

TECHNICAL HANDBOOK

4th Asian Beach Games November 14-23, 2014 Phuket, Thailand



Sailing (Sailing & Windsurfing)



















Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.



KANOKPHAND CHULAKASEM

Secretary-General Phuket Asian Beach Games Organizing Committee Chairman, Sport Technical Committee









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Brig Gen. Mowaffak Joumaa (Syria) Mr. Charles King Chiu Lo (Macau, China) Mr. Kevin Kuo-l Chen (Chinese Taipei)

Mr. Mohammad Al-Kamali (United Arab Emirates)
Dr. Rashed Hamed Al Heaiwel Al Sebaie (Saudi Arabia)

Mr. Tsunekazu Takeda

Mr. Manuel Silverio (Macau)

Gen. Souhail Khoury (Lebanon)

Mr. Habib Abdul Nabi Yousuf Macki (Oman) Mr. Jose Cojuangco, Jr. (Philippines)

HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

Members

Director General & Technical Director Mr. Husain Al-Musallam (Kuwait)

OCA Contact Information

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Phuket Asian Beach Games Organizing Committee

Chairman of High Committee

Ms. Yingluck Shinawatra

Prime Minister of The Kingdom of Thailand

Chairman - Board of Directors of the 4th Asian Beach Games 2014

High Committee Members

Mr. Somsak Pureesrisak

Minister of Tourism and Sports of Thailand

Chairman - Organizing Committee

Mr. Kanokphand Chulakasem

Governor of Sports Authority of Thailand

Chairman - Secretariat Office

Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew

Police Commissioner - General

Chairman - Security and Traffic Committee

Mr. Somsak Chotrattanasiri

Director of Bureau of the Budget

Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut

Governor of Phuket

Chairman - Accommodation, Transportation and Protocol Committee

Mr.Thawatchai Arunyik

Governor of Tourism Authority of Thailand

Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.

Permanent Secretary of Ministry of Public Health

Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran

Vice President & Secretary General of NOCT.

Chairman - Protocol and Ceremony Committee









Sport Federation

International Sailing Federation (ISAF)

President Carlo Croce Secretary General Jerome Pels

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Fax. +44 2380 635789

Email secretariat@isaf.co.uk

Website www.sailing.org

Yacht Racing Association of Thailand (YRAT)

President Adm. Surasak Rounroengrom Secretary General Radm.Charoensak Maratana

Address Yacht Racing Association of Thailand

under the Royal

Patronage of His Majesty the King

C/O Navy Headquarters,

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 Fax
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 E-mail
 sail@yrat.or.th

 Website
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Windsurfing Association of Thailand (WATH)

President Mr.Itthiphol Kunplome Secretary General Mr.Pattana Boonsawad

Address Windsurfing Association of Thailand Sport Authority of Thailand

2014

286 Ramkhamhaeng Rd., Huamark Bangkapi, Bangkok 10240

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Technical Officials

Technical Delegate

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Mr. Pantawat Pimsagul

wathai@cscoms.com







Member Countries & Regions

No.	Country/Region	Country Code	Region Code
1	Afghanistan	AFG	SA
2	Bahrain	BRN	WA
3	Bangladesh	BAN	SA
4	Bhutan	BHU	SA
5	Brunei Darussalam	BRU	SEA
6	Cambodia	CAM	SEA
7	China	CHN	EA
8	D.P.R . Korea	PRK	EA
9	Hong Kong, China	HKG	EA
10	India	IND	SA
11	Indonesia	INA	SEA
12	Indonesia Iran	IRI	WA
13	iran Iraq	IRQ	WA
14	Japan Jordan	JPN	EA
15		JOR	WA
16 17	Kazakhstan Korea	KAZ	CA EA
	Korea Kuwait	KOR	
18		KUW	WA
19	Kyrgyzstan	KGZ	CA
20	Laos	LAO	SEA
21	<u> Lebanon</u>	LIB	WA
22	Macau, China	MAC	EA
23	Malaysia	MAS	SEA
24	Maldives	MDV	SA
25	Mongolia	MGL	EA
26	Myanmar	MYA	SEA
27	Nepal	NEP	SA
28	Oman	OMA	WA
29	Pakistan	PAK	SA
30	Palestine	PLE	WA
31	Philippines	PHI	SEA
32	Qatar	QAT	WA
33	Saudi Arabia	KSA	WA
34	Singapore	SIN	SEA
35	Sri Lanka	SRI	SA
36	Syria	SYR	WA
37	© Chinese Taipei	TPE	EA
38	Tajikistan	TJK	CA
39	Thailand	THA	SEA
40	Timor-Leste	TLS	SEA
41	Turkmenistan	TKM	CA
42	United Arab Emirates	UAE	WA
43	Uzbekistan	UZB	CA
44	Vietnam	VIE	SEA
45	Yemen	YEM	WA



Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7'45" and 8'15" north latitude, and from 98'15" to 98'40" west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.







Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it's difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

Climate data for Phuket													
Month Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec Year													
Average high °C (°F)	31.8 (89.2)	32.9 (91.2)	33.5 (92.3)	33.4 (92.1)	32.0 (89.6)	31.6 (88.9)	31.2 (88.2)	31.2 (88.2)	30.7 (87.3)	30.9 (87.6)	31.0 (87.8)	31.2 (88.2)	31.8 (89.2)
Daily mean °C (°F)	27.9 (82.2)	28.7 (83.7)	29.3 (84.7)	29.5 (85.1)	28.4 (83.1)	28.3 (82.9)	27.8 (82.0)	27.9 (82.2)	27.3 (81.1)	27.4 (81.3)	27.5 (81.5)		28.1 (82.6)
Average low °C (°F)	23.3 (73.9)	23.7 (74.7)	24.3 (75.7)	24.8 (76.6)	24.5 (76.1)	24.5 (76.1)	24.2 (75.6)	24.4 (75.9)	23.9 (75.0)	23.8 (74.8)	23.8 (74.8)	23.7 (74.7)	24.1 (75.4)
Precipitation mm (inches)	29.8 (1.17)	20.9 (0.82)	49.1 (1.93)	121.9 (4.79)	319.4 (12.57)	268.9 (10.58)	290.5 (11.43)	272.6 (10.73)	399.0 (15.70)	309.6 (12.18)	175.7 (6.91)	59.4 (2.33)	2,316.8 (91.21)
Avg. rainy days	4	3	5	11	21	19	19	19	23	22	16	8	170
Mean monthly sunshine hours	286.2	271.5	282.3	247.9	188.5	139.5	172.6	174.1	143.2	179.8	197.1	244.3	2,527.0





The emblem of the 4th Asian Beach Games was driven by Phuket's very own beauty and by one of Phuket's most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise" where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.



"Sea turtle" is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.







Competition Program for the 4th Asian Beach Games 2014 14 - 23 November 2014 in Phuket, Thailand

No.	Sports	Code	Day	No. of								Medals									
	•	0000	,	Events	11	12	13	14	15	16	17	18	19	20	21	22	23	G	S	В	TOTA
	Opening Ceremony				_	_	Щ							L			Ш				
Chaofa Mine																					
	Air Sport				_																
1	Paragliding	APG	7	4	_													4	4	4	12
	Power Paragliding	APP	7	4	<u> </u>	_	_	_										4	4	4	12
						Caro	n Be	ach				_			_	_			_	_	_
_	Aquatics		_	1	_																
2	Beach Water Polo	ABW	5	4	_					_								1	1	1	3
	Marathon Swimming	AMS	2 8	2	<u> </u>					R								4	4	4	12
3	Beach Handball	HBH	2	7	<u> </u>			_										2	2	2	6
4	Sambo	SB			<u> </u>													7	7	14	28
5	Beach Volleyball	VBB	8	2	_													2	2	2	6
6	Woodball	WO	6	8	_													8	8	12	28
7	Beach Basketball	BBK	4	2	_													2	2	2	6
8	Bodybuilding	BO	2	6	<u> </u>	<u> </u>				H	<u> </u>	<u> </u>	—	<u> </u>				6	6	6	18
	Sailing			 -	_	L						_				_		L_			
9	Sailing	SA	4	5	_							R				_		5	5	5	15
	Windsurfing	SWS	4	4								R				_		4	4	4	12
10	Squash	SQ	5	2				R			L							2	2	4	8
					<u> </u>	ato	ng B	eacl	1		_	_									
	Beach Kabaddi	KAB	4	2	_													2	2	4	8
	Beach Wrestling	BWR	4	6	_							_						6	6	12	24
	Ju-Jitsu	JJ	2	12	_													12	12	24	48
	Kurash	KU	3	8	_													8	8	16	32
	Muaythai	MY	6	16	_													16	16	32	64
	Petanque	PQ	6	9														9	9	18	36
	Beach Sepaktakraw	SBS	8	6	_													6	6	12	24
	Foot Volley	FV	2	1	_													1	1	2	4
19	Jetski Sport	JS	3	6										L				6	6	6	18
					Na	i-Ya	ng E	Beac	h												
20	Beach Modern Pentathlon	BMP	3	3														3	3	3	9
	Triathlon				_																
21	Duathlon	TRD	1	3	_		Ш								_	_		3	3	3	9
	Triathlon	TRD	1	3	<u> </u>		Ш		\Box	Ш		<u> </u>						3	3	3	9
22	Beach Athletics	BAT	4	13	L	Щ	Ш		Ш	Ш	L	L_					L	13	13	13	39
				Bangned	w E	am/	/Ant	hen) Wa	ke I	Park										
	Waterski				_																
23	Waterski/Wakeboard	WSW	4	8	_													8	8	8	24
	Cable Wakeboard/Wakeskate	WSH	3	5	L	L	Ш						L	L		L	L	5	5	5	15
					ohai	Hir	Sp	ort (Cent	er		_				_					
	Beach Flag Football	BFF	3	1	_													1	1	2	4
25	Beach Soccer	FBS	7	1														1	1	1	3
	Extreme Sports				_																
	Inline Stunt	EIS	4	3	_				Ш	Ш					_		\perp	3	3	3	9
26	Skateboard	EXS	4	3	$ldsymbol{ld}}}}}}$										_	_		3	3	3	9
	BMX Freestyle	EXF	4	4														4	4	4	12
	Sport Climbing	ESC	2	4														4	4	4	12
	Closing Ceremony																				
				168														168	168	242	578



4th ABG COMPETITION VENUES

PATONG NORTH 1

- · Beach Wrestling
- •Beach Kabaddi
- Petanque

PATONG NORTH 2

 Beach Sepaktakraw · Foot Volley

PATONG NORTH 3

• Jetski Sport

PATONG CENTRAL BEACH

- Muaythai
- Kurash
- Ju-Jitsu

KARON NORTH 1

- ·Beach Waterpolo
- . Body Building
- · Beach Basketball
- Squash
- Marathon Swimming

KARON NORTH 2 Beach Handball

+Sailing/Windsurfing

KARON CENTRAL BEACH

- ·Beach Volleyball
- •Sambo

KARON SOUTH BEACH

· Woodball

NAIYANG

- Triathlon *Beach Modern Pentathlon
- •Beach Athletics

ANTHEM WAKE PARK · Waterski (Cable Wakeskate)

BANGNEOW DAM Waterski

CHAOFA MINE

· Air Sport

SAPHAN HIN 1

- · Beach Soccer
- ·Beach Flag Football

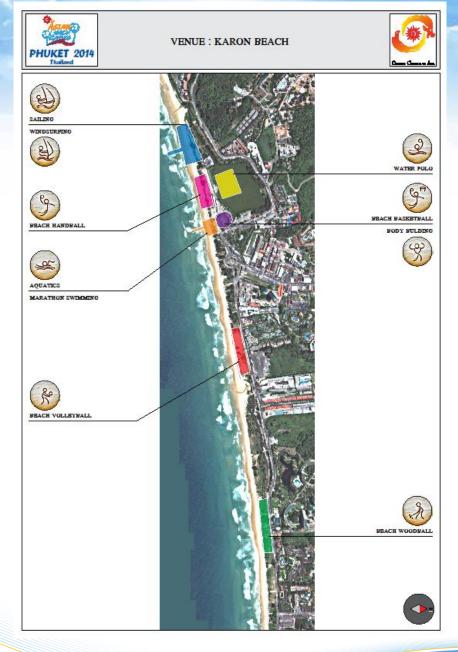
SAPHAN HIN 2

- •Extreme Sport
- Sport Climbing

















Technical Delegate Profile



LOCK HONG KIT

SAILING & WINDSURFING

Our technical delegate Kit Lock is from Singapore and is an old hand in the sport as he steered his way to sporting prominence when he won gold medals in the International 470 Class and Lark Class during the 1973 and 1983 Southeast Asian (SEA) Games. The SEA Games is a regional meet held every two years and comprising of 11 countries across Asia's south eastern corridor.

His dedication in shaping up athletes to become elite sailors has been his passion since he graduated from Carnegie School of Physical Education in Leeds, UK. Teaching PE had been his profession until his retirement in 2008.

Over the years, Kit has served as trainer at the Singapore Armed Forces Yacht Club and rose to become Captain of Sails and Vice Commodore of the Club. He also served as Hon Secretary of the Singapore Yachting Association and was Singapore's National Sailing Coach from 1983 to 1988.

He was appointed by the International Sailing Federation as an International Race Officer in 1990 and International Judge in 1992. He was the technical delegate of sailing and windsurfing at the 1st Asian Beach Games Bali 2008, 2nd Asian Beach Games in Muscat in 2010 and 3rd Asian Beach Games in Haiyang in 2012. He was also the Technical Delegate at the 26th and 27th SEA Games in Indonesia and Myanmar respectively.

Kit is still an active member of the Singapore sailing scene where he continues to lecture on sailing rules and race management issues. He is also the Elite Coach for sailing with the Singapore Disabled Sports Council.









Competition Technical Information

	The 4th Asian Beach Games Phuket 2014												
	Sailing & Windsurfing												
No	Events	Number Maximum Events of Substitutes Number of					No. of Medals						
		Athletes		Athletes	Gold	Silver	Bronze	Total					
1	Hobie 16 Open	4			1	1	1	3					
2	Laser Radial Women	2			1	1	1	3					
3	Laser Standard Men	2			1	1	1	3					
4	Optimist Men	2		20	1	1	1	3					
5	Optimist Women	2		20	1	1	1	3					
6	RS : X Open Men	2			1	1	1	3					
7	RS : X Open Women	2			1	1	1	3					
8	RS : One Open Men	2	E di		1	1	1	3					
9	RS : One Open Women	2	1000	0.00	1	1	1	3					
	Maximum Numb	er of Athle	tes for each	National Olyı	mpic Co	mmitte	e: 20						

1. Date and Place

Sailing (SA) & Windsurfing (SWS) competition for the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 16 - 20 November 2014 at Karon Beach

Thailand

2. Competition Venue

Sailing (SA) & Windsurfing (SWS) Venue is located at Karon Beach

3. Event

Sailing (SA) & Windsurfing (SWS) competition will comprise of 9 Events

<u>Sailing</u>		<u>Windsurfing</u>				
Hobie 16	Open	RS:X	Men			
Laser Standard	Men	RS:X	Women			
Laser Radial	Women	RS:One	Men			
Optimist	Boy	RS:One	Women			
Optimist	Girl					



4. Competition Schedule

Date	Time	Program
10 - 13 Nov 14	0900	Venue available for practice
14 Nov 14	0900	Welcome Ceremony
15 Nov 14	0900	Measurement
		Competitors Briefing and Team Manager's
16 - 17 Nov 14	1000,1200	Racing Day for all Classes
18 Nov 14	1000,1200	Rest Day
19 Nov 14	1000,1200	Racing Day for all Classes
20 Nov 14	1000,1200	Racing Day for all Classes, Awarding and Closing Ceremony

5. Eligibility

- 5.1 The 4th Asian Beach Games Sailing and Windsurfing Championships is exclusive for teams representing the National Olympic Committee (NOC)
- 5.2 Only competitors who comply with the conditions integrated in the Olympic Council of Asia (OCA) Constitution are entitled to participate.
- 5.3 Each team representing their NOC may enter a maximum of two (2) boats per event
- **5.4** Each NOC may be composed of a maximum of twenty (20) athletes.
- **5.5** Competitors must be a national of the country of the NOC which is entering him
- 5.6 The Member National Authorities to which all competitors belong must be fully paid up members of the International Sailing Federation (ISAF) and a member of Asian Sailing Federation (ASAF)
- **5.7** A minimum of 4 entries is required to form an event.

6. Entries

6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.









6.2 Deadline for Entry by Number Forms (Preliminary)

Each participating **OCA** member NOC must submit Entry by Number Forms to PABGOC by 24.00hrs Thailand local time (GMT +7) by **30 June 2014**. This form may be submitted by fax. Original form must be presented during the DRM. **PABGOC's** detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by **PABGOC** no later than **31** August **2014** at 24.00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete's full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address

Sports Entries/4th ABG
c/o Tatchanart Tongprakob
Sports Directorate,
Phuket Asian Beach Games Organizing Committee
13th Floor, SAT Building, 286 Ramkhamhaeng Road,
Huamark, Bangkapi, Bangkok, Thailand 10240
Email: tatchanart.t@phuketthailand2014.com
Tel. No. +66 2186 7178 Fax No: +66 21867537

- **6.5** If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).
- **6.6** Sailing: Please bring own boats to compete. Windsurfing: Charter board will be available on site

Thailand

6.7 Each participating boat shall present a valid insurance certificate showing proof of third party liability coverage of at least USD \$ 50,000 (or equivalent)per incident.

7. Technical Meetings

Technical Delegate and Technical Officials Meeting will be held on 13 November 2014

General Technical Meeting of Team Managers/Coaches will be held on 14 November 2014



8. General Rules and Regulations

8.1 Rules:

The 4th Asian Beach Games Sailing Competition will be conducted in accordance with Racing Rules of Sailing of the International Sailing Federation (ISAF).

In case of any disagreement in the Interpretation of the Rules, the English text shall prevail. Any unforeseen case not covered by the Rules shall be dealt with accordingly in the following manners.

- 1. Technical questions shall he resolved in accordance with the ISAF.
- Cases of general nature shall be resolved in accordance with the Technical Committee of the Organizing Committee and the Sport Committee of OCA.
- **8.1.1 Eligibility Code:** To be eligible for participation in the games, a competitor must comply with the **Olympic Committee of Asia (OCA)**.
- 8.1.2 Nationality of Competitor: Only national of the country of the member NOCs shall be qualified to represent the Member Organization in the games. All disputes relating to the determination of the country which a competitor may represent in the games shall be resolved by the **OCA** Executive Committee.
- 8.1.3 Number of Entries: The maximum number of entries from each NOC is 20 persons 8males 8 females and 4 males or females.).

9. Competition Rules and Regulations

9.1 Technical Organization:

Yacht Racing Association of Thailand under the Patronage of His Majesty the King (YRAT) is responsible for and has full control of the technical organization of sailing competition, in consultation with international technical delegate.

9.2 All competition will begin at their scheduled dates and times unless otherwise indicated by official announcements.

9.3 Competition System:

The competition system will be the course fleet racing.

10. Draw Event

Equipment lots will be drawn according to the practice and policy of the ISAF under the supervision of technical delegate or its deputy.









11. Technical Officials

Technical delegate and international technical officials have to be recognized by Olympic Council of Asia (OCA) and International Sailing Federation and dispatched by Asian Sailing Federation. Other technical officials and competition officials should be dispatched by the 4th Asian Beach Games Organizing Committee in consultation with the Yacht Racing Association of Thailand (YRAT). OCA, with justified reason may propose to ISAF some changes of international technical official.

12. Protests and Appeals

All protests or appeals about the technical aspects of competitions should be handled in accordance with the Racing Rules of Sailing. The participating NOC has the right to appeal to CAS against **ISAF** decision.

13. Dress Codes

The apparatus and clothes of the Sailing & Windsurfing athletes and other relevant personnel should conform to the regulations stipulated by **Olympic Council of Asia (OCA)**

14. Sports Equipment

Equipment and facilities will be in accordance with the regulations and specifications set by **Asian Sailing Federation**

15. Penalties in Case of Fraud

The athletes who are proved to commit fraudulence or violate sports spirit or prevalent competition rules will be disqualified from participating in the competition, with all ranks and results achieved nullified. If this competitor's member organization is proven to have been committed fraudulence, the nation or the region may be disqualified from participating in the competition by the decision of **OCA**.

16. Doping Control/Gender Verification

Doping Control

Doping control will be carried out in line with the procedures stipulated by **World Anti- Doping Agency** under the regulations of Medical Committee of **Olympic Council of Asia (OCA)** during the **4th Asian Beach Games.**

Gender Test

Gender test will be carried out in accordance with **OCA** Rules. The athletes who can present the valid female certificate issued by the Medical Committee of **International Olympic Committee** or the Medical Committee of **Olympic Council of Asia (OCA)** are not subject to the test.



17. Victory Ceremonies

The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Players will be escorted to the podium. The medals will be presented by the OCA President or his representative or by the Asian Sailing Federation representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted. Winners must wear their NOC official sport uniform.

18. Media Interviews

Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

19. Approval of the Technical Handbook

This Technical Handbook was approved by Asian Sailing Federation.

General Clause:

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.



















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