

TECHNICAL HANDBOOK

4th Asian Beach Games November 14-23, 2014 Phuket, Thailand









Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

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KANOKPHAND CHULAKASEM

Secretary-General Phuket Asian Beach Games Organizing Committee Chairman, Sport Technical Committee









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Mr. Ng Ser Miang (Singapore)

HRH Prince Faisal Bin Al-Hussein (Jordan)
Dr. Manikavasagam Jegathesan (Malaysia)

Mr. Kyung-Sun Yu (Korea)

Mrs. Yuko Arakida (Japan)

Mr. Zhang Jilong (China)

Brig Gen. Mowaffak Joumaa (Syria) Mr. Charles King Chiu Lo (Macau, China)

Mr. Kevin Kuo-l Chen (Chinese Taipei) Mr. Mohammad Al-Kamali (United Arab Emirates)

Dr. Rashed Hamed Al Heaiwel Al Sebaie (Saudi Arabia)

Mr. Tsunekazu Takeda

Members

Mr. Manuel Silverio (Macau) Gen. Souhail Khoury (Lebanon)

Mr. Habib Abdul Nabi Yousuf Macki (Oman) Mr. Jose Cojuangco, Jr. (Philippines)

HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

Director General & Technical Director

Mr. Husain Al-Musallam (Kuwait)

OCA Contact Information

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Phuket Asian Beach Games Organizing Committee

Chairman of High Committee

Ms. Yingluck Shinawatra

Prime Minister of The Kingdom of Thailand

Chairman - Board of Directors of the 4th Asian Beach Games 2014

High Committee Members

Mr. Somsak Pureesrisak

Minister of Tourism and Sports of Thailand

Chairman - Organizing Committee

Mr. Kanokphand Chulakasem

Governor of Sports Authority of Thailand

Chairman - Secretariat Office

Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew

Police Commissioner - General

Chairman - Security and Traffic Committee

Mr. Somsak Chotrattanasiri

Director of Bureau of the Budget

Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut

Governor of Phuket

Chairman - Accommodation, Transportation and Protocol Committee

Mr.Thawatchai Arunyik

Governor of Tourism Authority of Thailand

Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.

Permanent Secretary of Ministry of Public Health

Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran

Vice President & Secretary General of NOCT.

Chairman - Protocol and Ceremony Committee







Sport Federation

Asian Extreme Sports Federation

President Mr.APICHAT RUTNIN
Secretary General Mr.Chiang Chee Min

Address 610/6 Ekamai 28 , Sukhumvit 63 , Bangkok 10110

Tel. +66815851747
Fax. +6627114450
Email excel@samarts.com

Website www.asianextremesportsfederation.org

Sport Association of Thailand

President Mr.Piti Bhirom bhakdi Secretary General Mr.Chaiyapat Chaturongkul

Ramkhamhaeng Rd,

Huamark,Bangkapi,Bangkok 10240

Tel. +66818307878 Fax. +6626592419

Email: cahppy7878@hotmail.com

Website

PHUKET 2014
Thailand









Technical Officials

Technical Delegate

Email

Director of Operations

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Director of Sports

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Deputy Cluster Director (Sports & Venues)

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Sports Competition Manager

Email

Competition Manager

Email

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Member Countries & Regions

No.	Country/Region	Country Code	Region Code
1	Afghanistan	AFG	SA
2	Bahrain	BRN	WA
3	Bangladesh	BAN	SA
4	Bhutan	BHU	SA
5	Brunei Darussalam	BRU	SEA
6	Cambodia	CAM	SEA
7	China	CHN	EA
8	D.P.R . Korea	PRK	EA
9	Hong Kong, China	HKG	EA
10	India	IND	SA
11	Indonesia	INA	SEA
12	Indonesia Iran	IRI	WA
13	iran Iraq	IRQ	WA
14 15	Japan Jordan	JPN JOR	EA WA
16 17	Kazakhstan Korea	KAZ KOR	CA EA
	Korea Kuwait		
18		KUW	WA
19	Kyrgyzstan	KGZ	CA
20	Laos	LAO	SEA
21	1 Lebanon	LIB	WA
22	Macau, China	MAC	EA
23	Malaysia	MAS	SEA
24	Maldives	MDV	SA
25	Mongolia	MGL	EA
26	Myanmar	MYA	SEA
27	Nepal	NEP	SA
28	Oman	OMA	WA
29	Pakistan	PAK	SA
30	Palestine	PLE	WA
31	Philippines	PHI	SEA
32	Qatar	QAT	WA
33	Saudi Arabia	KSA	WA
34	Singapore	SIN	SEA
35	Sri Lanka	SRI	SA
36	Syria	SYR	WA
37	Chinese Taipei	TPE	EA
38	Tajikistan	TJK	CA
39	Thailand	THA	SEA
40	Timor-Leste	TLS	SEA
41	Turkmenistan	TKM	CA
42	United Arab Emirates	UAE	WA
43	Uzbekistan	UZB	CA
44	Vietnam	VIE	SEA
45	Yemen	YEM	WA









Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7'45" and 8'15" north latitude, and from 98'15" to 98'40" west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.







Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it's difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

Climate data for Phuket													
Month Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec												Year	
Average high °C (°F)	31.8 (89.2)	32.9 (91.2)	33.5 (92.3)	33.4 (92.1)	32.0 (89.6)	31.6 (88.9)	31.2 (88.2)	31.2 (88.2)	30.7 (87.3)	30.9 (87.6)	31.0 (87.8)	31.2 (88.2)	31.8 (89.2)
Daily mean °C (°F)	27.9 (82.2)	28.7 (83.7)	29.3 (84.7)	29.5 (85.1)	28.4 (83.1)	28.3 (82.9)	27.8 (82.0)	27.9 (82.2)	27.3 (81.1)	27.4 (81.3)	27.5 (81.5)	27.6 (81.7)	28.1 (82.6)
Average low °C (°F)	23.3 (73.9)	23.7 (74.7)	24.3 (75.7)	24.8 (76.6)	24.5 (76.1)	24.5 (76.1)	24.2 (75.6)	24.4 (75.9)	23.9 (75.0)	23.8 (74.8)	23.8 (74.8)	23.7 (74.7)	24.1 (75.4)
Precipitation mm (inches)	29.8 (1.17)	20.9 (0.82)	49.1 (1.93)	121.9 (4.79)		268.9 (10.58)	290.5 (11.43)	272.6 (10.73)	399.0 (15.70)	309.6 (12.18)	175.7 (6.91)	59.4 (2.33)	2,316.8 (91.21)
Avg. rainy days	4	3	5	11	21	19	19	19	23	22	16	8	170
Mean monthly sunshine hours	286.2	271.5	282.3	247.9	188.5	139.5	172.6	174.1	143.2	179.8	197.1	244.3	2,527.0











The emblem of the 4th Asian Beach Games was driven by Phuket's very own beauty and by one of Phuket's most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise" where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.



"Sea turtle" is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.







Competition Program for the 4th Asian Beach Games 2014 14 - 23 November 2014 in Phuket, Thailand

No.	Sports	Code	Day	No. of							vem								Medals				
140.	Sports	Code	Day	Events	11	12	13	14	15	16	17	18	19	20	21	22	23	G	S	В	TOTAL		
	Opening Ceremony																						
Chaofa Mine																							
	Air Sport																						
1	Paragliding	APG	7	4														4	4	4	12		
	Power Paragliding	APP	7	4												L		4	4	4	12		
				,		Karo	n Be	each															
	Aquatics																						
2	Beach Water Polo	ABW	5	1														1	1	1	3		
	Marathon Swimming	AMS	2	4						R								4	4	4	12		
3	Beach Handball	HBH	8	2														2	2	2	6		
4	Sambo	SB	2	7														7	7	14	28		
5	Beach Volleyball	VBB	8	2														2	2	2	6		
6	Woodball	WO	6	8														8	8	12	28		
7	Beach Basketball	BBK	4	2														2	2	2	6		
8	Bodybuilding	BO	2	6														6	6	6	18		
	Sailing																						
9	Sailing	SA	4	5								R						5	5	5	15		
	Windsurfing	SWS	4	4								R						4	4	4	12		
10	Squash	SQ	5	2				R										2	2	4	8		
					P	ato	ng B	eacl	h														
11	Beach Kabaddi	KAB	4	2														2	2	4	8		
12	Beach Wrestling	BWR	4	6														6	6	12	24		
13	Ju-Jitsu	JJ	2	12														12	12	24	48		
14	Kurash	KU	3	8														8	8	16	32		
	Muaythai	MY	6	16														16	16	32	64		
16	Petanque	PQ	6	9														9	9	18	36		
17	Beach Sepaktakraw	SBS	8	6														6	6	12	24		
18	Foot Volley	FV	2	1														1	1	2	4		
19	Jetski Sport	JS	3	6														6	6	6	18		
					Na	ıi-Ya	ng E	3eac	h														
20	Beach Modern Pentathlon	BMP	3	3														3	3	3	9		
	Triathlon																						
21	Duathlon	TRD	1	3														3	3	3	9		
	Triathlon	TRD	1	3														3	3	3	9		
22	Beach Athletics	BAT	4	13	L						\Box							13	13	13	39		
				Bangned	w E	am/	'Ant	hen	ı Wa	ke l	Park												
	Waterski																				ш		
23	Waterski/Wakeboard	WSW	4	8														8	8	8	24		
	Cable Wakeboard/Wakeskate	WSH	3	5	L	L	L	L					L	L	L	L	L	5	5	5	15		
					pha	n Hir	Sp	ort (Cent	er													
	Beach Flag Football	BFF	3	1														1	1	2	4		
25	Beach Soccer	FBS	7	1	_													1	1	1	3		
	Extreme Sports				$ldsymbol{ldsymbol{ldsymbol{ldsymbol{eta}}}$	$oxed{oxed}$											L				ш		
1	Inline Stunt	EIS	4	3														3	3	3	9		
26	Skateboard	EXS	4	3														3	3	3	9		
1	BMX Freestyle	EXF	4	4														4	4	4	12		
	Sport Climbing	ESC	2	4														4	4	4	12		
	Closing Ceremony																						
				168														168	168	242	578		



4th ABG COMPETITION VENUES

PATONG NORTH 1

- · Beach Wrestling
- •Beach Kabaddi
- Petanque

PATONG NORTH 2

Beach Sepaktakraw

· Foot Volley

PATONG NORTH 3

• Jetski Sport

PATONG CENTRAL BEACH

- Muaythai
- Kurash
- Ju-Jitsu

KARON NORTH 1

- ·Beach Waterpolo
- . Body Building
- · Beach Basketball
- Squash
- Marathon Swimming

KARON NORTH 2

 Beach Handball +Sailing/Windsurfing

KARON CENTRAL BEACH

- ·Beach Volleyball
- •Sambo

KARON SOUTH BEACH

· Woodball

NAIYANG

- Triathlon *Beach Modern Pentathlon
- •Beach Athletics

ANTHEM WAKE PARK · Waterski (Cable Wakeskate)

BANGNEOW DAM Waterski

CHAOFA MINE · Air Sport

SAPHAN HIN 1 · Beach Soccer ·Beach Flag Football

SAPHAN HIN 2

•Extreme Sport Sport Climbing









VENUE: SAPAN-HIN PARK







PMCX / SKATE BOARDING



SPORTS CLIMBING

















Technical Delegate Profile



Mr.Apichat Rutnin

DOB: Dec14, 1963

Work and Education
Asian Extreme Sports Federation (AXF)
President · 2006 to present
Thailand Extreme Sports Association (TESA)
Vice President · 1998 to present
Committee Member:
International Skateboarding Federation (ISF) http://www.internationalskateboardingfederation.com/

Regional Director:
International BMX Freestyle Federation (IBMXFF) —
http://www.ibmxff.org/
Mojdara Co. Ltd.,
Managing Director: 1997 to present
Distributor/System Integrator for Cash Handling System

De La Rue System - http://www.delarue.com/ Talaris - http://www.talaris.com/ EDUCATION

Boston University
Class of 1991 · MBA (Hons) · Banking and International
Finance ·Boston, Massachusetts
Worcester Polytechnic Institute (WPI)
Class of 1987 · Management Engineering
(Hons) · Worcester, Massachusetts

Phillips Exeter Academy Class of 1983 · Exeter, New Hampshire Satit Patumwan Class of 1982 · Bangkok, Thailand









Competition Technical Information

The 4 th Asian Beach Games Phuket 2014												
Extreme Sports												
		Number of	Maximum	No. of Medals								
No.	Events	Athletes	Number of	Gold	Silver	Bronze	Total					
		Attrictes	Athletes	Gold	Silver	DIOIIZC	Total					
	Inline Skate											
1	Stunt Park	2	2	1	1	1	3					
2	Best Trick	2	2	1	1	1	3					
3	Big Air	2	2	1	1	1	3					
	Skateboard											
4	Stunt Park	2	2	1	1	1	3					
5	Best Trick	2	2	1	1	1	3					
6	Game of Skate	2	2	1	1	1	3					
	BMX Park											
7	Stunt Park	2	2	1	1	1	3					
8	Best Trick	2	2	1	1	1	3					
9	Big Air	2	2	1	1	1	3					
10	Flatland	2	2	1	1	1	3					
	Maximum Number of Athletes for each National Olympic Committee : 20											

1. Date and Place

Extreme Sports (ES) competition for the **4th Asian Beach Games Phuket 2014** will be held in Phuket, Thailand from 17 - 20 November 2014 at Saphan Hin Sports center

2. Competition Venue

Extreme Sports (EX) Venue is located at Saphan Hin Sports center

3. Event

Extreme Sports competition will comprise of 10 Events

Inline Skate (EX) : Stunt Park, Best Trick, Big Air

Skateboard (EX) : Stunt Park, Best Trick, Game of Skate
BMX Park (EX) : Stunt Park, Best Trick, Big Air, Flatland

4. Competition Schedule

The daily Competition Schedule will be disclosed after the Entry by Number has been finalized.

5. Eligibility

5.1 Eligibility Code

To be eligible for participation in the 4th Asian Beach Games, a competitor must comply with **OCA** constitution and the **AXF** Rules

5.2 Nationality of Competitor

Only nations of the country of the NOC shall be qualified to represent the NOC in the games. All disputes relating to the determination of the country which competitor may represent in the 4th Asian Beach Games shall be resolved by the **OCA** in accordance with the **OCA** eligibility rules.



5.3 Participants

The 4th Asian Beach Games Extreme Sports Competition are reserved for teams representing National Olympic Committees affiliated to the AXF. Only competitor who complies with the conditions laid down in the OCA Constitution and AXF Rules and the Organizing Committee of the 4th Asian Beach Games.

5.4 Number of Entries

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with **OCA**. However, the following numbers cannot be exceeded:

- For each events there shall only be two (2) entries from each NOC.
- The Participating NOCs are allowed to register a maximum of 20 athletes

6. Entries

- **6.1** Entries of each participating NOC must be submitted in accordance with the regulations laid-out by **PABGOC.**
- **6.2** Deadline for Entry by Number Forms (Preliminary)

Each participating **OCA** member NOC must submit Entry by Number Forms to **PABGOC** by 24.00hrs Thailand local time (GMT +7) by **30 June 2014.** This form may be submitted by fax. Original form must be presented during the DRM. **PABGOC's** detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by **PABGOC** no later than **31** August **2014** at 24.00hrs Thailand local time (GMT+7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete's full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address

Sports Entries/4th ABG c/o Tatchanart Tongprakob

Sports Directorate, Phuket Asian Beach Games Organizing Committee 13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240

Email: tatchanart.t@phuketthailand2014.com Tel. No. +66 2186 7178 Fax No: +66 21867537

6.5 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).

7. Technical Meetings

Technical Delegate and Technical Officials Meeting will be held at 15 November 2014 at the Extreme Sports Venue, Saphan Hin , Phuket

General Technical Meeting of Team Managers/Coaches will be held at 15 November 2014 at the Extreme Sports Venue, Saehan Him, and Phuket









8. General Rules and Regulations

8.1 Inline Stunt

8.1.1 Park

Preliminary Round

Competitors are placed in heats through a random order. Each competitor, running first through last, will complete one run and will be ranked on the leader board according to his first run score. After each heat of skaters has completed their runs, there will be a 5 minute warm-up period for the next group of athletes. After all skaters have completed a first run, each competitor will then complete his second run and will receive a second run score. The better of the two scores determines a Preliminary Round score and will determine the rankings first through last on the leader board. Top ten to fifteen leader board positions advance to the Final Round as determined by the Judges at the time of registration closing.

Final Round

All competitors in the final round will take two runs in a reverse order of the Preliminary Round leader board. The competitors will complete their first run and are assigned a first run score. There will be 5 minutes between the two runs. The competitors will complete their second run, in the same order, and are assigned a second run score. The better of the two scores determines the competitor's final score. The competitors are ranked on the leader board according to their better score.

Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.
- Judges score each run based on four (4) criteria's: Style, Difficulty, Consistency and Line.

Runs

- 60 Second runs.
- Two runs in Preliminary Round, two runs in Final Round.

Scoring

All scores from the judges will be calculated for each run with the highest and lowest scores discarded and the remaining scores averaged to two decimal places to determine a composite score for each run. The differences among the three remaining scores cannot be more than five (5) points (+/-).

Preliminary Round

- All athletes are scored on a scale of 1 100.
- Better composite score out of the preliminary two (2) runs determines the ranks. Final Round
- Athletes in the final rounds are scored on a scale of 1 100.
- Better composite score out of the final two (2) runs determines the ranks.
- -Highest score determines the winner.





8.1.2 Park Best Technical

Final Round

Best technical competition will have only one round. Competitors are randomly selected to establish a running order. Each competitor will compete on 3 stations in the park course as determined by the Judges. Each competitor, running first through last, will complete on the first station and will be ranked on the leader board according to his first station score. After each all the competitors have completed the first station, there will be a 5 minutes warm-up period for the second station. All competitors will then complete the second station and will receive a second station score. Then the process is repeated for the third station *Judging/Scoring*

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.

Runs

- Three trials per station in the same order.

Scoring

The judges will award a score for only landed trial (maneuver) based on three (3) criteria's: Style, Difficulty, and Creativity on a scale of 1 – 100. All scores from the judges will be calculated for each trial with the highest and lowest scores discarded and the remaining averaged to 2 decimal places (trial score). The differences among the three remaining judge scores cannot be more than five (5) points (+/-). The highest trial score from each station will be averaged to two decimal places to determine a final score. The competitors are ranked on the leader board according to their final score. Highest final score determines the winner.

8.1.3 Big Air

Competitors are randomly selected to establish a running order. Each competitor, running first through last, will compete using the park course main launch ramp to clear a certain height marked by a cross bar. Those who receive a height clearance from the judges will proceed to the next round. Those who fail will be eliminated. Then the process is repeated for a new height with 10cm increment until the last competitor remains as a winner.

Judging/Scoring

<u>Judges</u>

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.

Runs

- Two trials per a certain height in the same order.

Scoring

The judges will award a score which equal to the height clearance only to competitors who land and roll onward with no part of the body touching the floor. In an incidence where not all the judges agree, the majority determines the clearance. The highest height clearance determines the winner.









8.2 Skateboarding

8.2.1 Park

Preliminary Round

Competitors are placed in heats through a random order. Each competitor, running first through last, will complete one run and will be ranked on the leader board according to his first run score. After each heat of skaters has completed their runs, there will be a 5 minute warm-up period for the next group of athletes. After all skaters have completed a first run, each competitor will then complete his second run and will receive a second run score. The better of the two scores determines a Preliminary Round score and will determine the rankings first through last on the leader board. Top ten to fifteen leader board positions advance to the Final Round as determined by the Judges at the time of registration closing.

Final Round

All competitors in the final round will take two runs in a reverse order of the Preliminary Round leader board. The competitors will complete their first run and are assigned a first run score. There will be 5 minutes between the two runs. The competitors will complete their second run, in the same order, and are assigned a second run score. The better of the two scores determines the competitor's final score. The competitors are ranked on the leader board according to their better score.

Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.
- Judges score each run based on four (4) criteria's: Style, Difficulty, Consistency and Line.

Runs

- 60 Second runs.
- Two runs in Preliminary Round, two runs in Final Round.

Scoring

All scores from the judges will be calculated for each run with the highest and lowest scores discarded and the remaining scores averaged to two decimal places to determine a composite score for each run. The differences among the three remaining scores cannot be more than five (5) points (+/-).

Preliminary Round

- All athletes are scored on a scale of 1 100.
- Better composite score out of the preliminary two (2) runs determines the ranks.
 Final Round
- Athletes in the final rounds are scored on a scale of 1 100.
- Better composite score out of the final two (2) runs determines the ranks.
- Highest score determines the winner.



8.2.2 Park Best Technical

Final Round

Best technical competition will have only one round. Competitors are randomly selected to establish a running order. Each competitor will compete on 3 stations in the park course as determined by the Judges. Each competitor, running first through last, will complete on the first station and will be ranked on the leader board according to his first station score. After each all the competitors have completed the first station, there will be a 5 minutes warm-up period for

the second station. All competitors will then complete the second station and will receive a second station score. Then the process is repeated for the third station

Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.

Runs

- Three trials per station in the same order.

Scoring

The judges will award a score for only landed trial (maneuver) based on three (3) criteria's: Style, Difficulty, and Creativity on a scale of 1 – 100. All scores from the judges will be calculated for each trial with the highest and lowest scores discarded and the remaining averaged to 2 decimal places (trial score). The differences among the three remaining judge scores cannot be more than five (5) points (+/-). The highest trial score from each station will be averaged to two decimal places to determine a final score. The competitors are ranked on the leader board according to their final score. Highest final score determines the winner.

8.2.3 Game of "S.K.A.T.E." Tournament Rules (1vs1)

Summary

- Flatground only, but, that doesn't mean anything on flatground counts.
- No feet on the ground. That means no "No Comply's", no "Hand plants", no "Bonless's", and no grabs.
- No doing tricks that slide on the ground if your opponent popped it.
- Last letter gets two trys.
- Offensive toe drag gets one do over.
- Defensive toe drag has a bigger margin of error but will ultimately be decided by the referee.

Procedure & execution of tournament:

- 1) Decide the players' order in the game of skate by coin toss.
- 2) The first skater tries a trick of his choice though no trick can be landed more than once by the same player.
- 3) On offense (when demonstrating a trick) the trick must be landed clean on all four wheels: No toe-drag, rail landings, manual landings, caspers, hands on the skateboard or on the ground! That means grabs, no-complies, handplants or bonelesses are not allowed in a game of skate.









- 4) If the first player does not land his trick it is the next player's turn.
- 5) But once the offensive skater lands his trick cleanly the other player has to imitate it and land it first try as well.
- 6) On defense (when imitating a trick) there is a bigger margin for error landings. This has to be decided by a referee.
- 7) If a defensive player does not land the trick demonstrated by the offensive player he receives a letter of the word S.K.A.T.E.
- 8) If you have already received five letters (S.K.A.T.E.) you are allowed one extra try for imitating a trick.
- 9) Once a player has received all five S.K.A.T.E. letters, he has lost and is out of the game of s.k.a.t.e.
- 10) The last remaining skater in the game of s.k.a.t.e. wins.

Placings

Gold = Winner of Final

Silver = Defeated Finalist

Third Place match

Bronze = Defeated Semi finalists match

Tournament Bracket Template



General Notes

Resolving Ties

Ties will not be resolved until all runs have been completed by all competitors.









Park and Flatland Preliminary & Final Round

- 1. In the case of a tie, the low score of the 2 runs will be considered.
- 2. If a tie still exists, the lowest judge score from the best run is dropped.

If a tie still exists, all scores from the best run will be considered, including the previous high and low scores that were thrown out.

8.3 BMX Freestyle

8.3.1 Park

Preliminary Round

Competitors are placed in heats through a random order. Each competitor, running first through last, will complete one run and will be ranked on the leader board according to his first run score. After all skaters have completed a first run, each competitor will then complete his second run and will receive a second run score. The better of the two scores determines a Preliminary Round score and will determine the rankings first through last on the leader board. Top ten to fifteen leader board positions advance to the Final Round as determined by the Judges at the time of registration closing.

Final Round

All competitors in the final round will take two runs in a reverse order of the Preliminary Round leader board. The competitors will complete their first run and are assigned a first run score. The competitors will complete their second run, in the same order, and are assigned a second run score. The better of the two scores determines the competitor's final score. The competitors are ranked on the leader board according to their better score.

Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.
- Judges score each run based on four (4) criteria's: Style, Difficulty, Consistency and Line.

Runs

- 60 Second runs.
- Two runs in Preliminary Round, two runs in Final Round.

All scores from the judges will be calculated for each run with the highest and lowest scores discarded and the remaining scores averaged to two decimal places to determine a composite score for each run. The differences among the three remaining scores cannot be more than five (5) points (+/-).

Preliminary Round

- All athletes are scored on a scale of 1 100.
- Better composite score out of the preliminary two (2) runs determines the ranks. Final Round
- Athletes in the final rounds are scored on a scale of 1 100.
- Better composite score out of the final two (2) runs determines the ranks.
- Highest score determines the winner.









8.3.2 Park Best Technical

Final Round

Best technical competition will have only one round. Competitors are randomly selected to establish a running order. Each competitor will compete on 3 stations in the park course as determined by the Judges. Each competitor, running first through last, will complete on the first station and will be ranked on the leader board according to his first station score. After each all the competitors have completed the first station, there will be a 5 minutes warm-up period for the second station. All competitors will then complete the second station and will receive a second station score. Then the process is repeated for the third station

Judging/Scoring

<u>Judges</u>

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.

Runs

- Three trials per station in the same order.

Scoring

The judges will award a score for only landed trial (maneuver) based on three (3) criteria's: Style, Difficulty, and Creativity on a scale of 1-100. All scores from the judges will be calculated for each trial with the highest and lowest scores discarded and the remaining averaged to 2 decimal places (trial score). The differences among the three remaining judge scores cannot be more than five (5) points (+/-). The highest trial score from each station will be averaged to two decimal places to determine a final score.

The competitors are ranked on the leader board according to their final score. Highest final score determines the winner.

Thailand

8.3.3 Big Air

Competitors are randomly selected to establish a running order. Each competitor, running first through last, will compete using the park course main launch ramp to clear a certain height marked by a cross bar. Those who receive a height clearance from the judges will proceed to the next round. Those who fail will be eliminated. Then the process is repeated for a new height with 10cm increment until the last competitor remains as a winner. In case of a tie for 1st, 2nd and/or 3rd position, another round will occur at the 5 cm increment from the height they have cleared. Each competitor will be allowed only 1 trial. If the tie still occurs, the height will be increase by 5 cm and the process repeated until one is eliminated. Only under the tie-breaker to determine the champion, the height levels will be counted as competition score (height). In other tie-breakers, the heights serve to break the tie only.



Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.

Runs

- Two trials per a certain height in the same order.

Scoring

The judges will award a score which equal to the height clearance only to competitors who land and roll onward with no part of the body touching the floor. In an incidence where not all the judges agree, the majority determines the clearance. The highest height clearance determines the winner.

8.3.4 Flatland

Preliminary Round

Competitors are placed in heats through a random order. Each competitor, running first through last, will complete one run and will be ranked on the leader board according to his first run score. After all riders have completed a first run, each competitor will then complete his second run and will receive a second run score. The better of the two scores determines a Preliminary Round score and will determine the rankings first through last on the leader board. Top ten to fifteen leader board positions advance to the Final Round as determined by the Judges at the time of registration closing.

Final Round

All competitors in the final round will take two runs in a reverse order of the Preliminary Round leader board. The competitors will complete their first run and are assigned a first run score. The competitors will complete their second run, in the same order, and are assigned a second run score. The better score of the two runs determines the competitor's final score. The competitors are ranked on the leader board according to their better score.

Judging/Scoring

Judges

- Five (5) judges, plus one (1) head judge who oversees the competition.
- The head judge does not provide a score.
- In such case where there are only four (4) judges (minimum), the head judge will provide a score.
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Runs

- 60 Second runs.
- Two runs in Preliminary Round, two runs in Final Round.

Scoring

All scores from the judges will be calculated for each run with the highest and lowest scores discarded and the remaining scores averaged to two decimal places to determine a composite score for each run. The differences among the three remaining scores cannot be more than five (5) points (+/-).









Preliminary Round

All athletes are scored on a scale of 1-100.Better composite score out of the preliminary two (2) runs determines the ranks.

Final Round

Athletes in the final rounds are scored on a scale of 1-100. Better composite score out of the final two (2) runs determines the ranks. Highest score determines the winner.

9. Draw Event

Lots will be drawn according to the rules stipulated by Asian Extreme Sports Federation under the supervision of **Olympic Council of Asia (OCA).**

11. Technical Officials

The Technical Officials of Extreme Sports for the **4**th **Asian Beach Games Phuket 2014** will be appointed by the AXF and approved by **OCA** and **PABGOC. OCA**, with justified reason, may propose to **AXF** some changes of international technical official.

12. Protests and Appeals

All protests and appeals will be dealt with in accordance to the **AXF** rules and regulations. Any non technical matter appealed to **OCA** should be in accordance with the **OCA** Constitution. The participating NOC has the right to appeal to CAS against the decision of **Asian Sport Federations**.

13. Dress Codes

The apparatus and clothes of the handball athletes and other relevant personnel should conform to the regulations stipulated by **Asian Extreme Sports Federation**

14. Sports Equipment

Equipment and facilities will be in accordance with the regulations and specifications set by AXF (Asian Extreme Sports Federation)

15. Penalties in Case of Fraud

A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's member organization is proven to have been a party to the fraud, his/her NOC may be disqualified in the sport involved, by decision of **OCA**.

16. Doping Control/Gender Verification

- **16.1** Doping Control for all event of the **PHUKET 2014**, **4th Asian Beach Games** will be conducted according to OCA Medical Committee directions and will follow the procedures specified by the **World Anti Doping Agency (WADA)**
- **16.2** Gender Verification tests may be carried out in accordance with the **OCA** Constitution and Rules.
- **16.3** Competitors who are chosen to be tested will be notified after the match. When notified, the competitor must proceed to the Doping Centre in due time for examination. The competitor must bring an AD/ID Card along for verification. Those who are notified but do not arrive on time at the centre will be treated as testing positive. Competitor must be either accompanied by team manager, coach or team doctor. Gender examination will take place only when needed.







17. Victory Ceremonies

The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Players will be escorted to the podium. The medals will be presented by the **OCA** President or his representative or by the **AXF** (Asian Extreme Sports Federation) representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted. Winners must wear their NOC official sport uniform.

18. Media Interviews

Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

19. Approval of the Technical Handbook

This Technical Handbook was approved by AXF (Asian Extreme Sports Federation)

General Clause:

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.



















celebrate charming Sunshine

