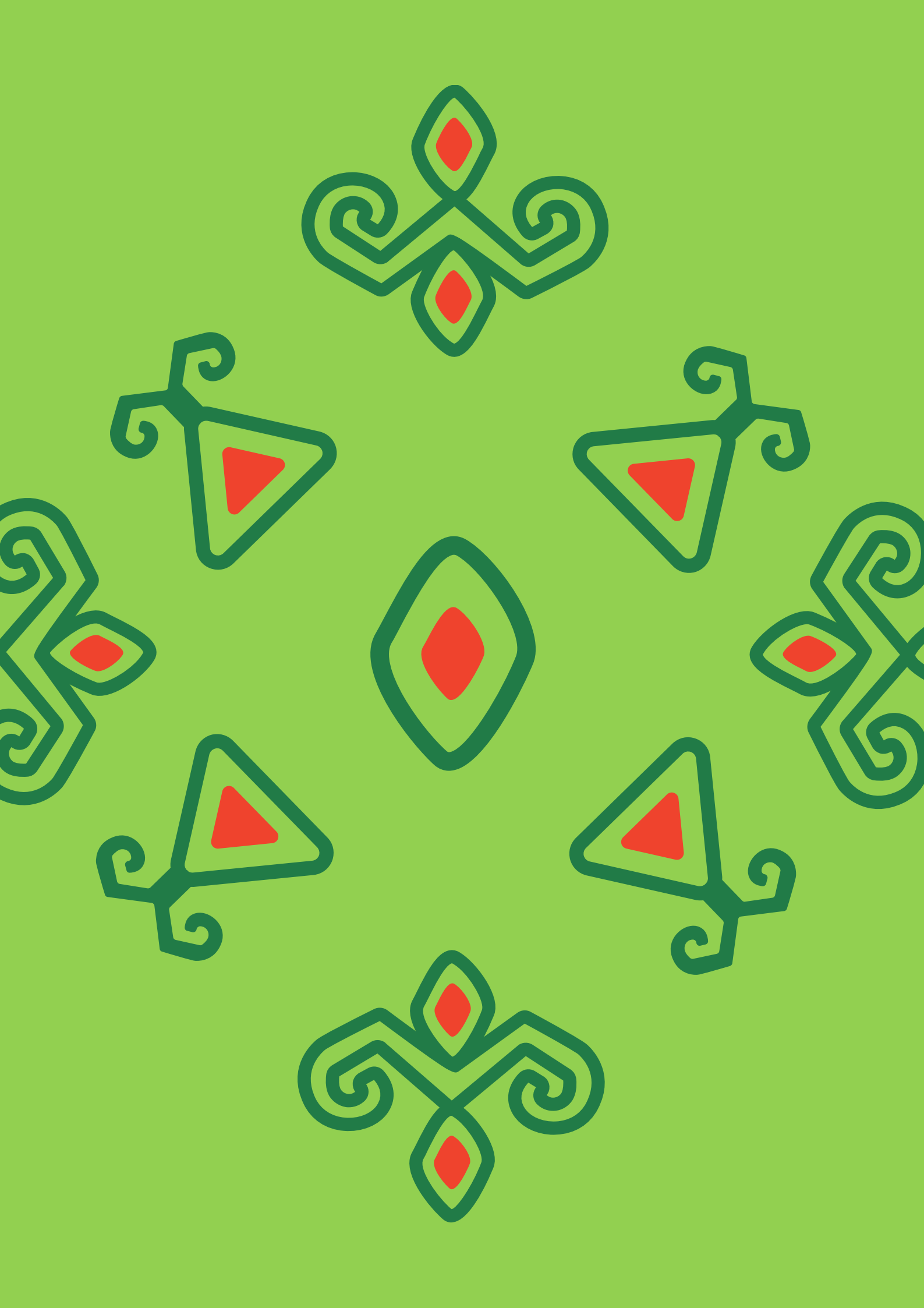
Ashgabat 2017

5th Asian Indoor & Martial Arts Games

Sport Handbook

DanceSport

September 2017



5th Asian Indoor And Martial Arts Games – in honor of peace and friendship

On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan's position on an international level, spread our Country's love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 157 ha, we have over 30 different sites within the complex, including 13 of the 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

“Health, Inspiration and Friendship” was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation's inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation's healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation's health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.




I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5th Asian Indoor and Martial Arts Games.

**President of Turkmenistan
Gurbanguly BERDIMUHAMEDOW**

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Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17–27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdimuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Multifunctional Sport Venue located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include six Olympic sports: 3x3 Basketball, Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting.



Aziya Olimpiya Geŋe

15-16 September



Organising Bodies

OCA Executive Board

Title	Name	Country
President	Sheikh Ahmad Al-Fahad Al-Sabah	Kuwait
Honorary Life Vice-President	Raja Randhir Singh	India
Honorary Life Vice-President	Jizhong Wei	China
Vice President	Maj Gen Charouk Arirachakaran	Thailand
Vice President	Timothy Tsun Ting Fok	Hong Kong
Vice President	Lt Gen Syed Arif Hassan	Pakistan
Vice President	HE Sheikh Isa Bin Rashed Al Khalifa	Bahrain
Vice President	Timur Kulibayev	Kazakhstan
Vice President	Tsunekazu Takeda	Japan
Vice President	Prof Dr Hoang Vinh Giang	Vietnam
Vice President	Sapardurdy Toylyyev	Turkmenistan
Vice President	Song Luzeng	China
Vice President	Yu Zaiching	China
Vice President	Rita Sri Wahyusih Subowo	Indonesia
Honorary Vice-President	Hemasiri Fernando	Sri Lanka



General Information

1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief



1.1 Games Overview

Duration	17–27 September 2017
Location	Ashgabat, Turkmenistan
Games Venue	15 Competition Venues
Sports Programme	21 Sports / 341 Events
Patron	Olympic Council of Asia (OCA)
Host	Ashgabat 2017 5 th AIMAG Executive Committee

1.2 Motto

**Health. Inspiration.
Friendship.**



1.3 Logo

The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke

The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents **Health**.

Moon

The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents **Inspiration**.

Star

The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents **Friendship**.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.



1.4 Mascot

The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.



2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.



PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

Centre	Client Groups	Validation	Help Office	Lost/Stolen Replacement
Ashgabat International Airport (ASB)	All participants arriving on international flights	YES	-	-
Athletes Village Accreditation Centre	Village residents only	YES	YES	YES
Uniform and Accreditation Centre (UAC)	All	YES	YES	YES
Venue Accreditation Help Offices (VAHOs): <ul style="list-style-type: none"> • Ashgabat Olympic Complex South • Ashgabat Olympic Complex East • Multifunctional Sport Venue/Ashgabat Olympic Complex North • Equestrian Centre 	All	YES	-	YES
OCA Family Hotel Accreditation Centre	OCA Family Hotel residents only	YES	YES	YES

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.



4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating

The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services

The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.





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5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete's country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.



8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan in the south east, with Kazakhstan in the north, Uzbekistan to the east and north east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan's territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The President of Turkmenistan shall be the head of the state and executive branch of power, the highest official of Turkmenistan, acting as a guarantor of the state independence and the status of permanent neutrality of Turkmenistan, its territorial integrity, observance of the Constitution, the rights and freedoms of a person and citizen and fulfilment of international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country's Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.



8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country. Ashgabat is located in the south of Turkmenistan.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan, Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1C, with an average daily maximum of 31.5C and an average daily minimum of 15.4C (source: <http://www.ashgabat.climatemps.com/temperatures.php>).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.



Technical Information

1. Competition Date

The DanceSport competition will take place from 25th to 26th September 2017 at the Taekwondo DanceSport Arena (TD4).

2. Venue

Category	Competition venue	Training venue
Name	Taekwondo DanceSport Arena (TD4), Ashgabat Olympic Complex	Training will take place at the competition venue
Distance from the Athletes' Village	1.6 km	
Seating capacity	1000	
FOP size	24 x 19 m	

3. Competition Management

Technical Delegate:

Keiji UKAI – President, Asian DanceSport Federation (ADSF)

Competition Manager:

AnaMaria STRATU

Technical Operations Manager:

George Chi Wai YIP

Sport Specialist:

Selbi HOJAYEVA

Aylar SETDAROVA

4. Competition Events

The DanceSport competition will consist of eleven (11) couple events including five (5) Standard, five (5) Latin and one (1) Salsa events as follows:

Standard	Latin	Salsa
Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep	Samba, Cha-Cha-Cha, Rumba, Paso Doble, Jive	Salsa



5. Competition Schedule

Date	Time	Events	Round
Monday, 25 th September	13:30	Waltz	Semi-finals
	13:45	Tango	
	14:00	Viennese Waltz	
	14:10	Slow Foxtrot	
	14:25	Quickstep	
	14:40	Salsa	
	15:05	Waltz	Finals
	15:25	Tango	
	15:45	Viennese Waltz	
	16:05	Slow Foxtrot	
	16:25	Quickstep	
	16:45	Salsa	
	17:15	Medal Ceremonies	
Tuesday, 26 th September	13:30	Samba	Semi-finals
	13:45	Cha-Cha-Cha	
	14:00	Rumba	
	14:15	Paso Doble	
	14:30	Jive	
	15:05	Samba	Finals
	15:30	Cha-Cha-Cha	
	15:50	Rumba	
	16:15	Paso Doble	
	16:40	Jive	
	17:20	Medal Ceremonies	

Note: The above schedule is subject to change depending on the number of final entries.

6. Competition Rules

The DanceSport competition of the 5th Asian Indoor & Martial Arts Games shall be conducted in accordance with the Competition Rules of World DanceSport Federation (WDSF), Competition Rules of Asian DanceSport Federation (ADSF) and relevant regulations, in force during the Games time.

In case of any disagreement in the interpretation of the regulations and rules, the English version shall prevail. Any Unforeseen cases not covered by the regulations and rules shall be resolved as follows:

General issues: Resolved in accordance with the OCA Constitution

Technical issues: Resolved in accordance with the relevant measures adopted by the Chairperson of Adjudicators and/or the Technical Delegate.

Any disagreement to the decisions of the Chairperson of Adjudicators, the appeals shall be conducted in accordance with the appeal procedures stipulated in the relevant regulations.

The Dress regulations and competition rules for Latin Dances will apply for Sala on One. Lift is not allowed also for Salsa on One.



7. Competition Format

The competition begins in an elimination phase. Depending on the number of couples, a phase can be composed by heats. Each heat has up to 8 couples.

In semi-finals couples will perform in groups.

In finals, the couples will perform solo.

The Salsa event will imply Salsa on One.

7.1. Field of Play (FOP)

The Field of Play consists of a plain hard wooden floor with the size of 24 m x 19 m.

7.2. Duration of contests

The length of music will be:

	Semi-finals	Finals
Waltz	1 min 45 sec	1 min 30 sec
Tango	1 min 45 sec	1 min 30 sec
Viennese Waltz	1 min 30 sec	1 min 30 sec
Slow Foxtrot	1 min 45 sec	1 min 30 sec
Quickstep	1 min 45 sec	1 min 30 sec
Samba	1 min 45 sec	1 min 30 sec
Cha-Cha-Cha	1 min 45 sec	1 min 30 sec
Rumba	1 min 45 sec	1 min 30 sec
Paso Doble	up to second highlight	up to second highlight
Jive	1 min 45 sec	1 min 30 sec
Salsa on One	1 min 30 sec	1 min 30 sec

7.3. Scoring

WDSF Judging System 3.0 will be applied. 12 (or 10) adjudicators are involved in the process of judging the performance.

In semi-finals:

6 adjudicators will offer mark from 0.25 to 10.00 with a range of 0.25 for combined judging criteria Technical Quality "TQ" and Partnering Skill "PS".

6 adjudicators will offer mark from 0.25 to 10.00 with a range of 0.25 for combined judging criteria Movement to Music "MM" and Choreography and Presentation "CP".

In finals

6 adjudicators will offer mark from 0.25 to 10.00 with a range of 0.25 for judging criteria Technical Quality "TQ" and the same 6 adjudicators will also offer mark from 0.25 to 10.00 for judging criteria Partnering Skill "PS".

6 adjudicators will offer mark from 0.25 to 10.00 with a range of 0.25 for judging criteria Movement to Music "MM" and the same 6 adjudicators will also offer mark from 0.25 to 10.00 for judging criteria Choreography and Presentation "CP".

7.4. Decision

In semi-finals:

6 scores from combined judging criteria Technical Quality "TQ" and Partnering Skill "PS" and 6 scores from combined judging criteria Movement to Music "MM" and Choreography and Presentation "CP" will be used to calculate the results.

In finals:

6 scores from judging criteria Technical Quality "TQ", 6 scores from judging criteria Partnering Skill "PS", 6 scores from judging criteria Movement to Music "MM" and 6 scores from judging criteria Choreography and Presentation "CP" will be used to calculate the results.

A median derived from an average score from 6 scores will be used in order to determine the score for each criteria. The final mark will consist of the sum of points for all criteria.

If two couples have the same score, they have the same quality and should be therefore on the same place.



7.5. Contestant uniform

All DanceSport competitors shall dress or costume according to the WDSF Dress Regulations, effective from 12th June 2016 (Same as Latin for Salsa on One). No advertisement is allowed for costumes (competition dress).

7.6. Drawing of lots

The start list for each event will be determined by an automatic drawing of lots by the results and scoring system. No ranking is applied.

8. Sport Entries

8.1 Eligibility

- Only OCA member NOCs are entitled to send athletes to participate in the DanceSport competition of the 5th Asian Indoor & Martial Arts Games.
- Only athletes who comply with the Constitution and Rules of the OCA and its By-laws are entitled to participate in the DanceSport competition.
- All DanceSport athletes must be registered WDSF athletes
- Age restriction for Athletes.
- At least one partner of a couple must be born before the year of 2002 the other partner can be younger or born before the year of 2002.

8.2 Entry Timeline

Entry by Number – Deadline: Saturday 17th June 2017

Entry by Name – Deadline: Thursday 3rd August 2017

8.3 Entry Policies

Events: Each NOC may enter a maximum of one (1) couple (a man & a woman) for each event. Each couple may enter a maximum of two (2) events.

Total: Each NOC may enter in total a maximum of four (4) couples (4 men & 4 women).

Each NOC may enter one (1) Team Leader and three (3) Team Officials [one (1) for Standard, one (1) for Latin and one (1) for Salsa].

NOCs that withdraw their athletes or teams after the submission of the final Entries by Name and Team Sport Draw will be faced disciplinary action by the OCA EB.

9. Technical Officials

15 International Technical Officials shall be appointed by ADSF.

2 National Technical Officials shall be appointed by Turkmenistan DanceSport Federation and approved by ADSF.

ADSF has the right to appoint the Technical Delegate and ITOs in coordination and approval of the OCA. In case of violation of the ADSF Rules and Games Rules and Regulations by any participants, the OCA has the right to revoke the Accreditation Card and propose change of the person to the concerned party.

10. Pre-Competition Activities

10.1 Entry Data checklist sign off

Date: 23rd September 2017

Time: 16:00-16:30

Location: Sports Information Centre, Village Plaza

Note: The aim of this meeting is to check if all the participants' data such as names, date of birth are correct. One representative per country (Chef de Mission/ Team Leader/ Team Official) will verify and sign the entry data checklist, which serves as a participation confirmation of the team.



10.2. Athletes Venue Familiarization

Athletes, Team Officials and Heads of Delegations will have the opportunity to visit the competition venue – Taekwondo DanceSport Arena (TD4) for a familiarization session with the spaces and the competition procedures.

Date: 23rd September 2017

Time: from 17:00 to 19:00 (each session with a duration of 45 minutes)

Date: 24th September 2017

Time: from 16:15 to 20:00 (each session with a duration of 45 minutes)

Location: TD4

Note: Venue familiarization schedule will be arranged individually by each team. The reservation for a familiarization session can be made by the Team Leader at the Sport Information Center in the Athletes Village. The booking will be accepted up to 2 hours prior the start of the requested session.

10.3. Team Delegation Meeting

Date: 24th September 2017

Time: 9:30-10:30

Venue: AF Meeting Room, L2, TD4

Note: A maximum of 2 Team Officials/NOC can attend the meeting.

10.4. Draw

The draw will take place during the Team Delegation Meeting.

10.5. Training Schedule

Date	Time	Group
Sunday, 24 th September	17:00 – 19:00	Standard & Salsa
	19:00 – 20:00	Latin
Monday, 25 th September	10:00 – 12:00	Standard & Salsa
	19:00 – 20:00	Latin
Tuesday, 26 th September	10:00 – 12:00	Latin

During the competition days, only athletes performing the same day and their accredited team leaders and team officials will have access to the warm-up hall (holding area), competition hall (field of play) and athletes lounge. All other athletes and team officials will have access to the athletes seating bowl only. Athletes parade will occur before each competition session. Couples will walk in and out the field of play according to the NOC order.

10.6. Pre-competition procedures

No.	Step	Location	Timing
1	First Call	Warm-up hall	20 min before performance
2	Last Call	Competition hall, Last Call Room	10 min before performance
3	Kiss & Cry (only for finals)	Competition hall, Kiss & Cry zone	Immediately after performance according to MC announcement
4	Interview for media	Competition hall, Mixed zone	For semi-finals: immediately after the performance For finals: immediately after results publication on the scoreboard



11. Objections and Appeals

Objections are the legal remedy against decisions or omissions of Chairperson of Adjudicators if such decisions or omissions have an influence on the further participation of the couple in an ongoing Competition.

Objection should be submitted in writing by Coach or Team Leader of the Member Organization of the NOC with the Chairperson of Adjudicators before the start of or after the end of every round.

The Chairperson of Adjudicators must accept the Objection and must make a decision to sustain or overrule the Objection, which decision shall be final concerning the result of the competition in which the decision was taken.

Appeals are the means to oppose against decisions of Chairperson of Adjudicators.

Appeals should be submitted in writing by Coach or Team Leader of the Member Organization of the NOC with the Appeal panel within 30 minutes after the final decision made by the Chairperson of Adjudicators. The Appeal panel has the discretion to initiate an investigation concerning any conduct related with the sports activities.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA, WDSF and ADSF in force.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and AIMAG EC.

13. Doping Control

The 5th Asian Indoor and Martial Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by 1st August 2017.

Where the Athlete already has a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

14. Medal Ceremony

Medal ceremonies will occur at the end of each competition day, as per OCA Constitution, art.63: Victory and Medals Ceremony. One Gold, one Silver and one Bronze place will be awarded to the couples ranked top three of each event respectively. Fifteen minutes before the victory ceremony starts, the medalists shall be escorted to the waiting area to get ready for the ceremony. Medalists must wear their official NOC uniforms.

15. Media Interview

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.

All athletes must pass through the mixed zone but are not obligated to provide interviews.

16. Sport Information Center (SIC)

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes' Village which provides clients with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Missions, Deputy Chef de Missions, and Team officials.

16.1 SIC Hours of operation

7th September: 08:00 – 20:00

12th – 29th September: 07:00 – 23:00



Sport Competition Schedule

Ashgabat 2017
5th Asian Indoor & Martial Arts Games

Sport	Venue	Sept. 16 Sat.	Sept. 17 Sun.	Sept. 18 Mon.	Sept. 19 Tue.	Sept. 20 Wed.	Sept. 21 Thu.	Sept. 22 Fri.	Sept. 23 Sat.	Sept. 24 Sun.	Sept. 25 Mon.	Sept. 26 Tue.	Sept. 27 Wed.
Ceremonies	Ashgabat Olympic Complex		Opening Ceremony	11:00 - 13:30									Closing Ceremony
Traditional Wrestling	Main Indoor Arena	18:00 - 21:30		18:00 - 21:30									
Equestrian Jumping	Equestrian Centre												
3x3 Basketball	3x3 Basketball Arena												
Belt Wrestling	Main Indoor Arena												
Billiard Sports	Billiard Sports Arena												
Bowling	Bowling Centre												
Chess	Chess Arena												
Dancesport	Taekwondo Dancesport Arena												
Futsal	Multifunctional Sport Venue												
	Pitch 1	11:00 - 14:45	10:00 - 13:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:45	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30	11:00 - 14:30
	Pitch 2	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30
Indoor Athletics	Indoor Athletics Arena												
Indoor Tennis	Indoor Tennis Centre												
Ju Jitsu	Martial Arts Arena	10:00 - 13:30		16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30	16:45 - 20:30
Kickboxing	Muaythai Kickboxing Arena	18:00 - 20:30		18:00 - 21:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30	18:00 - 20:30
Kurash	Martial Arts Arena												
Muaythai	Muaythai Kickboxing Arena		11:00 - 13:00	11:00 - 14:00	11:00 - 14:00	14:30 - 18:00	14:30 - 20:20	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30	18:00 - 21:30
Sambo	Martial Arts Arena			16:00 - 21:30	16:00 - 19:45								
Short Course Swimming	Aquatics Centre												
Taekwondo	Taekwondo Dancesport Arena												
Track Cycling	Velodrome												
Weightlifting	Weightlifting Arena												
Wrestling	Main Indoor Arena												
e-Sports													

Schedule and session times are subject to change.

Medal session

Opening Ceremony

Closing Ceremony

Demonstration sport only

Map of Ashgabat Olympic Complex



1. Ashgabat Olympic Complex

Ashgabat 2017 Opening and Closing Ceremonies

2. Taekwondo DanceSport Arena

Taekwondo, DanceSport

3. Billiard Arena

Billiard Sports

4. Martial Arts Arena

Ju Jitsu, Kurash, Sambo

5. Muay Kickboxing Arena

Muaythai, Kickboxing

6. Weightlifting Arena

Weightlifting

7. Main Indoor Arena

Wrestling, Belt Wrestling, Traditional Wrestling

8. Aquatics Centre

Short course Swimming

9. Tennis Centre

Tennis

10. Velodrome

Track Cycling

11. 3x3 Basketball Arena

3x3 Basketball

12. Indoor Athletics Arena

Indoor Athletics

13. Bowling Centre

Bowling

14. Chess Centre

Chess

15. Multifunctional Sport Venue

Futsal

16. Equestrian Centre

Equestrian Jumping

17. Athlete Village



